'TEEN • Young America's Fashion, Beauty & Entertainment Magazine

'TEEN®

Feb. 1970
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The Celestial Body
Does Yours Twinkle?
Diet, Exercise From Another World

Signs of Fashion
Suit Yourself

Super-Stitions and the Stars
Dustin--Paul--Steve--
Sidney--Mark--Michael--
Glen--Tom--Tom--Tom

Starry-Eyed Beauty

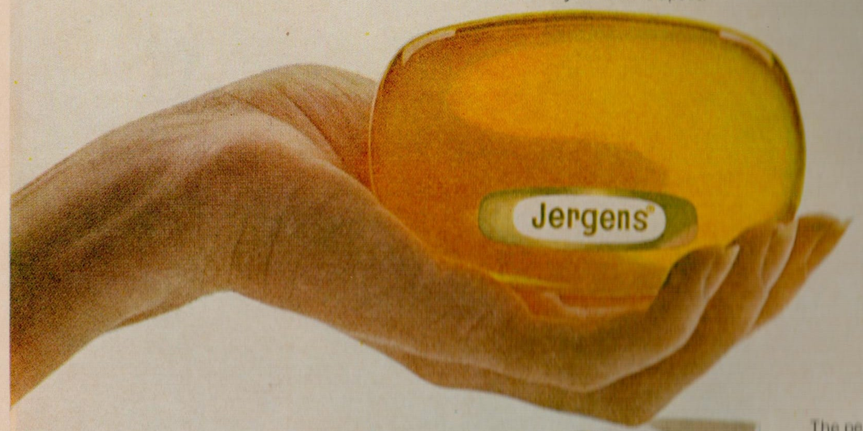
Star-Grazing
Super Zodiac Party Plan

Res-trick-ted Movie Ratings
Fair or Unfair to Teens?

Ah-Men
Should Guys
Have The Last Word?

The pill for upset skin

Please don't try to swallow it.
Just lather it on your face.
Or wherever your skin is upset.



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Pink, velvety "Scotch" Hair Set Tape.
With an adhesive especially developed
to hold firmly to damp hair and skin.
And then let go without pulling.
With a soft, porous texture
that lets moisture out . . .
so hair dries quickly.
With an in-built ability
to set hair smoothly
without bumps
or ridges.

New "Scotch" Brand Hair Set Tape.
The tape *created* for setting hair.

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Discover New Gold Formula Breck. The shampoo with Wet & Dry conditioning.

No snarling when wet. More obedient when dry.

New Gold Formula Breck does everything Breck Shampoo is famous for. Only more! It lathers more. It cleans more. And it gives your hair two different kinds of conditioning.

Wet conditioning to smooth out snarls and cranky tangles. So wet-combing is smooth and easy.

Dry conditioning, so your hair dries incredibly manageable. Silky. Lustrous. Beautiful.

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New shatterproof bottle

Beautiful Hair
BRECK®

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Relieved of Periodic Cramps

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FREE! "WHAT WOMEN WANT TO KNOW"—Authoritative 32-page book explains menstruation, body functions. Gives tips on hygiene. Send 10¢ to cover cost of mailing and handling to Dept. R20 Box 146, New York, N.Y. 10016.

Number One brand for relief of periodic cramps

Midol

VOLUME FOURTEEN / NUMBER TWO / PUBLISHED MONTHLY / FEBRUARY 1970

'TEEN

YOUNG AMERICA'S BEAUTY, FASHION & ENTERTAINMENT MAGAZINE

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WHERE TO BUY

Fab clads you've got to have but don't know where to go. Find out — Where to Buy — page 97.

ON THE COVER

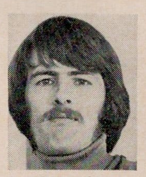
'TEEN Cover girl Cindy Copeland suits herself in sewable style to whirl her into the astrological arena. Her do-your-own-thing trio can be de-signed with you in mind if you get with the sew wing. Pick up on Simplicity Pattern #8694 for the blouse and vest and Simplicity Pattern #8633 for perfect pants. It's a great way to suit up in mix-and-match fashion that's right for any body . . . no matter what heavenly body you were born under. Cindy's fabulous hair gets its star-like sparkle and managability from Great Body Conditioner — the body-builder for hair. For quick last minute clean-ups between shampoos, she uses PSSSSSST Instant Shampoo. All from Clairol. Photography by Hal Adams.

Mark Lindsay/ Pisces

Petula Clark/ Scorpio

Alan Alda/ Aquarius

Audrey Hepburn/ Taurus



Jim Yester/ Sagittarius

Samantha Eggar/ Pisces

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Hair.
If it's timid it's not today.™

Looking at the same old hair in the mirror day after day can get to be a big bore. So why not change it? The color. The style. The works.

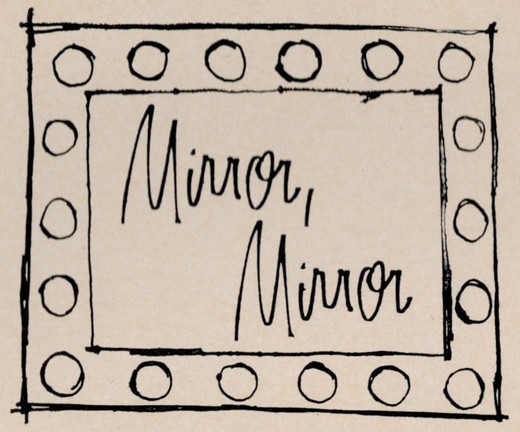
First, color. Let out all the stops with Clairol's Born Blonde®. Born Blonde isn't one of those timid, all promise, no performance formulas. Which is why it has to happen in two steps. The darkness comes out of your hair with Born Blonde lightener. Then, when it's really pale, you shampoo in new color (there are 12 shades —all great) with Born Blonde toner.

And we put lots and lots of conditioners in and left the peroxide out. So your hair ends up shining instead of straw-like.

Second, style. To get the look in the photograph, make lots of tight little braids just where you want the curl to be. Then, when your hair's dry, comb them out. Gently. And there you are—angel-haired.

Of course, just because you look like an angel doesn't mean you have to act like one.

When you go blonde go all the way.™



Q. What if you just have a couple of pimples every once in a while? Do you really need acne medicine?

A. One pimple is one too many. On any face. You should use an acne medicine, watch your diet, and clear your skin as soon as possible. Try Cover Girl 'Plus 3,' the one that comes in three skin shades. It can help make your skin clearer, and even help prevent new acne infection. And it looks so pretty you can wear it in broad daylight!

Q. What's the best way to give young skin a facial?

A. First, slather a non-greasy moisture cream all over your face and throat. (Noxzema is great for trouble-prone skin, because it's also medicated.) Rinse, reapply. Then hold a towel over your head and bend over a bowl of steaming water. Steam for thirty seconds, take a breather, and repeat for a total of five minutes. Rinse again and pat your face dry.

Q. What can you do on those days (and those spots) when Cover Girl Medicated Make-up isn't enough?

A. For more coverage and more medication, use Cover Girl 'Plus 3.' It's perfect for problem-skin days and nights, because it matches your skin so it always looks natural. Do remember that 'Plus 3' is medicine—only wear it when and where you need it.

Have any questions in need of answers?

Write to: 'Mirror, Mirror,' Noxell Corporation, 11050 York Rd., Baltimore, Maryland 21203

Cover Girl 'Plus 3'®

Acne medicine that matches your skin.

ANOTHER FINE PRODUCT OF Noxell CORPORATION

M.D.'s CORNER

Everyone has questions they like to ask a doctor. Maybe one of these is one that you've had. By Michael C. Slaughter, M.D.

Debbie is feeling ugly. After a final despairing glance in the bathroom mirror, she retreats to her room, flops on the bed and decides once and for all that she can't, just CAN'T make it to the all-school dance tonight. "After all," she reasons, "WHO would want to dance with a freak like me?"

Despite her firm conviction, Debbie is far from freakish. Her problem plagues almost all teens the world over. Exactly what *is* Debbie's plight? You guessed it! Acne.

Nothing like a prominent, ill-timed pimple on the cheek to strip a teen's confident veneer, mess up a great new look and generally make the world a less groovy place to live. Acne attacks with varying degrees of severity, but it is practically universal among teens.

Why teens? Because as you approach puberty, an increased production of hormones triggers a greater activity of the sebaceous or oil-secreting glands, particularly on your face, chest and back. Then a vicious chain of events occurs: Your skin becomes oily, your pores get clogged, secretions can't get through and a plug called a comedo will form. The comedo may be light (a whitehead) or dark (a blackhead). Increased pressure may cause it to become infected and inflamed. The blackhead (or whitehead) may grow and burst into the surrounding tissues, setting up an inflammatory reaction.

Sounds complicated, doesn't it? Basically, acne is caused by an imbalance of hormones and occurs primarily in the teen years, because during this time your body is in a continual state of growth and change.

There *are* ways to control the condition and keep it from becoming a severe, scar-inflicting problem!

Cleanliness ranks number one in the acne-prevention arsenal of weapons. Wash your face thoroughly at least three times a day. Scrub gently for several minutes to make sure you get as much oil, dirt, dead skin and bacteria removed as possible. When you wash, it's best to use lukewarm water. Hot water stimulates oil glands. This is true for showers as well. Languishing away under a hot stream can aggravate the acne on your back. Use a drying soap, preferably one with hexachlorophene. Avoid "moisturizing" soaps. It's a good idea in the morning and evening to supplement your washing with an astringent skin cleanser.

Before you go to sleep apply a medicated blemish lotion to your face. The best ones are those that feel like alcohol when they go on and then dry to form a fine powder on your face. This type will do the

continued on page 91

How pizza can make you beautiful.

You can get this cosmetic case that looks like a slice of pizza. It's full of Bonne Bell® Beauty Basics—a sample blusher, glosser, and nice things for your skin.

All you have to do is eat any of the terrific Chef Boy-ar-dee® Pizza Mixes. (The authentically delicious pizza you bake up fresh at home.) Then send us the boxtop along with $1.50.

As fast as we can, we'll send you the pizza case and all the stuffing. Bonne Bell glosser to gloss your lips. Frosty blush to shine your cheeks.

A highlighter for your eyes. And great makeup to protect and play up your complexion. Chef Boy-ar-dee Pizza Mix. The pizza that makes you beautiful.

Send to: P. O. Box 19, Brooklyn, New York 11202

Gentlemen:
Here's my $1.50 and one boxtop from Chef Boy-ar-dee Pizza Mix (the pizza that makes you beautiful). Please send me a pizza slice cosmetic case and all the sample Bonne Bell cosmetics you promised.

Name_____

Address_____

City_____

State_____ Zip_____

Offer expires May 1, 1970. Allow five weeks for delivery. Send $1.50 and 1 boxtop for each cosmetic case ordered. Offer void in Puerto Rico.

TRUE OR FALSE?

1. **Tampax tampons are a "new" development.** True_ False_
2. **Unmarried girls use Tampax tampons.** True_ False_
3. **It's better not to bathe during your period.** True_ False_
4. **Tampax tampons are for active women only.** True_ False_
5. **It's easy to learn how to use Tampax tampons.** True_ False_
6. **Once you've tried Tampax tampons you'll wish you had tried them sooner.** True_ False_

ANSWERS:

1. **False.** Internal menstrual protection actually dates back to the early Roman days, but it remained for an American doctor to develop Tampax tampons. That was more than 30 years ago and since then women and girls have used over 25 billion of them.
2. **True.** Any normal girl of menstrual age—married or single—who can insert Tampax tampons without discomfort can use them with complete confidence.
3. **False.** You can tub or shower—even swim—when you're wearing Tampax tampons. Contrary to superstition, water can't hurt you, and cleanliness is particularly important during your period.
4. **False.** Active girls especially appreciate the freedom of Tampax tampons but even the "indoorsy" types like their comfort and convenience, too.
5. **True.** Remember there had to be a first time for everyone. Just relax, take your time and follow the simple directions in every package of Tampax tampons.
6. **True.** If you don't believe it, ask any friend who uses them.

A trial sample of Tampax tampons (in plain wrapper) will be mailed to you on request, together with our free booklet containing answers to questions about menstruation and the menstrual cycle. Just send 10¢ to Department OP Tampax Incorporated, Palmer, Mass. 01069, and please specify which absorbency-size you wish to have sent you—Regular, Super or Junior.

WE GET

PEN-NED UP

I have a little story to tell and I also want to thank 'TEEN for making it possible. In the spring of 1962 I had my name in your pen pal column, "Wish You Were Here." I had hundreds of replies but was forced to drop all but a few because of my classwork schedule. Then in January of 1964 I received a letter from a boy who had read my name in his sister's old copy of 'TEEN.

To make a long story short, Warren and I were married and now have a baby daughter who was born in May of 1969. I don't give you all the credit, of course, but thanks for making it possible.

Mrs. Warren Vander Wal, St. Paul, Minn.

RED IS BEAUTIFUL!

I want to thank 'TEEN for finally making me feel comfortable about having red hair. All my life I have been teased, called "Carrot-Top" or "Red" and made to feel like a freak because I wasn't a blonde or brunette. But your story, "Red Is Beautiful," made me realize that there's nothing wrong with being a redhead and that maybe others were jealous of me rather than vice versa. Thanks, 'TEEN, for putting the oomph back in my life and confidence back into my personality.

Michele Stewart, Salem, Ore.

YOU GOTTA HAVE HEART

I have read very few articles that have moved me the way "Red Power Powwow" in your December issue did. I agree that the Indians in this country haven't had a very fair shake. It's one thing to realize this intellectually and logically; it's another when something you read makes you want to cry and emotionally feel the disgraces and outrages handed to the Indians for hnudreds of years. I don't know yet what I can do. But I thank 'TEEN and Kathy McCoy for putting the desire in my heart and mind to want to do something to help solve this problem.

Diane Rickals, Ft. Lauderdale, Fla.

JUST A STAGE?

I am writing in reply to the letter in your We Get column in December from Mrs. Carla Lange of Pennsylvania. She said that her teenage daughters talk back to her quite often and that she is at her "wit's end."

I too talk back to my mother often, I feel. My mother says I am exactly like my oldest sister. Maybe it's just a stage that we are going through. We probably just need "to get away from it all." My sister is in college now, and she doesn't talk back anymore. Many times it helps to have a talk with my mom and "pour it all out." These girls might need to talk to their mother. Thirteen and fourteen are ages where you have a lot of pressure. You are growing up and you need to get rid of your feelings somehow. I too am 13, and talking back helps me get my troubles out of my system. Do you thing I am wrong?

Andrea Varon, Monterey Park, Cal.

TALK IT OUT

I would suggest to Mrs. Lange that she inform her daughters that she is human also and doesn't deserve the kind of treatment she is getting from them. I used to talk back to my parents, but when they were almost near tears once because I was so rude to them, I realized that they were people with feelings and should be treated with more respect. They are not just your parents; they are real people with problems and personalities of their own. Talking these things out within a family is often the best way to solve this kind of problem.

Monica Storemore, Cincinnati, O.

HOORAY FOR HURRAH!

I read your Editors' Hurrah column in December. It was on divorce. I really appreciated what the editor put in about young teens getting married. It really is too bad that kids feel they have to get married and then wind up getting a divorce so young. Why is everyone in such a big hurry to grow up?

Lauralee Espland, Lake Norden, S. Dak.

STUDENT-STYLE COURTROOM

I am writing on behalf of my school's student council. One of the major problems we are trying to solve right now is that of student discipline. What do you do to keep students from skipping classes, missing school without a written excuse from home and sassing back to teachers? We would like to hear if any other schools have this problem and if they've come up with any kind of an answer concerning control of this, punishment and who administers such punishment.

We've been considering the possibility of a student court where a group of students handles all discipline problems. But first we would like to hear how such a situation has worked in other schools.

Will any of you teens help? Please give us some opinions on student discipline.

Barb Busey, Wooster, O.

How is this problem of student discipline solved in your school? Or is it solved? Let us hear from you soon! — Ed.

Send us your letters about the stories you like and dislike in 'TEEN — and tell us why. We will publish your letter only *if you sign your name to it. Send your* letters to We Get, 'TEEN Magazine, 8490 Sunset Blvd., Los Angeles, Cal. 90069. Enclose a stamped self-addressed envelope and a picture of yourself.

The Great Kings of Pop reach their highest state of elation and exaltation in personal performances at the concert halls and rock festivals, as they turn on the vast gatherings of young tribes to their music and songs.

The beautiful vibrations between artists and audiences create a kind of magic that inspires not only mass adulation for the entertainers but wonderful feelings of oneness among members of the audience, all sharing an ecstatic experience, grooving to the soulful blues or righteous rock. When itinerant minstrels and recording stars can capture the rapture of millions of maidens in this manner, they have the right to trumpet:

"How sweet it is!"

And what a shock it is, once they've climbed to super-star status, to be jolted out of their simple, joyful innocence into the realization they belong more to big business than show business.

Make no mistake about this – music is big business. Warner Bros.-Seven Arts earns more bread in records than films. The tail will soon wag the dog at Universal, MGM and other studios too if the present trend doesn't end. While pop is so healthy, wealthy and wise, 77 major U.S. symphony orks are facing bankruptcy and begging for government subsidies.

Music super-stars, being so innocent (ignorant?) of business and finance, are easy prey for the slick quick-buck operators and greedy money grabbers. Naïve **Paul McC.** and **John L.** were aced out of Northern Songs, the company they formed in 1964 to publish their tunes, hold copyrights and collect royalties. No **Beatle** now knows or can find out how much money he earned and where it all went to.

"We're surrounded by lots of people who are doing nothing but inventing ways to get our money," moaned John. "I even asked our accountant if I could give it all away and just keep enough to live on. But he said no, it would cause a complicated legal riddle and tax angle nobody could solve."

A **Beatle** dream was that Apple Corp. could encourage and invest in struggling young singers, composers, movie makers, poets and painters who might live and die in poverty and obscurity without a little help from their friends and believers. Incompetent ninnies bloated the payroll and destroyed the dream.

GET THIS PICTURE. Up front the rocking **Rolling Stones** are singing, playing and pleasuring the crowds . . . and supporting an army of behind-the-scenes execs and workers: business managers, road managers, equipment managers, agents, aides, advisers, bookers, brokers, producers, arrangers, engineers, writers, lawyers, secretaries, accountants, tax doctors (and bodyguards?) – as well as swarms of parasites and free-loaders.

"Get off my back!" the Mick once exploded.

Jagger agrees concert tickets are over-priced for most kids, but he says promoters, not performers, fix the prices. Color that double-talk! Even the least of the greedy promoters has to soak the public when big-name stars demand monstrously inflated fees to perform. Be that as it may, the Stones do give free shows as they did last year in festivals at Hyde Park and the cycle track near Soul Francisco.

Cheating promoters falsely claim that certain starring acts will appear in concert, knowing they can't deliver them to ticket-buyers. (Pay attention!) Platter pirates sneak tape recorders into concerts, swipe record rejects or otherwise acquired material of famous musicians. Of the 22 numbers on the bootleg **Dylan** LP, only three were released on legit albums. (Best of the suppressed songs, I hear tell, is "I Shall Be Released," a gospel goer.)

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MY FAIR & FRANTIC

HOLLYWOOD

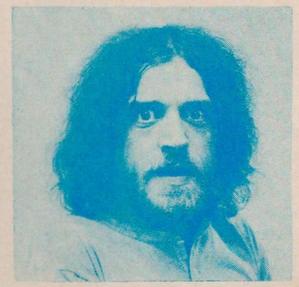
BY EARL LEAF

Mike Cole loves cars and finds time to enjoy his super Jag that "Mod" money bought.

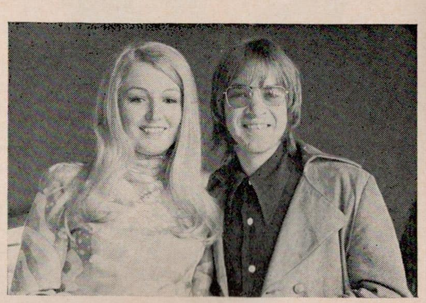
Kathy Garver is adding a singing career to her super busy life.

Sly And The Family Stone know how to get it together on record and in show performance too!

Universal Studio actor Ben Murphy looks pretty puzzled by actress Sara Lane's wink.



Is Joe Cocker amazed by his new fame? He sure shouldn't be.



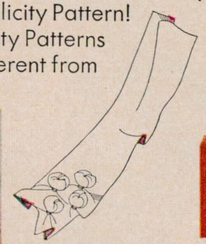
English songbird Mary Hopkin digs the U.S. music scene with Rodney Bingenheimer.

RIT INVENTS ELECTRIC SATIN

Simplicity says it's shocking!

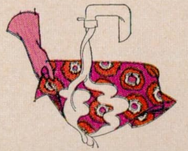
Shocking jolts of Rit® color really turn satin on. You tie, dip and dye it to create your own unique print. Sew an electrifying Simplicity Pattern! Rit color makes it fun—Simplicity Patterns make it easy—you make it different from anyone else!

Crumple an area of fabric together. Tuck knot center inside. Secure with rubber bands.

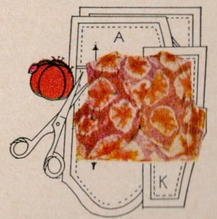


Plot the "knots" over the fabric.

Dip whole fabric or just knots in simmering diluted Rit for 15 mins. (¼ cup of Liquid Rit or ½ pkg. regular Powder Rit to each qt. water.)



Rinse in running water. Untie knots. Re-rinse till water runs clear. Iron damp.



Make your Simplicity fashion. (This is the basic tie-dye method. To achieve different effects write to: Rit Tie-Dye, Box 307, Coventry, Conn. 06238.)

EPE INTERNATIONAL

continued from page 10

Agents buy the right to use names of disbanded groups and peddle unknowns as the original talent. Record companies exploit but don't protect their artists. How come they do like they do?

It would be no surprise to me if the **Stones, Beatles, Monkees, Beach Boys, Doors, Bob Dylan, Jeff Beck, Bobby Sherman, Janis Joplin** and other tip-toppers end up flat broke and up to their cowlicks in debt.

Yeah, I visualize it now – a 55-year-old **Jim Morrison** or **Bob Dylan** or **Jimi Hendrix** sitting amidst the rubble and ruins of their riches and reputations, remembering all the good times, hearing the distant echoes of thundering guitars, pulverizing drums and shrieking girls. Broke, busted, bent and beat, tatty, shabby and crabby, wrinkled up, turned off and falling apart. They may ask themselves:

"Is that all there is? Is that all there is to ruin?"

WINDOWS OF OUR CHATEAUS. The seventh song on the underside of "Abbey Road," a tune titled, "She Came In Through The Bathroom Window," flipped my recall back to those crazy daze of 1964-66 when certain Liverpool quads sent 40-million-or-so female fans into prolonged fits of frenzied fever.

One of the L.A. fans played fan-tom as she climbed through the windows of Beatle-rented houses in the Beverly Hills hills. Or at least such was the rumor heard in Hollywood halls at the time.

One evening the mystery gal stood on a stump in the backyard of **Elvis Presley's** Bel Air lair and pulled herself through a high bathroom window to spy out a party he was tossing for the Big B4. Though she prowled the place for a while, the party was a dully with everyone sittin' and rappin' about nothin' worth remembering.

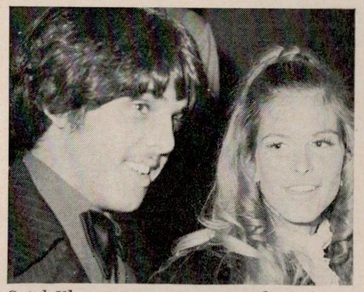
Instead of exiting as she entered, this gal strolled among the guests in the drawing room toward the door. Presley popped his eyes. A man shouted, "What's that woman doing here?" One nice gent, seeing the damsel in distress, took her hand and escorted her to the gate. Leaving the hubbub behind, she headed for a Sunset Strip hangout where she promptly told her exciting tale, leaving all the wags agag. Was it true or wasn't it?

Another time, an ongoing party at a Beatle hive was large and noisy, and rumor has it that our Peeping Thomasina entered via the window (her favorite door?) and mixed with the invitees as if she were also one. Nobody knew the diff, as guests were screened at the front gate.

Though the house, gates, grounds and surrounding hills were guarded by city cops and rent-a-fuzz, no Mission was Impossible for Slippery Superspy. One moonless night, all windows and doors being locked, she scaled a lattice to the roof. There was nothing to see, really, but with her ear to a fireplace chimney she heard **Paul McCartney** and a girl exchanging torrents of amorous twaddle.

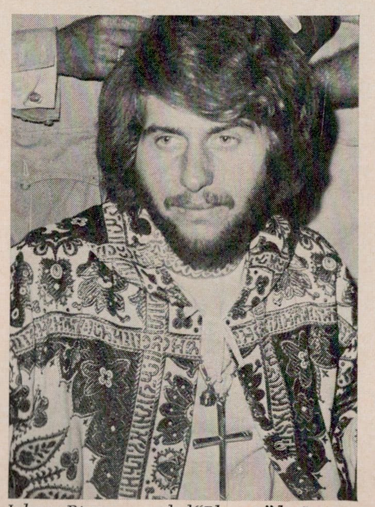
Next afternoon I learned Paul's nite owl was my own pet, **Peggy Lipton**, who'd met Paul when I took her to a charity garden party.

"V" is for victori-ous Bobby Sherman whose singing career is really making it big.



Sajid Khan sports new moustache (!!!) and new gal to date – fair-haired Robyn Dixon.

Linda Ronstadt, Capitol Records country-music lark, gigs at Troubadour Club, L.A.



Johnny Rivers recorded "Phoenix" by Jimmy Webb way ahead of Glen Campbell. Really!

Beatle Paul, smitten by leggy Peggy the moment he eyeballed her under the spreading yellow-flowering acacia tree, wanted to call her as soon as he could escape the garden gala. She gave him two phone numbers, hers and mine. Pre-**Mod Squad** Peg was one of the groovy girl gang called "Earl's Girls" who made my pad a hangout. Before she reached home he had already phoned both houses!

Peg and Paul were inseparable togetherers during the first two Beatle holidays here before the romance burnt out. It was too hot not to cool down. Peggy in love is highly emotional and super-sensitive to imaginary slights or thoughtless oversights by the object of her affections.

She needs unceasing attention and undivided devotion. Eventually this shies most guys away from involvements. Poor Peggy, she gets ground through the wringer every time she falls in love. On the third Beatles stay in L.A., Paul didn't call her at all.

BEFORE I FORGET. Anything you want to know about pop music, especially acid, Afro, hot, schlock or mock rock, don't ask me, look it up in "The Encyclopedia Of Rock," compiled by **Lillian Roxan,** writer, researcher and music scene insider. Its 600 pages, subjects arranged A to Z, gives detailed data and information on contemporary music starting with the Beatle era, including biographies of all the yell-known groups and singles, listing every record and album they recorded. For trublu music lovers it will be the best $10 ever spent.

When he was my next-door neighbor, **Michael Vincent's** boyish grin and ultra-mod blond hair blew chickie minds up and down our street. After he moved to Topanga Canyon and changed his image, I twitted him about dyeing his mop dark brown. "Ah ha!" he exclaimed, "But brown is my natural." The beach blond came out of a bottle in his surfing days.

A girl named Adrienne left messages at the 'TEEN office telling me to stop reporting Michael's dating habits because she is going to marry him. Maybe she exaggerated. Michael doesn't remember her. Sorry 'bout dat.

Doctors, nurses and staff at the California State Mental Hospital in Camarillo were astounded to see patient responses when 11 members of the "Hair" cast sang "Aquarius," "Easy To Be Hard," "Good Morning Starshine" and other favorites of the love rock musical. When the singers burst into the joyous, glorious, boisterous finale, "Let The Sunshine In," deeply withdrawn patients, some silent for years, came alive, applauded and cried, "Wonderful! Wonderful," "We love you all," "Please come back." And say, wouldn't you know – hospital officials allowed none of the 160 teenage patients to attend the show and hear the songs.

Something new was added to the **Gary Lewis** face when **Liberty** released his single, "Something Is Wrong." Gary grew a beard. Then he took the **Playboys** with him for an Oriental tour: Japan, Hong Kong, maybe Vietnam, and certainly Manila to visit his wife's folks. One place he'll not go is Korea, where he soldiered as an Army private for nearly a year.

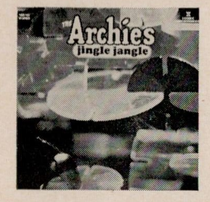
Dennis Cole may now begin to sing and record since he has an in with **Mike Curb.**

continued on page 87

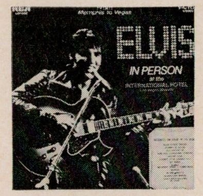
RAPPING ON RECORDS

Reviewed by Sally Soares

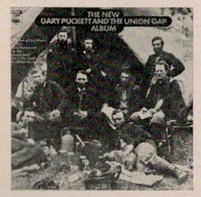
How to dig music for fun and profit is the name of the R.O.R. game. It's your chance to speak out . . . and win a prize for doin' it! And if you don't agree with the raps below, then just rap back. Be a pop reporter. Join the 'TEEN scene. And WIN!



☐ If you're planning a birthday party, Aquarius gals, make sure you get a copy of the new Archies LP on the RCA label, **JINGLE-JANGLE.** It's a natural for dancing. A real standout on this disc is "Whoopee Tie Ai A." And – you know how we hate to sound cranky – but great as the beat is, the Archies sure are THE SAME ON EVERY SONG!

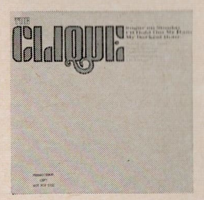


☐ After a zillion sales Elvis is still doin' all right. The latest on the list is RCA's **ELVIS IN PERSON** recorded live at the International Hotel in Las Vegas. It's a double LP, if you're a loyal fan. It's like a whole history of rock starting in with "Blue Suede Shoes" and "Hound Dog" and bringing it right up to now with "In The Ghetto" and "Suspicious Minds."

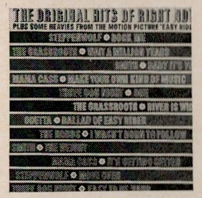


☐ Gary Puckett changed record producers and – lo! – the songs don't sound the same anymore! Columbia Records' **THE NEW GARY PUCKETT AND THE UNION GAP ALBUM** is very, very special, and Gary's voice, as always, is too. "This Girl Is A Woman Now," "Lullaby," "Hard Tomorrow," "My Son" – all excellent! It's the best LP the Gap's done.

☐ Save...save...save your money because you're just throwing it away if you buy the "Aquarius" **SIGNS OF THE ZODIAC** LP on the A&M label. It's a complete talk-schlock deal with just a dab of background music... and that talk is phony, general "you are the heaven and the moons routine." 'TEEN thought *anything* with the name Aquarius was fun until....



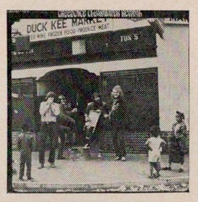
☐ Move over, Grassroots! Here comes a group to cramp your style – the Clique – out with an LP on the White Whale label called, naturally enough, **THE CLIQUE.** Included is their recent Top 10 hit, "Sugar On Sunday" and several other very enjoyable songs. Other 'TEEN favs on this album include "Holiday" and a great number called "Judy, Judy, Judy."



☐ 'TEEN gals dig "original hit" LP's because they know they get lots of groups and the best from each all on one LP. For example, here's Dunhill Records trotting out with its **THE ORIGINAL HITS OF RIGHT NOW,** which is a pretty good grouping of the Grassroots, Mama Cass, Three Dog Night, Steppenwolf and Smith. All the songs are in the Top 10 ranks.

☐ Some businessmen in the record industry say Neil Diamond's strong stand against dope *hurt* his popularity. If you don't happen to agree, then try Neil's new Uni LP. **TOUCHING YOU, TOUCHING ME,** because it's just fine. With the song "Holly Holy" you'd have all the reason you'd need, but if you need more, then try "And The Singer Sings His Song."

☐ The Supremes have gotta be the hardest working group in the world, because here they are again with another Motown LP, **CREAM OF THE CROP.** (Need we add the title doesn't lie?) Natch, it has "Someday We'll Be Together" plus lots of other great songs, including Dylan's "Blowin' In The Wind" and "Hey Jude" by the Beatles.



☐ **WILLY AND THE POORBOYS,** Fantasy LP by Creedence Clearwater Revival is:____ together ____ funky_____ gritty! The songs – every one of 'em – have: _____ a great beat_____great playing_____ great, great singing. 'TEEN's special favs are_____ "Midnight Special" _____"It Came Out Of The Sky." Answers to the quiz? 100% *every* choice!

☐ If you're looking for a fantastic gift for your boyfriend and he digs guitar playing, make sure you give him the **ALIVE ALIVE-O!** LP by Jose Feliciano on the RCA label. Recorded live in London, this package is filled with past hits – "California Dreamin'" and "Light My Fire" – plus some great Latin tunes. Pick of the lot is Jose's version of "Rain" and "Day Tripper."

HERE'S HOW: Just rate these LP's 1 through 10 (1 = tops & 10 = worst) in the boxes above. BUT DO IT YOUR WAY. You can win your own 'TEEN-rapped LP no matter what order you rate 'em. Then send the entire page to us. (P.S. Who do you pick for a 'TEEN special story? Name *any* celeb that grooves ya.)

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

PLEASE DO A STORY ON: _____

SEND YOUR RECORD BALLOT OR A REASONABLE FACSIMILE TO: FEBRUARY – RAPPING ON RECORDS, 'TEEN, 8490 Sunset Blvd., Los Angeles, Cal. 90069. No purchase necessary. Void where prohibited by law. Balloting is not open to employees of Petersen Publishing Co. or their families. All material submitted to the balloting becomes the property of 'TEEN Magazine. No correspondence will be entered into with the entrants. Decision of the judges is final. No substitutions will be made for prizes offered. Please include a self-addressed stamped envelope.

Prizes offered through the courtesy of RCA, White Whale, Dunhill, Motown, Uni, Columbia, Fantasy and A&M Record Companies.

PLAYTEX* INVENTS THE FIRST-DAY™ TAMPON

IS YOUR FIRST DAY YOUR WORST DAY?

Maybe you've never thought about it. But with a lot of girls and women, the first days of the period are always the worst. With others, it's the second day. Doesn't matter. Whenever you flow the heaviest, you need the greatest protection.

LET'S BE HONEST.

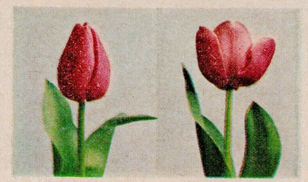
Lots of tampons simply don't do the job they ought to. Particularly, when you're on the go and can't change as often as you'd like. That's when mishaps most often happen.

PLAYTEX HAS CHANGED ALL THAT.

By designing a better-protecting tampon. It's totally different, both inside and out. So different, we felt it deserved a new name.

WE CALL IT THE FIRST-DAY TAMPON.

Because that best describes its improvement over ordinary tampons. It's so absorbent, it even protects on your first day, your worst day. That's because it's self-adjusting—it fans out and adjusts to your own personal inner figure as no other tampon can. Protects every inside inch of you.



THINK OF A FLOWER.

A tulip, that's closed. Now, imagine it open, in full bloom. That's the way the Playtex first-day tampon acts to protect you. It blooms. Flowers out. Fluffs out. Forms a cup to absorb moisture in a new way. And the more it absorbs, the more it blooms.

HOW IS IT DIFFERENT FROM ORDINARY TAMPONS?

They're straight up and down, and retain this shape even when exposed to moisture. So there's nothing to stop a heavier flow.

SEE THIS UNIQUE BLOOMING ACTION YOURSELF.

By dipping a Playtex tampon and an ordinary tampon in water. The ordinary tampon thins and flattens out, doesn't change its shape appreciably. But moisture makes the Playtex tampon fan out, expand, take on a different shape.

TESTS PROVED WE HAD MADE A BETTER TAMPON.

For more than a year, we conducted laboratory comparison tests, and in every case the Playtex tampon proved to be more absorbent. Actually 45% more absorbent on the average than the leading tampon. So now you don't have to worry about mishaps anymore.

With all this extra absorbency, you can't help but feel secure.

WE ALSO DESIGNED A BETTER APPLICATOR.

To make insertion easier. Those stiff cardboardy applicators sometimes pinch. Not so with ours. It's all soft, gentle, clear plastic, so its smooth, satin finish acts like a self-lubricator. Makes it easier to use your first day or last.

playtex self-adjusting tampons

PLAYTEX FIRST-DAY TAMPON. IT DOES EVERYTHING A TAMPON OUGHT TO. HONEST.

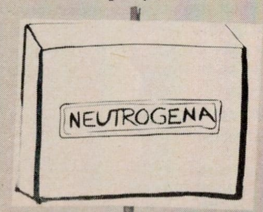
*Playtex is the trademark of International Playtex Corp., Dover, Del.
© 1969 International Playtex Corp.

Join the Society for the Prevention of Cruelty to Skin.

Do you take your face to be your face as long as you both may live? You don't?

Then sign up for a short stint with Neutrogena® Soap. For sensitive skin of all types, ages and sexes, there's nothing like this clear, amber bar. Neutrogena's patented formula prevents bad things from happening. It lathers abundantly, then rinses off completely without leaving a drying, irritating film. And if your skin occasionally flares up or breaks out, Neutrogena can help without overdoing it.

Think of what you're using now on your face. Then consider this: unlike ordinary soaps, hard-hearted detergent bars and artificial this and thats, only the purest, most natural ingredients are in Neutrogena's formula. And it's glycerine-rich. Now, isn't that *just* the kind of company *your* skin should keep?



Dear Neutrogena: I do solemnly swear to be kind to my skin at least twice a day with gentle Neutrogena. I enclose 10¢ for my trial size bar and a Society for the Prevention of Cruelty to Skin Bumper Sticker for my sink. For my sink?

NAME_____

ADDRESS_____

CITY_____ ZIP_____

Send to Neutrogena Corporation
P.O. Box 1660, Santa Monica, California 90406

YOUR HOROSCOPE

CAPRICORN (Dec. 22 — Jan. 20): A new interest is in your stars. Who or what depends on you! Be active with friends in community work or join a club. Someone exciting will be there too!

PISCES (Feb. 20 — Mar. 20): It's winter work-out time for Pisces teens. Don't spend so much time watching the tube. Instead, get up and exercise those muscles. Spring isn't too far away!

ARIES (Mar. 21 — Apr. 20): "Plan ahead" is your motto for the month. Make home doings do for now and prepare for that trip you'll be taking sooner than you think.

TAURUS (Apr. 21 — May 21): A totally terrif happening is headed your way. Keep cool and relaxed by staying busy. Don't get too eager or it won't feel like a special surprise. Hint: February's lucky number is 14.

GEMINI (May 22 — June 21): Stay in the groove, Gemini girls. 'TEEN teller predicts a message from the West will change your plans. Be at home on Sunday nights.

CANCER (June 22 — July 23): It's get-things-in-order time for lazy lassies. Take it slow and be thorough. Hit those nooks and crannies and pull out no-no clads you'll never wear again.

LEO (July 24 — Aug. 23): Leo maidens better look luvly now. It's the month of the heart, and your wish for a special valentine is coming right your way. Zero in on the 10th.

VIRGO (Aug. 24 — Sept. 23): February's fancy takes effort and thoughtfulness. Give that difficult chore some extra understanding and you'll be in store for a happy ending.

LIBRA (Sept. 24 — Oct. 23): All artsy-craftsy Libra luvlies come on and show off! Let loose and be imaginative this month. How 'bout a new splash of color in your room?

SCORPIO (Oct. 24 — Nov. 22): Get out those traveling clads, Scorpions! Our gypsy says you're a traveling teen this month. Keep in touch so that special caller will know where to find you!

SAGITTARIUS (Nov. 23 — Dec. 21): Hold on to your savings this month, Sagittarians. Budget blues are in the air if you don't prepare ahead. A job after school does wonders for any allowance.

AQUARIUS (Jan. 21 — Feb. 19): Aquarian dynamos make the waves for the age! Keep the rest guessing by not telling all. Confide in the people you trust and beware of two-faced friends.

Richard Widmark/Capricorn

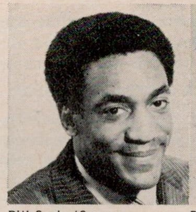
Dick Martin/Aquarius

Patrick McGoohan/Pisces

Omar Sharif/Aries

Judy Collins/Taurus

Nancy Sinatra/Gemini


Bill Cosby/Cancer

Robert Redford/Leo

Ingrid Bergman/Virgo

Marcello Mastroianni/Libra

Lulu/Scorpio

Robert Goulet/Sagittarius

'We're looking for young people who like to draw'

says a group of America's most famous artists

Do you love to sketch landscapes... friends...animals...fashions...designs? It might not mean anything. But it *could* mean that you have natural art talent worth developing.

Now a group of America's most successful illustrators, painters, and cartoonists are interested in finding out. And if you *do* have art talent, we want to help you develop it—without taking you away from home and without interfering with your school work.

For two decades our Famous Artists School has been training thousands of talented *adults* all over the U.S. and in 56 foreign countries for successful careers in art.

It pays to start young

Until recently, we required our home-study students to be at least 16 years old. But we found that our youngest students often did exceptionally well. For example ...take Paul Brewer. Ever since he was nine years old, Paul has been interested in art. As he grew older, his drawings showed real promise, as indicated by the first drawing at left. But not until he enrolled in Famous Artists School was he able to develop the skill shown in the second drawing.

"Your training," he writes, "allowed me to bridge the gap from amateurism to professionalism." Today he is Director of Graphic Design for the Chicago *Sun-Times*.

We concluded that if you have art talent, it pays to start developing it while you are still *young*. So we have created, for the first time, an art course for young people 12 to 16.

Personal instruction

Imagine the privilege of being shown the lifelong trade secrets of thirty-one of America's most successful illustrators, painters and cartoonists...

Illustration Design

Norman Rockwell, Al Parker, Ben Stahl, Stevan Dohanos, Jon Whitcomb, Peter Helck, Austin Briggs, Harold Von Schmidt, George Giusti, Fred Ludekens, Bernard Fuchs, Bob Peak, Tom Allen, Lorraine Fox, Franklin McMahon

Painting

Doris Lee, Dong Kingman, Fletcher Martin, Will Barnet, Syd Solomon, Julian Levi, Joseph Hirsch

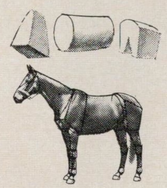
Cartooning

Milton Caniff, Al Capp, Dick Cavalli, Whitney Darrow Jr., Rube Goldberg, Harry Haenigsen, Willard Mullin, Virgil Partch, Barney Tobey

Now talented young people everywhere may study the special techniques and "trade secrets" these outstanding artists took years to develop.

You and your work get many hours of personal attention from the School's instructors, all of whom are working professional artists themselves. They redraw or paint parts of your work that need correcting...and write you long letters full of friendly and encouraging professional advice.

Simple pencil strokes can have a rich variety of uses, from the shading on a building to a girl's hair.



Drawing an animal like a horse becomes much simpler once you see the basic forms that go into it.

You can print "one of a kind" posters or greeting cards with nothing more than paint and a piece of glass.

For those who qualify for this exciting training program, the benefits can be great. New respect and recognition from your teachers, classmates and family. The possibility of earning extra pocket money with your art work. A wonderful feeling of confidence and achievement. And a real head start toward an art career if you decide that's what you want.

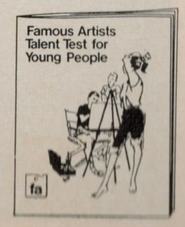
Graceful, curving pen lines are used for a peaceful scene of trees and rolling hills.

Sharp, bold, jagged lines with the same pen create a more wild and rugged landscape.

Send for free Talent Test

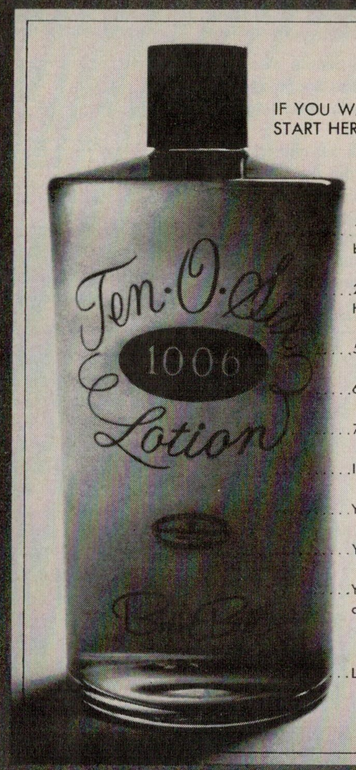
Of course not every young person has the natural talent needed to benefit from this priceless training. To find out if you are one of the fortunate few who do, we have developed a unique *Young People's Art Talent Test*. If you are sincerely interested, it will be sent to you free, and graded free by a member of our staff.

If you do well, you will be eligible to enroll—though of course there is no obligation to do so. To receive the Test, and an illustrated booklet about the Course, just fill in and mail the attached postage-paid card. (If card is missing write to Famous Artists School, c/o Studio Y-6369, Westport, Conn. 06880. Give your name, address and age, and ask for the Young People's Art Talent Test.)



HONEST SKIN IS IN

Have it with Bonne Bell Ten-O-Six® lotion.



IF YOU WANT HONEST SKIN, START HERE:

. . . 1st day. Nothing but clean, clean skin.

. . . 2nd, 3rd & 4th days. Have patience.

. . . 5th day. Perseverance.

. . . 6th day. Skin looking clearer?

. . . 7th day. And clearer.

. . . It's really working.

. . . Your mirror's a friend.

. . . Your friends look twice.

. . . Your phone starts ringing, and ringing.

. . . Life is beautiful.

fiction/judy romberger

the secret

Ann Brooks listened from the landing. The library door was open; she could hear their voices. Her mother's was loud to compensate for the old woman's deafness. But the old woman, Ann's grandmother, gave nonsensical replies that showed she had turned off her hearing aid. The maid was humming. Her tuneless sounds were soft, sweet and warm like fudge that's cooking. The cups, saucers and dessert plates clinked pleasantly as they were stacked together. Ann wondered if there were more strawberry tarts.

She hadn't seen any in the kitchen where she went on the pretense of getting a glass of milk. From there she slipped through the pantry, the dining room, back into the hall and up the first section of stairs. Now her heart beat as wildly as it had in the past when she waited here during games of Red Light, Green Light.

Ann's mother, Elizabeth Ridgeway Brooks, lit a cigarette. The gold cigarette case clicked open; the lighter snapped. Ann waited a few more seconds, glanced around the deserted hall, then continued on her way. She tried to take the remaining stairs two or three at a time, but it was difficult in high-heeled shoes.

At the top of the stairs she paused, holding onto the newel post. She had no reason to be in this part of the house except perhaps to find Old Puss, her grandmother's cat. The cat usually moved with the sun from the window seat in the living room to the pantry counter at midday and ended up in the late afternoon on the back porch steps. But it was drizzling outside; Old Puss was probably asleep on the purple velvet chaise in the northeast bedroom.

The hall was dark and gloomy. The northeast bedroom wasn't much brighter. The windows merely served to expose the sky which was veiled in black rain clouds. Ann punched the button beside the door that turned on the overhead light fixture: a crystal cylinder encased in brass that hung from a short chain. This dropped a bright circle of illumination that only made the shadows on the walls darker. A chill ran down Ann's spine; she shuddered.

The cat lay across the chaise like a discarded stole: the old-fashioned kind with beady eyes and sharp claws on dangling feet. The velvet beneath his head was wet with drool. Ann sat down, rubbing Old Puss's damp chin, scratching behind his tattered ears. The cat didn't open his eyes, which were two black lines drawn on gray fur, but purred spasmodically like an engine trying to start on a cold morning.

The bedroom had been Ann's mother's. Elizabeth Brooks' photograph, taken in the early Thirties when she was Ann's age, sat on the desk in a gold frame. Ann was supposed to look like her mother, but she couldn't see much resemblance between her own reflection in the mirror and the face in the portrait. Although her mother's expression did remind Ann somewhat of herself. This was disconcerting, because in the picture her mother seemed bashful. Elizabeth Ridgeway Brooks was certainly not bashful.

Ann turned a little on the chaise, glancing at the bookcase beside the desk. She read several of the book titles. It gave her an odd feeling to think that years ago her mother had sat on the same chaise to read perhaps Dreiser's "An American Tragedy" or one of the other novels from the crowded shelves. It was almost embarrassing to see "A Farewell To Arms" there. Her mother probably hadn't enjoyed the book. She must have thought it sentimental — the lovers irresponsible.

Ann rose and walked to the window that fronted on the street. It was raining hard now. The wind was blowing. Palm fronds fell from the trees and lay on the parkways like giant ostrich feathers. Water gushed out of drain spouts, flooding the wide lawns and spacious flower beds. Californians always seemed so surprised when it rained. A gardener stood beside his truck in dismay. A boy ran out to put the top up on a convertible. A maid without scarf or sweater walked a poodle.

Ann turned from the window. Rain was lovely when you shared it with someone, either splashing through puddles in bare feet or just huddling under a single umbrella for protection. How alone her grandmother must be in this big old house. For a moment Ann was sorry she'd deserted the tea party downstairs. But the conversation was so politely dull she had to escape. Why did adults think the best discussions were those in which nothing was said?

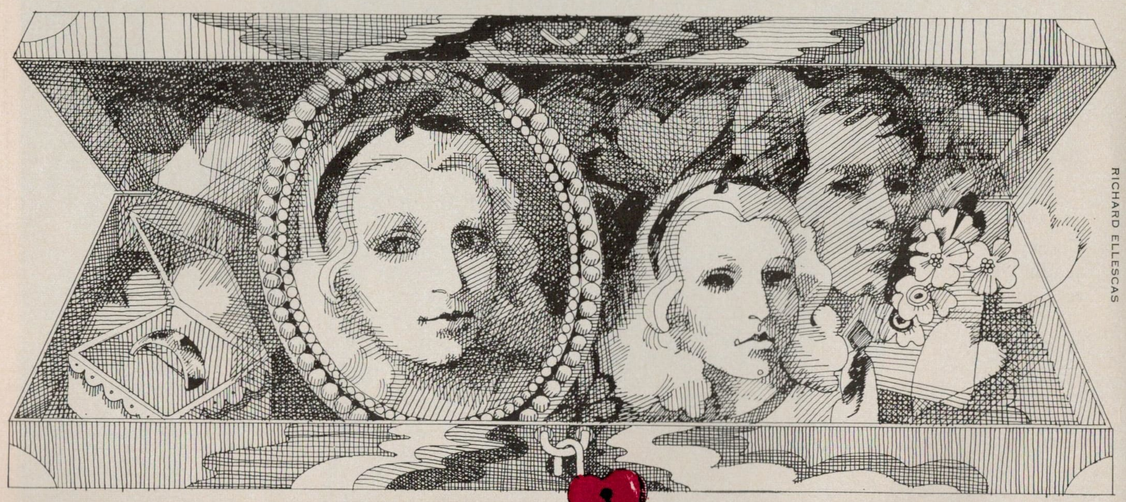
For as long as Ann could remember, the visits to this house, even when grandfather was alive, had been shrouded with a strange silence. Or so it seemed, partly because grandmother always looked so forbidding, swathed in silk, sitting regally in her favorite wing chair, clutching her ivory-headed cane like a scepter and wearing her white hair piled on top of her head like a crown.

Ann glanced at her watch. It was only three o'clock. It seemed much later because the weather was so dismal. Lightning flashed across the sky. Moments later thunder boomed. The painting that hung above the bed of a girl brooding on a window seat shook. Old Puss growled from deep in his throat.

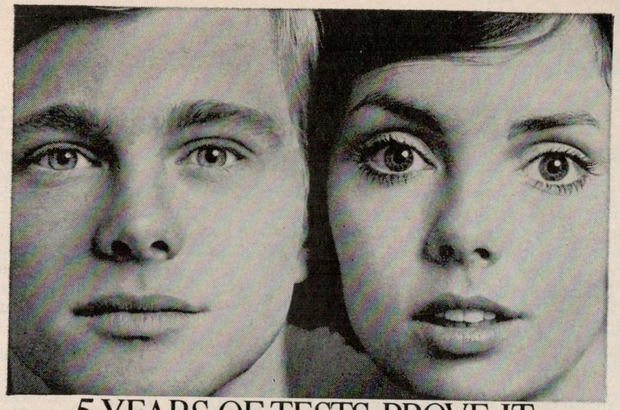
"It's all right, Puss," Ann said, although she too was a trifle frightened. But she believed that all emotion was good and tried to enjoy her fear. To her, a heightened capacity for feeling was what differentiated the Heathcliffs and Cathy from the ordinary world. Unfortunately, she had never encountered any such heroes or heroines except in books. The people she knew were all boringly proper. They chose appropriate professions, went to the right schools, married whom they were expected to marry, had a convenient number of children who were raised as they had been raised.

"I am Pamela," Ann said to Puss, rising suddenly, "a poor servant girl, locked in this room by my handsome but cruel employer who wants to seduce me. But I shan't succumb. I shan't. I shan't. At least

continued on page 92



RICHARD ELLESCAS



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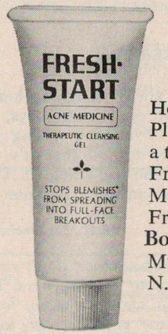
3. Isopropanol clears oil out of pores and keeps them from plugging up and forming blackheads. (Also helps to dry up any blemishes you have now.)



Here's my 25¢. Please rush me a trial sample of Fresh-Start. Mail to Fresh-Start Box 34D Mt. Vernon, N.Y., N.Y. 10559

Name_____

Address_____

City_____

State_____ Zip_____

DEAR JACK

HER WORLD — WELCOME TO IT
Dear Jack:
My father is about to drive me crazy. Today I was late getting ready for church. He likes to get there 15 or 20 minutes early. All I had to do was put on my chapel cap, and then we could leave. He started yelling at me, and I started crying. I was ready but told my mother I wasn't going because of Dad. She said okay. Is there something wrong with Dad?
C.H., Ft. Worth, Tex.

Dear C.H.:
The "Sunday Morning Scream-Out" is common. Patience is a virtue in any religion. Don't lose yours.

TOO-HANDY MEN
Dear Jack:
We would like to know what we should do if a boy tries to get too far with his hands. Most of the couples down here do this. If we don't, they call us chicken. We can't just stand up and say no because it just wouldn't be right. Please tell us what we should do. We like our boyfriends very much.
L.G. & M.R., Chicago, Ill.

Dear Girls:
If you can't say no, then don't get into a situation where you have to. Stay out of the back seat and unchaperoned parties. Stay together and stay public.

BE UNIQUE
Dear Jack:
Can you give me some ideas on how to make a party successful? I am 13 years old and want to plan a boy-girl party.
P.P., Westfield, Conn.

Dear P.P.:
Do something different. Rent a theater after hours and have a midnight premiere party. Free Cokes and popcorn. Have your guests come formal. Have an interviewer greet them at the door and their "interview" piped inside to the audience.

BELLY LAUGHS SERIES
Dear Jack:
My girlfriend is always laughing loudly in public. When we are around boys, it's very embarrassing. I've been telling her that boys don't like it and that it's unfeminine. She says she can't help it. I almost hate to be around her because it's so bad.
K.H., Savannah, Ga.

Dear K.H.:
If laughing is her bag, then don't sweat it. When she bugs you, go elsewhere. You will be surprised to see how many loud-laughing girls become popular with loud-laughing boys later on in life.

HE'S BLUFFING
Dear Jack:
My boyfriend and I are both 14. He says he loves me, and I told him I feel the same. He keeps questioning my love. He keeps saying I'll find somebody else that I'll like better than I do him. I doubt this because I love him as much as my 14 years will permit. He said either we go steady or we don't see each other at all. I want to date others but I don't want to lose this boy. What should I do? If it's true love, will he come back to me?
D.F., Asbury Park, N.J.

Dear D.F.:
Do your own thing. He won't go far for long.

AN AGELESS QUESTION
Dear Jack:
Do you think a 14-year-old girl should be allowed to date? My mother reads my 'TEEN, and she never misses the Dear Jack or Dear Jill columns. I don't know how to ask her about this and I'm scared she'll say no. Please help me.
D.K., Britt, Ia.

Dear D.K. & Mrs. K.:
In this age of early social experience via the "tube" and other media, it's a rare 14-year-old that is ill equipped to date other 14-year-olds.

STREET PHANTOM
Dear Jack:
I have a very interesting problem. There is this boy who always walks down my street. He likes to use me for making out and nothing else, and I really don't think he likes me, but I like him a little. He has done this several times. He hasn't come back on the street for a long time. If he does come back, how can I tell him to stop without hurting his feelings? What should I do?
S.M., Van Nuys, Cal.

Dear S.M.:
Nothing you will say will hurt that guy's feelings. Tell him to find another street — that he's reached the end of the line.

DOES SHE HAVE IT?
Dear Jack:
I'm 13 and have a problem with my boyfriend. My girlfriend likes him too. She isn't cute, and I don't think she has a good personality. What is a good personality?
L.K., Colo. Springs, Colo.

Dear L.K.:
A good personality is the least repulsive to some of the people some of the time and most desirable in all of the people all of the time.

DANGER SIGNS
Dear Jack:
My problem is my 16-year-old boyfriend. He has practically committed himself to me all because I pulled him through a stage of drinking and smoking. We both love each other, but I can't even talk to another boy or he loses his temper and gets terribly mad. I know for a fact that he'd kill any boy I'd date. He's even tried killing himself because I wanted to break up. (We are going steady.) He believes that I'll always be the girl for him and he'll never date another girl. What I want to know is what to do when I find somebody else but without hurting my steady's feelings. Some boys can get over a broken heart, but not this guy.
J.M., Richmond, Va.

Dear J.M.:
This guy has really got a problem. Get loose now before a new guy gives your steady reason to exercise his lunacy.

FUNDAMENTALS
Dear Jack:
1. What is the oldest boy a 15-year-old girl should date?
2. What is the value of a kiss?
3. Is making out taken lightly or does it mean you really like the guy?
4. Is it normal to date several guys at the same time and be on kissing terms with all of them?
5. Are you expected to make out even on your first date just to show a guy a good time?

B.C., Houston, Tex.

Dear B.C.:
1. Seventeen.
2. Invaluable if you mean it.
3. Making out is not to be taken lightly.
4. Sure, as long as it's only "good night."
5. No. What did he ever do for you?

CHARGE
Dear Jack:
I'm very lonely. I don't have any friends. Everybody hates me. They say I am stuck up, but I am not. I just don't know how to make friends. How can I get the group to know me as I really am? When all the kids go to the beach, I stay home. I'm so tired of being "out of it." I'm really desperate. Please help. How can I be friends with all the kids?
S.S., North Kingston, R.I.

Dear S.S.:
Stop thinking you're being persecuted and start mixing. How else will "the group" get to know you for you?

PLAY PHONE
Dear Jack:
Boy, are my friends stupid! Last night we called up a boy "just for kicks," and now he's going to spread it around that my friends and I play childish games with boys on the phone. We are all 14 years old. If he by any chance ruins our reputations by spreading that around, what should we do?
V.S., Parkersburg, W.Va.

Dear V.S.:
Call him up and tell him you had the wrong number.

Do you have a problem? We'd like to help if we can. Some problems can be dealt with in this column. Other letters can be answered personally if you send a stamped, self-addressed envelope to Dear Jack, 'TEEN Magazine, 8490 Sunset Blvd., Los Angeles, Cal. 90069. In either case, we can't answer all letters, but we will do our best.

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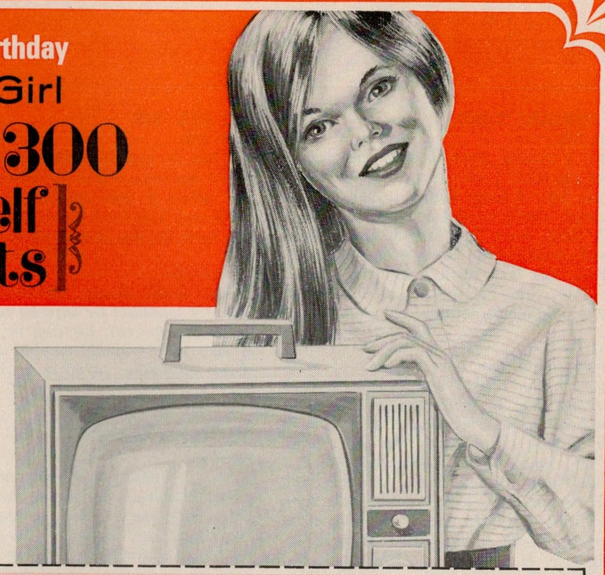

Young America's Unbeatable
Spare Time Money-Making Program

Be your own girl. You can make the teen scene turn, anyway you like it. It's your bag . . . and it's the most when it's full . . . of money . . . from Sunshine.

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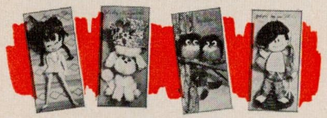

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DEAR JILL

NO INSTANT CURE

Dear Jill:

It's a month since I saw this boy I broke up with. I love him very much and I miss him. I keep telling myself to forget him. Every time I see boys I always wish they were he. And I always find myself thinking of him, even on dates. I think this is a terrible injustice to the boy I'm with. Please, if you know any way to help me forget him, tell me.

T.F., Little Rock, Ark.

Dear T.F.:

Two things can help, neither of them easy. (1) Don't play any broken records over and over to your friends or in your own head like "Oh, what did I do?" or "Oh, if only I didn't do whatever I did" or "Oh, why didn't I do whatever it is I didn't do?" If you find you keep going over the past to your friends, tell them to shut you up. If you're thinking it to yourself, quickly switch your brain to something else. It won't work right away, but keep wrestling. (2) Help yourself along . . . by doggedly getting into new doings and meeting new guys even though you don't want to. You may feel sad and blue even while you're out with a new date, and it would sometimes be easier to stay home because you feel terrible, but don't do it. Keep going. Be patient with yourself and you'll get there.

THE MORE THE MERRIER

Dear Jill:

When I go out with a boy, I always have to have one of my friends tag along so I feel more secure. My best friend said she will go with me since she sees what my problem is. I just feel better with a friend along. I know boys like to be with girls alone but I am just frightened. How can I overcome this? I'm 14.

E.K., Riverside, Ill.

Three's a crowd, so taking along another girl won't turn out to be such great stuff. If you're not ready to be alone with a boy, why push yourself. For a while go out on double dates or arrange for group doings. Three or four couples will be easier for you to be with and more fun anyway.

NOT IN THE RUNNING

Dear Jill:

There's a boy in school I like very much. I know he likes me because his friends tell me he does, and he himself shows it. My problem is that he's outmoded and not too popular. I am popular but if I went out with him, he would ruin my reputation. Please don't tell me that if I like him, my reputation would not be that important, because it is.

D.F., Metuchen, N.J.

Dear D.F.:

I guess you mean your social standing is at stake, not your character. At least you're being honest, which I respect. But if you're frankly a snob and are hung up on his lack of status, face it and don't go out with him. You'd only make both of you miserable.

EYE EYE, SIR

Dear Jill:

What do you do with a boyfriend who opens his eyes while he kisses you? One day when I was making out with my boyfriend, I opened my eyes for a second, and there he was staring all over the room.

D.P., Minneapolis, Minn.

Dear D.P.:

You could always blindfold him, but you still wouldn't be sure he wasn't thinking about his car, his dog or ice hockey. If he's still around, maybe you'd better share something together besides making out.

BOY ON A LEASH

Dear Jill:

My girlfriend has a boyfriend who does anything she says. I swear she treats him like a little puppy. She changed him from everything he likes to everything she likes. He buys her anything she wants, goes anywhere she goes and does what she tells him to do. He's really a nice kid, and I hate to see him being treated like this. I've mentioned it to them, and she says, "That's because he's nice, and he likes me." Is there any way I can help?

P.W., Duluth, Minn.

Dear P.W.:

A boy or girl who acts like a rug or doormat can always get someone to walk on them. If you've clued him in on where it's at and he doesn't get the idea, he'll have to learn that tough lesson for himself.

WHY DOESN'T HE CALL?

Dear Jill:

A boy I like asked me out last week to a show. After that night he has sort of been ignoring me and he never phones. Is it proper to write him a note and ask him what's wrong? If I ask him right to his face, he probably would laugh at me. I like him very much and don't want to lose him. Now another boy called me. What do I do if he asks me out? Should I go or just have hopes of the first one? Please help.

C.P., Drumheller, Alberta, Can.

Dear C.P.:

Sometimes a boy won't call for a while after a date, but if he also ignores you, it's generally understood by both of you that he isn't going to take you out again. Don't waste time writing. Instead, go out with the second boy. Then if the first one calls, you won't be over-anxious, and if he doesn't call, you won't care so much.

THE DATING GAME

Dear Jill:

I am a 16-year-old boy, and my problem is how to ask a girl out and what to do. I did this before about three or four times, but it did not pay off too well. I still am shy with girls. In fact, I didn't even kiss any of my girlfriends because I was afraid. But I also didn't want them to say that I was too chicken to kiss them. Please help me because there's this girl I like and I don't want to goof it up.

T.E., Newark, N.J.

Dear T.E.:

Stop worrying that you're going to goof it up. Get yourself a teen etiquette book, bone up on the basic hows of a date, then go out with the girl, have a good time and forget the rules. A girl who likes you too makes it easier. You'll have more fun on a date, even the kissing, if it's a "happening."

MOM'S IN THE MIDDLE

Dear Jill:

I am 12 years old and have two sisters. One is 16; the other is 18. My mother said I'm allowed to wear makeup. I thought that was great. The 16-year-old sister almost had a bird. She said, "I wasn't allowed to till the ninth grade!" The oldest one said, "I was still wearing ankle socks." Every time they do this, I say, "Times are changing." But they always get my mom on their side. Shouldn't she think about what people are doing now, not 10 years ago?

Helpless Under Sisters, Pittsburgh, Pa.

Dear H.U.S.:

Older sisters usually don't want a younger sister to grow up sooner than they did. Part of it is concern and part of it is jealousy, so you can expect static from them. But 12 is pushing it a little about growing up. You don't have to be in such a hurry. Set up a reasonable time with your mother. And then why don't you all get off her back and let the poor lady breathe.

HELP WANTED

Personal to J.S.:

The Family Service of America is an organization that deals with family problems. They have an office in your city: Beaumont Family and Children Services, 650 Main Street, and I would suggest you and your dad contact them for the help you need.

TOO MANY COOKS

Dear Jill:

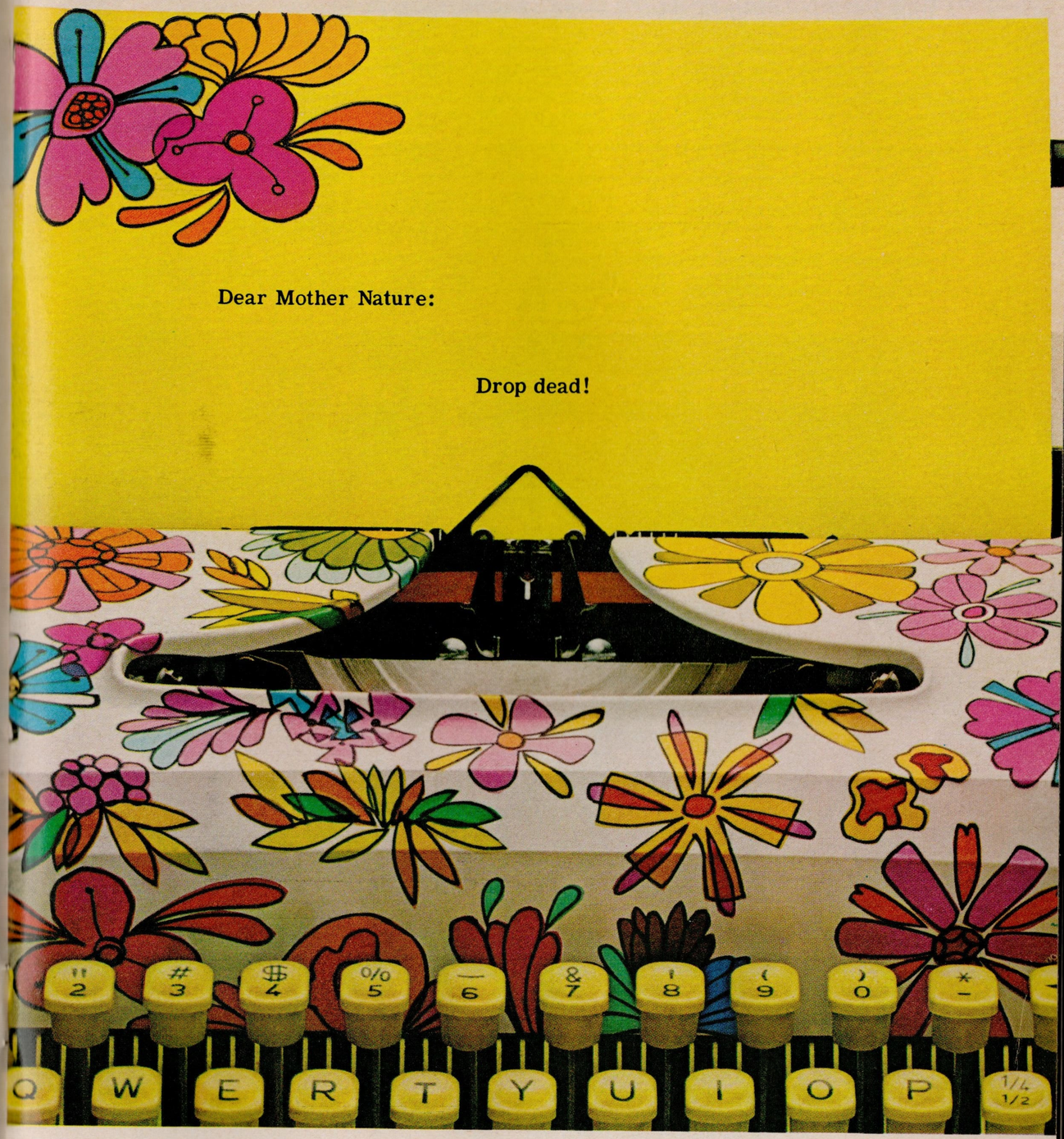
I've been going steady with this boy for almost a year and I'm beginning to dislike him. I want to break up but my girlfriends say if I do, they will become my enemies. What should I do?

N.H., Logansport, Ind.

Dear N.H.:

If your friends don't like what you're doing, they can tell you why, but then it's up to you to make your own decision. But if they try to run you by threatening to become enemies if you don't do it their way, that kind of blackmail you don't need. If you want to break up with a boy, that's your business and his.

Do you have a problem? We'd like to help if we can. Some problems can be dealt with in this column. Other letters can be answered personally if you send a stamped, self-addressed envelope to Dear Jill, 'TEEN Magazine, 8490 Sunset Blvd., Los Angeles, Cal. 90069. In either case, we can't answer all letters, but we will do our best.



Go on and say it. Then look at the brighter side. We're here. Kotex® napkins with deep, downy Soft Impressions. The softer, more absorbent kind that makes things easier for you. *Surer.* And make darned sure you and Mother Nature hit it off. From the start! Next time you start to get mad, remember us.

All for the gentle sex from Kimberly-Clark

"I Will Turn No Man From My Door" *fiction/marian seddon*

the door of romelia guerro

RON WOLIN

High on a hill, Romelia Guerro sat on her favorite rock watching the goats so they wouldn't stray on to the highway behind her. Thinking of tonight's fiesta, she hardly noticed the white-sailed racing ships on the ocean or the empty Americano trailers bordering the sea cliff.

Romelia watched her cousin Felipe and his father, Uncle Tomas, getting very greasy as they repaired the generator behind their cafe. If they fixed it, the cafe would shine brightly tonight. And tonight was the fiesta honoring the 16th birthday of Felipe.

Hearing a rumble, Romelia turned. She saw a pink trailer leave the highway to follow the trail into her camp. She sighed, wishing it were the Finches with their jeep and tiny trailer. Jimmy Finch and his family had not camped here since Jimmy started college. What fun Jimmy had that last time about two years ago! Aunt Ynez, mother of Felipe, taught Jimmy and some other Americanos the tango. Later, all of them — Felipe, Romelia, the cousins and the Americanos — went into the cafe kitchen. There they made and ate enchiladas with flour tortillas and re-fried beans.

Sadly, Romelia watched two men park the pink trailer and attach a pink awning. Then she stood up, squinting. That tall, bony man opening the car trunk — was it — ? He had Jimmy's nice, yellow hair that whipped about in the sea winds.

She bounded down the hill. She wanted to call, "Jeemy, hola!" But Mexican girls do not shout. Besides, Jimmy could not hear above the pounding of the waves. She stopped. Out of the pink trailer came a roha, a red-haired girl. She wore white shorts and a high-necked sweater of purple and pink slanted stripes and looked cooly beautiful.

Romelia twisted her dark braid. She looked down at her hands, red-stained from the pomegranate she had eaten, and poked at the three-cornered tear a cactus had just made in her dress. Slowly she started back toward her rock.

"Poca changa, come down!"

Since she was small, Jimmy's father had called her "little monkey." Hands hidden behind her, Romelia turned back, smiling, toward the trailer. From the window Jimmy's mother called, "Romelia, como estas?"

But Jimmy's "Como estas" sounded strange in his deep voice. How tall he was! How tight his smile! He also wore a high-necked sweater with pink and purple stripes, straight not slanted.

Ears burning, Jimmy introduced the red-haired girl. "Uh — quiero — presentarle a mi amiga, Beatrice." His ears stayed red as his father told Romelia that Beatrice was a college classmate, and his mother called out that Beatrice's home was in St. Louis, far from any sea.

Romelia's lips scarcely moved. "Mucho gusto." She shivered. The quick smile of Beatrice was like a poke one gives a strange lizard.

In Romelia's throat there was a hurting as she climbed back to her rock. How often she and Felipe had spoken of the things they would show Jimmy when he came again. But would this different Jimmy want to know of the cave where twice they had found moonstones? Would he even want to look at her pile of rocks which maybe were jade and jasper and maybe were not?

The old Jimmy loved rocks. He had told Felipe and her why part of their sea cliff was pink, part black and part white. White, he said, was lava that cooled quickly. Ssst! The pink had cooled slowly. To show how the black rock cooled even more slowly with gases inside swelling and bursting, Jimmy puffed out his cheeks, then poked them, opening wide his mouth as air came out. Also he scooped a handful of the black dirt from the hill where they sat, picking out the tiny shell pieces. He told how the hill, once sea bottom, had risen for millions of years. Felipe had nodded. "I have read of a mountain that rose, oh so slowly, from the deep."

Now Romelia looked from the black dirt filled with shell pieces. Her brother was climbing toward her rock.

"Romelia, I will now watch the goats. You must wash the clothes while Tia Renalda makes the tortillas."

Tortillas for the fiesta, remembered Romelia. She ran down the hill thinking, "When I tell Jimmy of the fiesta, his smile will not be tight. He will tell the roha, and her smile will not be a poke."

At the cliff top she cupped her hands, calling to Jimmy and Beatrice, who were climbing down the sea cliff. "Come, I tell you something."

Jimmy glanced at Beatrice, then shouted above the roar of the ocean, "Some other time, poca changa."

Romelia's cupped hands clinched. For Jimmy's father to call her "changa" was all right. For Jimmy? No, it was not all right. Again her throat hurt, and she stumbled in the red dust of the rutted road to her home. Well, Jimmy would not know of the fiesta or of the moonstone cave or of her pile of maybe jade and jasper rocks.

Before reaching her door, Romelia heard the pat-patting of her aunt's tortilla making. Inside, the dirt floor cooled her bare feet, and she started to tell how angry she was with Jimmy Finch. But as her eyes accustomed to the inside darkness, she saw that her aunt's gray hair still hung in one long braid. Unless she was tired, Tia always coiled her braid atop her head as soon as she arose.

When Tia first came to live with them, she wished only to sit under their pomegranate tree, embroider birds on altar

continued on page 94

Everybody wants to "do their own thing." The only problem is that sometimes it's too much of a good thing. And instead of looking groovy you could end up looking creepy.

But there is one way to express yourself without looking outrageous. And that's with a Simplicity pattern. Because when you sew you don't have to settle for the stuff in stores, and you can be as creative as you want.

Every month our big Simplicity Catalog is full of things that you can turn into your own thing by going crazy with fabrics, or leather, or fur, or anything.

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So make sure you and your girlfriends check out our big catalog every month. And you can end up with clothes that people will talk about, instead of laugh at.

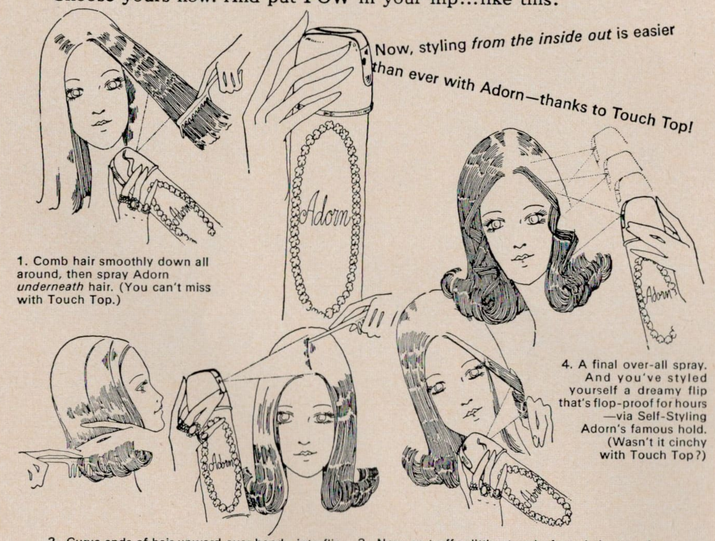
Teens ask Toni ...

Q. *Any help for hair that's always a stringy mess after skiing? I love the casual straightish do's, so I'm leery of perms—just wouldn't know what to expect! L. T., Ishpeming, Mich.*

A. One thing's sure. Don't expect the unexpected—with Smooth 'n Sleek Toni: the UNcurly perm. Here's perming that's no "Russian roulette" routine! No risk of over-curl! It's the perm with *hidden body* that holds like wild—but doesn't show. Plus jumbo "curvers" made to help you get just shape and curve. So you can give your hair the permanent (bodiful) stay-togetherness it needs—and still have any of today's groovy smoothie styles. To *keep*. Minus constant re-sets. (Takes only a quick comb-through to renew your do after skiing.) Get it. Toni's Smooth 'n Sleek. For body, shape and curve—*not curl*. Remember: it's the UNcurly permanent.

Q. *Trying to style my draggy flip drives me up the wall. I've had it with hairsprays! So what else is new? H. W., Roanoke, Va.*

A. We thought you'd never ask! It's Adorn's new Touch Top. A whizzy idea—that outdates yesterday's hit-or-miss hairsprays; helps you style without climbing (or spraying) the walls! It's the new, right-on-target way to spray Self-Styling Adorn. So *easy*. No cap to remove. Just touch—and Touch Top aims Adorn exactly where you need it. Here—or there. Anywhere you need hold. Big, built-in, *Adorn* hold that lasts and lasts. You can get Touch Top with Regular or Extra Hold Adorn. Choose yours now. And put POW in your flip...like this:



Now, styling *from the inside out* is easier than ever with Adorn—thanks to Touch Top!

1. Comb hair smoothly down all around, then spray Adorn *underneath* hair. (You can't miss with Touch Top.)

2. Curve ends of hair upward over hand—into flip. Use handle of comb to lift crown slightly.

3. Now part off a little strand of top hair at each side of forehead. Spray, then comb around finger. Release and let strands drop down into tendrils.

4. A final over-all spray. And you've styled yourself a dreamy flip that's flop-proof for hours—via Self-Styling Adorn's famous hold. (Wasn't it cinchy with Touch Top?)

Any questions about hair care? Write Carol Douglas, The Toni Company, Box 3600, Chicago, Illinois 60654. Include your complete name, address, and zip code.

the editors hurrah

Astrology? Zodiacal lore can really be considered as a mysteriously interesting bridge between man's newfound curiosity about outer space and the hard reality of hacking out a living in the man-designed environment of the U.S. — Earth 1970.

The belief that all human behavior can be explained by 12 sun signs and then projected into 12 more directions based upon the position of the moon involves fascinating mental gymnastics. The "astrological" seers must design their charts within the rigid discipline imposed by such narrow (12) directions.

To some, astrology replaces psychology. To others it borders on being a religion. It is so open-ended in its approach to human insight that nearly any characteristics can be fitted into one of its categories. Astrology "students" can in a way "compete" with conventional students of human behavior by a simple blending of the mysterious quasi-religious and the unknown with human strengths and weaknesses.

The current rush to embrace astrology is directly related to the "anti-system" approach that dominates "the charts." Many approaches are aimed at a counter-rational life style. It can even be considered a counter-science. Surely it competes with science itself for the "understanding" of Young America regarding the universe and everyone's future in it!

Astrology has had powerful pop-people pushing its merits. The Bob Dylans of the rock world can give imposing dimensions to a music-mystique by adding zodiacal gimmicks to their personalities, their products and their performances.

Commercial interests take over, and the exploitation gives reason for concern!

When astrological language begins to enter our conversation, it is important to keep it there . . . in the conversation. If it begins to boggle our minds and if "the signs" begin to disturb *our* daily decision making, it's time to reevaluate how and why the charts are made.

A true astrology "freak" feels comfortable with "beyond the galaxy" because he actually feeds on the discoveries of the true astro-physicists, and in his/her own way reduces the info to a human scale and understandable words.

Astrology is fun. 'TEEN's own column is fun. This issue is fun. It is staggering to realize that the Earth Galaxy *may be shifting* at a rate of 4,000 miles a minute. It doesn't mean that zodiac signs should replace a curiosity about true scientific research to the extent that our daily lives literally demand food, fuel and solace from "the stars."

So have fun with your "sign" and your charts. Be on the lookout for shabby commercialism. Don't forget there are pillars of greater strength and meaning to lean upon than interpretation of zodiac signals. Your own self for a starter! (T)

Knit Knack
(How to be a knit wit)

Follow this J. C. Penney guide to make your Spring knits ... and get the knack for sewing them!

PATTERN: Simplicity #8701 ... 85¢

FABRIC: Penn-Prest double knit jersey of texturized Dacron® polyester. Machine wash, tumble dry, no ironing. 60/62" wide, 5.29 yard. 1⅞ yards required...9.92.

NOTIONS: 70¢

Make it for 11.47
(based on size 10)

Penneys

DACRON®
A DU PONT FIBER

THE KNIT-KNACK

& how to get it

It was a dreary February day. There had just been too much winter. So I decided to tune out winter and turn on spring. Counting on my pennies, I scurried down to my nearby Penneys fabric department to pick patterns for my new warm-weather outfits!

Wow! What a sight! Outasite knits, knits and more knits! But were they right for the warm weather I was wishing for? "Loverly," said the lively sales lady. "Knits are nice for anything . . . anytime! Now that the fabric wizards have got the knack for knits, you should have a collection, a knit for a knack . . . a sewing knack."

Sew . . . I looked. At the wools, the cottons, slinky, soft-like-silk knits, thin knits, thick knits, knits with three-dimensional patterns, wonderful, washable acrylic knits. What could I make with knits? Anything!! Or could I? Should I even begin to try? Wasn't there something special that sewing with knits took?

Then there it was. SERENDIPITY!! That absolutely marvelous knack of having something groovy happen just because you're in the right place at the right time. There peeking out between the fabric bolts – was a tiny (not really so tiny) diary.

Should I open it? Of course! How else could I find out to whom it should be returned?

Inside, no name. But great! Scrawled across the front page was THE KNIT KNACK AND HOW TO GET IT. Wasn't that just what I was looking for? I read on. After all, who could tell on which page I might find the name of the owner? ?

Look great shirtwaist from Simplicity Pattern #3656. Fab clad that goes great on the do-your-own thing circuit.

Dear Diary:

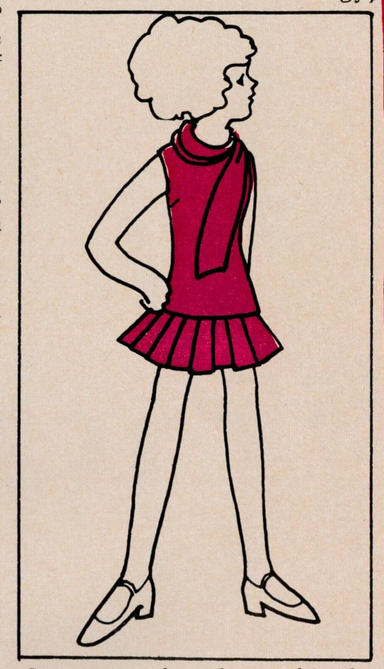
Everything's knit-triffic. Mom said taking this personal appearance tour with Dad during the holidays would be an "education." And it has been. I've found out what makes the man a "show power." And I've found out how to fill my closet with the grooviest things that have "go-power." Lucky I brought my "anywhere-you-can-go, I-can-go" "Swing 'n' Sew" portable sewing machine from Penneys with me. I was bemoaning the fact that, as usual, my wardrobe just wasn't making it, that it was just too draggy, too difficult to keep looking great.

Get the Knit-Knack, the girls in the show advised. Knits have a mobility factor that really lets a girl do her own thing . . . in class or just "cutting up."

"Sure, they look great," I countered. "But what do they cost? All I can buy is what I can afford on my allowance. Nothing special."

"Make 'em yourself," the girls answered. "No special 'sew-how' needed. Make mini's or midi's, clingy sweater dresses, swingy party dresses, pantsuits, coats, skirts and shirts."

And now that I've made a few, I know why. It's maneuverability! Knits have a quality of staying with you, allowing you to jump up, jump down, jump around. And then they jump back into shape so that they're never baggy, bedraggled or badly wrinkled. Beautiful! The first one I tried (Simplicity Pattern #8656) was a dream to make and a dream to wear. A swingy, long-sleeve, mini-skirted "little shirtwaist" that did nothing but look great. Simplicity itself to make, a synthetic knit can be simplicity itself to take care of. Just wear, wash, dry — then wear, wash and dry again. What's even greater is that knits don't all look alike. They all have their own individual texture, body and look while having wearability.



Swingy mini with matching scarf Simplicity Pattern #8684.

please turn the page

ILLUSTRATIONS / KATHY MCCARTHY

Checks paid in interest

PATTERN: Simplicity #8700...$1

FABRIC: "Seafarer" knitted-in windowpane check of Arnel® triacetate. Looks crisp, keeps its cool, feels so comfortable next to you. Hand wash, drip dry. 52/54" wide, 2.98 yard. 3 yards required...8.94.

NOTIONS: 1.81

Make it for 11.75
(based on size 10)

Penneys

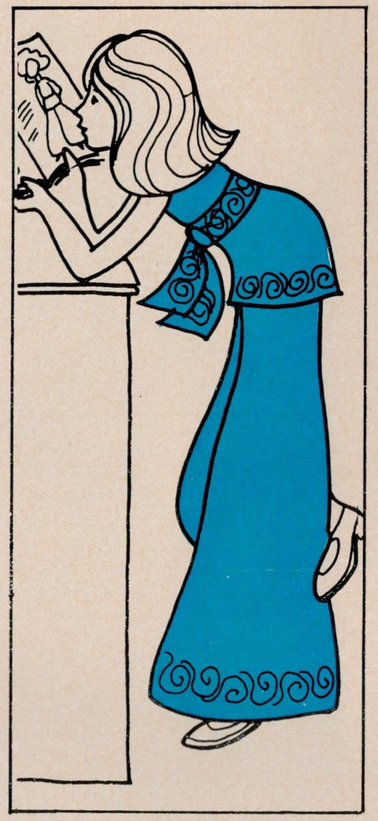
THE KNIT KNACK

Super-Sewer's Shopping Strategy

Dear Diary:

Knits are the nicest things to wear, and (excuse me for repeating myself) a knit really is simplicity itself to make.

No wonder I'm going absolutely knitty! That's why I'm making a list of the few special things I need to sew knits. Then I'll pick these things up to make my sewing basket complete the next time I visit the Penneys notion department.



Remember to buy:

STRETCH THREADS. Look for either polyester or the polyester covered with cotton. The cotton covering makes the thread easy to sew with — like regular cotton — but the polyester core gives the thread a lot of strength and the elasticity that's necessary for knits.

BALL-POINT NEEDLES. These needles have a slightly round point that won't pull at and damage the knit fiber. You can use a very fine regular needle instead.

ROLLER PRESSER FOOT. Helps a lot on those (k)nifty knits with texture by preventing snagging and catching. Maybe you can do without it, but don't take a chance and try.

STRETCH LACE HEM BINDING. Comes in all colors. Gives with the fabric and is light enough so that it doesn't pull or pucker.

INVISIBLE ZIPPERS. If zippers are necessary, then these are the ones. They're lighter in weight, more flexible and less likely to pull or pucker. And if you want a little insurance against anything at all going wrong, pre-shrink your zipper tapes. Just pop them in hot, hot water for a few minutes, air dry and press lightly before sewing.

INTERFACINGS, LININGS, UNDERLININGS, SEAM BINDINGS & TRIMS. If a knit is going to be wash and wear, then it's gotta be wash and wear throughout. Check all interfacings, linings, underlinings, seam bindings and trims to make sure they're washable and shrinkproof. Look for the new featherweight polyester non-woven interfacing. It gives with the knit. If that's not available, try for a polyester sharkskin or a fabric like it with good shaping qualities.

PATTERN NO'S AND KNOWS. Choose your pattern plan keeping in mind the weight of the fabric you plan to use. For the most part patterns with soft lines lend themselves well to the free hanging of knit fabrics. Anything creased or pleated should be shied away from when working with knits as they do not hold pleats well at all. A general rule: Find the pattern you like with the least amount of pieces to it. This is especially true for you beginning knitwits — 'cause knit fabrics are just a little bit different to work with. Other keep-in-minds are that knitted fabrics do not make up well in crosswide patterns — so you should avoid any pattern with horizontal lines or yokes to it. Sound like a lot to remember? Simplicity comes to your rescue by making patterns especially for knits and marking them accordingly. This way you know before you start that you won't run into any unexpected flaws. Remember — when your working with your knit fabric that knits have a tendency to stretch. So be careful how you handle your fabric when you're manipulating it to fit your pattern pieces on the fabric in the best way. If you're not sure if the pattern is suitable for a knit, ask the lady at the sewing counter to help you. She'll see that you get off to the right start. Careful planning at the pattern stages helps sew up a future complete with the knitiest in new wearables.

DOUBLE'S NO TROUBLE. Wool or synthetic double knits are the easiest to work with. Usually the double knits don't have to be underlined unless you're making a really skin-thin skirt. Then an underlining will help it keep its shape. Otherwise, don't worry! Just wear taffeta slips. They'll help keep your knits in great shape no matter how much wear you give your clads.

Can't resist the lighter weights or jersey knits? Don't! They're no harder to work with than the heavier knits. Except you'll probably want to line the skirts with a soft silk or silk-like fabric.

SECRET FOR SEWING SILK-LIKE KNITS. A little harder to handle, but too great to give up on — the synthetic, silk-like or Pucci-type prints. All they take is a little extra care. But worth it for a fabulous soft and silky-looking mini dress with softly flared pants (Simplicity #8635).

The secret of success for the silky types: Pin fabric to tissue or to brown paper before cutting. It prevents slippage and makes the job easier.

Forget the underlinings or lining for these silky fabrics, but interfacings, if used, have to be wash and wear just like the fabrics.

Stick to a mercerized cotton thread. Sew 10 to 12 stitches per inch while holding the fabric taut both in back and front while going through the machine to prevent thread "popping."

One thing to remember: These silky synthetics don't ease like wool or other synthetic double knits.

please turn the page

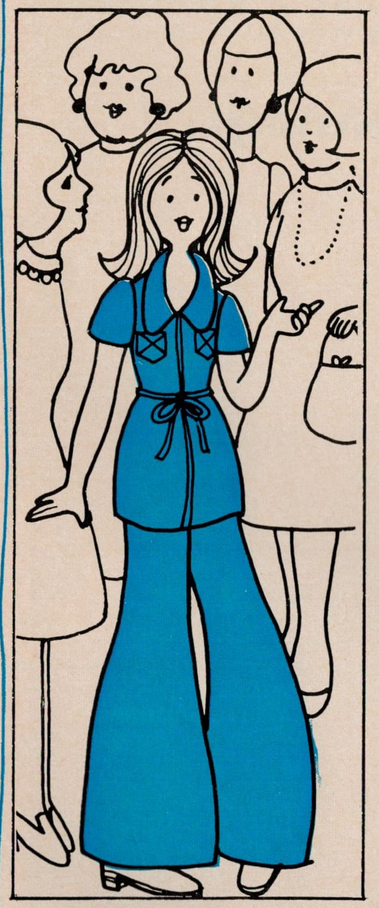
THE KNIT-KNACK

Knit-wit Cut 'n' Care

Dear Diary:

Listen and learn! Went down to Penneys to buy notions and pick a pack of fabrics. Picked a pattern (Simplicity #8707) – Purrfect for a (k)nifty knit with pure "tunic power" too! A short-sleeved mini-clad that goes great over go-together pants. Fab for a gal on the move like me! I could picture little old me in my swingy new outfit being a crowd standout wherever I went – like having heads turn on the bus or girls wanting to know my knit-triffic secret – even stopping me on the street to ask. Wow! What a life!

First of course, I needed some special hints about knits. The lady at Penneys clued me in on some fab knit tips for the KNOW-SEWERS. I would be the center of attention in my sew-lar system!



KNIT-TIPS FOR THE KNOW-SEWERS

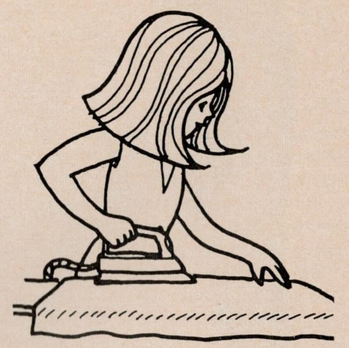
1. WASH FIRST, WEAR LATER With wash and wear polyesters and other synthetics, begin at the beginning. If a knit is hand washable, do that before you cut. Washing will pre-shrink the

fabric. It will also help to remove the lengthwise fold in the fabric to make it easier to cut and to remove any sizing, thus making the fabric much easier to stitch.

2. THE FINISH Crease resistant, drip-dry or permanent press finishes applied to synthetic knits will make fabrics more

resilient and springy. It's great for some styles, but a fabric with a finish often resists sharp, clean folds and puckers a bit at the seam if you're not careful. Choose a fabric with a finish, then choose a style with few seamlines. Avoid top-stitched detail. And remember, it's not too easy to put in bound buttonholes on fabrics that have a finish, so stitch on "fun closings" like frogs or fancy loops.

3. THE CUTTING CAPER The first thing to do is to set up a cutting area large enough to properly lay out your fabric. It's best if the area is large enough for an entire length of the fabric to be laid out – but you'll have to do the best you can. If you haven't got a table large enough to work on, you'll have to see what you can set up. The floor works fine – but be sure you protect your fabric against soil by placing an old sheet or some sort of paper underneath it. A hard floor is preferable to a rug floor. And whatever you do don't use Mom and Dad's king-size bed for cutting out your pattern. Your pattern pieces will not lie straight, and a bed will not give you enough cutting support. Before you cut you have to lay out your fabric and pin and mark your pattern pieces. For most knits (and you already know what to do with the silky



ones) this is relatively painless. Also, it's a good idea to press the lengthwise fold of the fabric first. This will help the fabric lie smoothly for cutting. Think to yourself of all the things you've learned about knits and take them into consideration. For instance – knits, you know, have no crosswise grain – so you must

please turn the page

follow the lengthwise grain. (This is comparable to the selvage edge that you have on a woven fabric.) Before you lay out your fabric, try pressing the lengthwise fold. (It should be fairly well gone after you've preshrunk your fabric but sometimes they're stubborn.) If it is stubborn, refold the fabric so that the creases are in the center of the fabric and not in the center of "your garment. Straighten the crosswise ends of the knit by drawing a chalk mark with a yardstick – placed at right angles to the lengthwise grain of the fabric. If your knit has a slight nap of texture be sure you place all the pattern pieces going in one direction.

4. KNIT-STITCHING You've got the right notions. Stretch threads for the polyesters and other synthetics, silk for wool. Ball-point needles, size 70, or a fine size 11 for the lightweights and a fine size 14 for the heavier knits. Now experiment. A loose tension with 12 to 15 stitches per inch could be perfect, or a heavier knit might sew better if you use 10 to 12 stitches per inch. A small, very small, zig-zag stitch can provide a certain amount of stretch and could be the answer to breaking threads. Try it out and see.

Oops! Stitches skipping? Make sure your machine is well cleaned and properly oiled. Then stitch at a steady pace and you'll have little trouble sewing knits, single or double.

5. SEAMS . . . LIKE SOMETHING'S GOTTA GIVE It's a matter of movement, and the fact of the matter is that seams in knits have to "give" and move with the fabric. So give your particular knit a test in motion study. Stitch some test seams. "Give" is especially needed in armhole seams and on those on the crosswise of the fabric.

Here's a guide to follow:

Lightweights – jerseys and tricots – stitch and pull the seam.

Light to medium weights – stretch and stitch the seam.

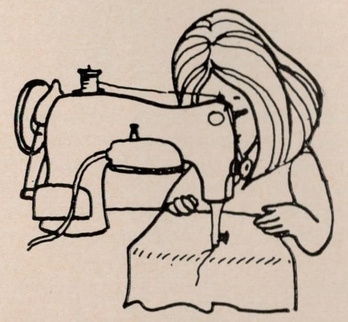
Double knits and firm fabrics – stretch and stitch the seam or use a narrow zig-zag stitch. And if your machine has special stretch stitches, like the multiple stitch zig-zag for seams and finishing edges, an elastic straight stitch for seams or a stitch that sews a narrow seam and overcasts in one step, use 'em for any of the knits.

A bit of stitch-craft to remember for getting stretch in the really lightweight knits: Loosen tension and stitch the seam. Leave four inches of thread at the end. Stretch the seam a bit at a time, working the excess thread into the seam.

How do you stretch and stitch a seam? Easy! Just hold the knit fabric with your left hand in back of the presser foot. With your right hand in front, stretch the fabric gently while stitching. Easy does it, though. Don't overstretch! It's the neatest way to get a seam with stretch and without puckering on a straight stitch machine.

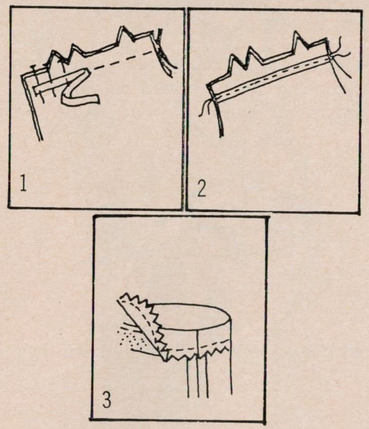
Gotta think about what's called stabilizing too. That means stopping that knitty tendency to stretch in certain places, like at the shoulder seams, the waistline or at the hem.

Shoulder seams are simple. Pin pre-

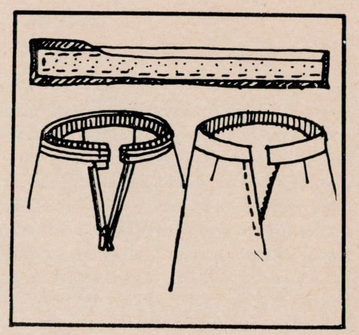


shrunk seam tape along the seam line before you stitch, then sew directly on the tape, including it in the seam.

Worried about widening and ever widening waistbands? Don't! It happens with double knits, but not if you interface and back waistbands with elastic.

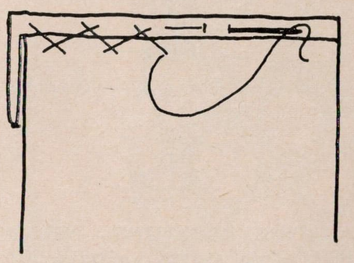


Makes them smooth and snug. Step 1: Cut the band singly and allow for a seam allowance beyond the fold line. Step 2: Cut a strip of lightweight hair canvas or polyester interfacing half the width of the band or to the fold line. Step 3: Baste the interfacing to the inside of the band. Step 4: Turn down the



seam allowance at the upper edge of the waistband and press. Step 5: Apply the band to the skirt, right sides together, and press the band up. Step 6: Cut a strip of elastic the width of the finished band but just ½ inch shorter than the length. Step 7: Stitch elastic to the ends of the band with right sides together. Step 8: Grade seams and turn band to right side, stretching and pinning elastic to band. Step 9: Top stitch through fabric and elastic around all four sides of the waistband.

6. HANG THE HEMS How about hems? Hang 'em first. That is, hang your new outfit about 24 to 36 hours to allow for all the stretch and sag you ever want to allow for. Then take your choice. The catch-stitched hem is good for most knits. Fold hem back to right side of dress, letting hem edge extend at least ¼ inch; catch stitch to garment and then press the edge flat over the stitches. The machine blindstitch can also work well, and if you want a do-it-quick job, iron the hem in place with one of the new



fusible bonding materials. They even have "give."

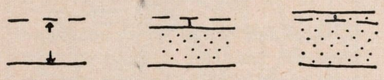
But if you really want to be acknowledged as a kid with a knit-triffic knack, you'll hem with interfacing. Keeps A-line hems crisp, slim skirt hems smooth, gives extra weight to rolled or unpressed hems.

THE KNIT KNACK

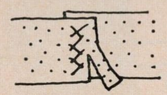
Knit-Fit Hemming Hints

Don't hem and haw about hemming your way to a knitty-knack that says you've got it all sewed up. Confusion doesn't have to hem you in if you get with the facts to help you put your pieces together in the right way. It's sew true — that no matter how much caution you take in making the rest of your garment, a poor hemline can make it look like the work of a real amateur. The hem scene for knits is a loosely stitched-up scene that's all its own. So you can't just whip up your hem without checking things out first. Here's a hem guide to help you straighten up and stitch right.

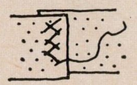
CUTTING AND INTERFACING When there are no pattern pieces, cut bias strips of interfacing. Cut them ½ inch narrower than the hem if you're making a pressed hem. Make them ¼ inch wider than the hem if you're making an unpressed hem.



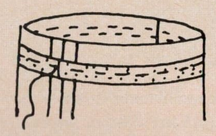
JOINING INTERFACE SEAMS Overlap cut edges and match up the seamlines. Stitch along the seamline using a catch stitch to sew the pieces together. Take a small stitch through both layers of fabric stitching from right to left. Then take a diagonal stitch through both layers below on the other side of the seamline. The threads will cross each other between stitches.



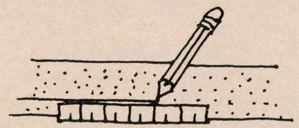
Trim close to stitches on both sides of the seam to reduce bulk.



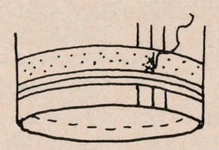
ATTACHING INTERFACING — PRESSED HEMS Baste interfacing along the fold line of the hem. Sew upper edge of interfacing to seams of dress.



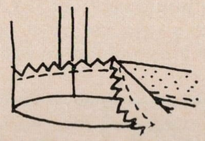
ATTACHING INTERFACING — UNPRESSED HEMS Mark a line ¾ inch from one long edge of interfacing.



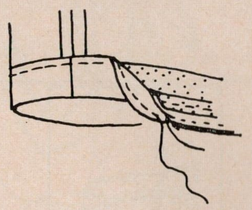
Match and pin line on interfacing to line of basting which marks fold line of hem. Sew interfacing to hem ¼ inch below fold line. Use a running stitch about ¾ inch long on interfacing picking up a thread of dress and underlining fabric as you go. This holds layers of fabric together at the rolled edge of hem. Don't remove it. The tiny stitches show on the hem side but not on the right side of the dress. Sew upper edge of interfacing to the seams of the dress.



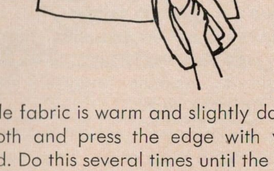
FINISHING UPPER EDGES OF HEM Pink fabrics that do not ravel.



Overcast or zig-zag if your machine has a zig-zag stitch, or bind the edges on fabric that ravels.



PRESSING HEMS Press finished hem on the wrong side using a steam iron and a damp press cloth. Use the side edge of the iron to press under the loose upper edge on the right side of the dress.



Turn dress to the right side and press the folded edge of the hem again. Do not press the upper edge of the hem. Protect the right side of the dress with a press cloth.

Remember: Pressing means applying pressure. Press iron down on hem, then lift and repeat.

FINISHING UNPRESSED HEMS This hem should be molded and shaped with steam to avoid points rather than really pressed. Hold the steam iron above the lower edge of the hem and let the steam penetrate the fabric.

While fabric is warm and slightly damp, smooth and press the edge with your hand. Do this several times until the skirt hangs softly and smoothly.

Remember, a steam iron is best. But, be sure that fabric does not get too wet. It should be DAMP.

please turn page.

Dominoes anyone?

Make your play in oppy dots of black and white!

PATTERN: Simplicity #8635 . . . 85¢

FABRIC: Texturized double knit of Fortrel® polyester with a frosty texture. Penn-Prest. Machine wash, tumble dry, never iron! 58/60″ wide, 6.98 yard. 3¼ yards required . . . 22.69.

NOTIONS: 1.23

Make it for 24.77
(based on size 10)

Penneys

CELANESE® FORTREL® THE FRESHENING FIBER

THE KNIT-KNACK

Fab-ric 'n' Fiber Facts

Dear Diary:

Think I've become a knit-sew-maniac. I keep thinking of new knit outfits to add to my collection. Now it's the "Scooter" skirt. Great little mini's made for the mobile miss. Couldn't make up my mind which variation of the skirt to make (Simplicity #8698), so I'm making all three in three different knit fabrics. Stopped off to see my "loverly" lady at Penneys again and got a little more knit-knowledge.

KNIT KNOWLEDGE FOR KNIT-SEW-MANIACS

What's in a knit? A knit is a fabric whose yarns are looped together instead of being interwoven as in other fabrics. Double knits are two layers of looped yarns while single knits are solo strands. S-T-R-E-T-C-H is one way to spell knits — for knit fabric has stretchability that makes sure you're comfortable. They're easy to care for too, and a big plus for knits is that they don't wrinkle easily. Knits come in all blends of fiber: wool, cotton, silk, synthetics and synthetic blends. There are all kinds of nifty knitties to make you sew glad you got the knit knack.

THE PRACTICALLY PERFECTS — POLYESTERS — They're the easiest of the easy-to-care-for fabrics and some of the most elegant. Ottoman ribs, textured designs in clean, clear colors that all can be machine washed (gentle cycle and gentle soaps) and machine dried. Or if you do things the hard way, wash by hand and drip dry.

What are they? Dacron®, Kodel®, Fortrel®, Trevira®, Encron®, Quintess®. Whatever the name, these practically perfect polyesters hardly ever wrinkle, are lightweight, keep their shape and are easy to sew.

THE NIFTY NYLONS — Sew the nylons may need a little touch-up ironing now and then, but they're washable, practically wrinkle-free and where-oh-where can you find the rich, ripe colors that are made out of Caprolan®, Enkalure® or Antron® or the wild, outasite prints that look so great in soft and slinky styles.

THE AMAZING ACRYLICS — We're not pulling the wool over your eyes. It's just not easy to tell warm, resilient Acrilan®, Creslan® or Orlon® from wool. While there's still a chill in the spring air, make dresses, pantsuits, shifts or shirtwaists — anything — from these great knits. The new acrylic double knits keep their shape better, are very often bonded for even more shape retention. Hand wash 'em in cool water, wrap in a towel to remove excess water. Hang and dry.

THEN THERE'S ACETATE — Soft and silky, but you'll find acetate, Estron® and Avisco® easier to dry clean because they are softer than other synthetic knits. Not that they can't be hand washed, but you'll have to get out the iron for a little touch-up pressing. Great for blouses, scarves or colorful surprise linings.

AND TRI-ACETATE — It has just a little more hand than acetate. A sharkskin-type knit, Arnel®, pleats beautifully. Great for hand washing and line drying. If done carefully, maybe you can forget the iron.

Dear Diary:

Guess I've really got the knit-knack now. Can't believe my own collection. It's really neat. No wonder! Knits are practically indestructible and economical too. Wear easy as well as care easy. I look tired before my outfits do, and what can be better than synthetic knits for saving pennies? No cleaning bills. Really, just wash and wear. KNIT-TRIFFIC!!

Still no name.... Not a clue as to the owner on any of the pages. But choosing what to wear must be an absolute pic-knit for her. Just imagine... wherever she is, she must be the best-dressed girl in town.

But what to do with the diary? Got it! Leave it peeking out from behind the bolt where I found it. For the next girl who comes along looking for a way to get the knit-knack. (T)

3 Swingy Skirts from Simplicity Pattern Number 8698

Fleurs fantasies!

The Continental kind of print in fantastic colors!

PATTERN: Simplicity #8611...75¢

FABRIC: Fine jersey of texturized nylon. Shimmery, floaty, lightweight. Hand wash, drip dry. 44/45" wide, 2.98 yard. 2⅝ yards required...7.82.

NOTIONS: 75¢

Make it for 9.32
(based on size 10)

Penneys

'TEEN

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'TEEN says the VERY thing is:

Come sky with me!

Who could possibly believe in astrology? Zillions of people! For example, there's a young secretary who's gone steady for three years and wants to know if and when *he's* going to propose. Or there's that famous Oscar-winning actor who wouldn't think of taking a new role in a movie unless he'd checked with his astrologer first. Or even your local, perfectly normal Congressman. He never takes an airplane until .... Believers come from all walks of life, and there are loads of 'em.

Their first visit to an astrologer (they're found in towns and cities all over America) usually begins with the astrologer needing to know exactly the time, place and the year the "client" was born. With these facts, he can plot their destiny ... he says.

That, for a quicky definition, is what serious astrology is all about—knowing what the future holds. The going theory is that when and where you were born determines what kind of person you are as well as what will happen in your life. Why? Astrologers say it's because the entire solar system is constantly moving. These movements influence what happens to people. "The future is in the stars," they say. Sounds a little hard to believe, doesn't it?

But if you think that astrology is something new, you're in for a surprise. There is proof that astrology is at least five thousand years old! Maybe more. What's more — ancient civilizations separated by thousands of miles of uncrossable oceans each had their own separate astrologies.

The Babylonians, Chinese, Aztecs and Mayans all studied the planets and made fancy charts called zodiacs dividing the year into 12 parts.

Today we often think they're "quacks," but way back then they were tribal leaders — often very clever mathematicians and scientists. They had to be in order to accurately observe the heavens. They didn't even have telescopes to help them!

Astrologers really got into hot water when the Christian religion became influential. They were called witches. Therefore, astrologers taught their ideas in secret meetings. If caught, their punishment might be burning at the stake for heresy.

Today in the 20th Century Space Age, astrology is also criticized by scientists who usually think the whole thing is for the "funny farm."

And yet the Space Age is also an unsure age. This is probably one of the most insecure times mankind has ever known. People want answers to comfort their fears. They want to know what lies ahead. It's probably not so surprising then that many perfectly bright people think astrology's the answer.

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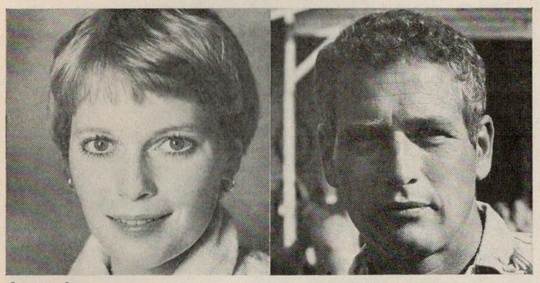
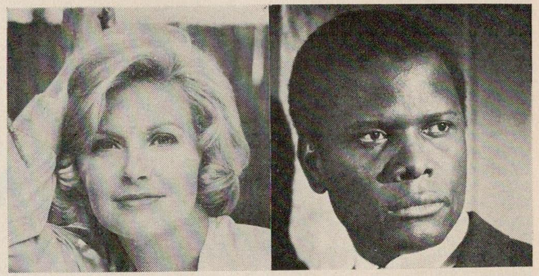
super-stitions & the stars

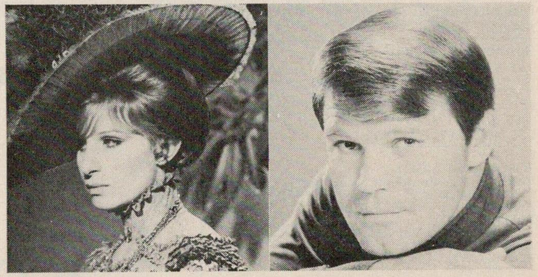


Aquarius
Mia Farrow (February 9) and Paul Newman (January 26)
Okay, so it's "your age" – but what does that mean? For starters, it means you're easy to know and easy to like. Your idealistic thinking and thoughtful actions make it all come naturally. Your quirk might be a love of the curious and the unusual – maybe antique jewelry or that strange desire that comes over you to buy a really different gift for a friend. A bit unpredictable, but so what? Are your grades pretty good? Give credit to you-know-what. Star-gazers said you could do it.



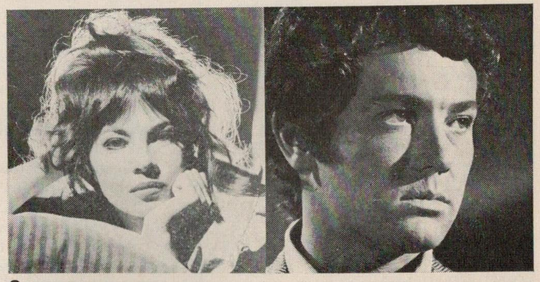
Pisces
Joanne Woodward (February 27) and Sidney Poitier (February 20)
More than any of the others, you really can't stand to see others get hurt. You're truly compassionate. And one thing that really bugs you is hypocrisy. You despise conformity just for conformity's sake. Teachers marvel at your great memory and, to be honest – so do you sometimes. You're a sentimental gal and find yourself daydreaming about things – even in class. Astrologers say it's not anything you can control. Your tender feelings will always help you understand others and be good to them.

Aries
Doris Day (April 14) and Steve McQueen (March 24)
It's pretty obvious that if Steve and Doris are any examples, you Aries people have minds of your own. Nobody bosses you around 'cause you're far too self-assertive. Chances are that when covered wagons crossed the plains 150 years ago, you Aries folks led the way. You were far too ambitious to just stay home and embroider more stars on the flag, right? One extra nice thing about you: You may get mad but you usually don't hold a grudge. Impatient as you are sometimes, you are forgiving.



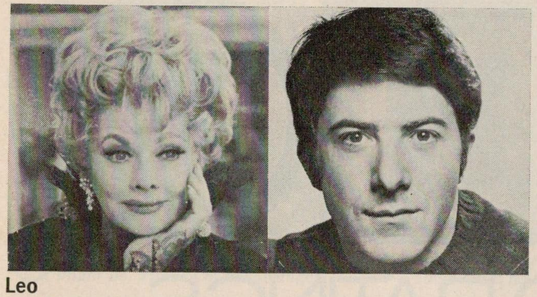
Taurus
Barbra Streisand (April 24) and Glen Campbell (April 20)
Constructive, that's you. People probably come to you with their problems 'cause you have the tact and patience to really listen to 'em. You have patience and you're able to wait for things (like Glen, who waited years to really make it big). You love good books, music and art. One of your big goals is security. Hearth and home are dear to you, and no one can push you faster than you want to go. You're one of those lucky folks who's slow to anger – but watch out when you do.

Gemini
Leslie Uggams (May 25) and Tom Jones (June 7)
Ever found it hard to keep a secret? Blame it on the stars. Next time you'll know why 'cause that's the way it goes with active, talkative Gemini's. P.S.: If you've got this uncontrollable urge to write – (right!) it came from the zodiac. Your quick wit and conversational talents lend themselves to great things to come! Gemini's are usually idealistic people with super-active minds. And you love to do things your own way, don't you??? Not surprising; that was meant to be, you know.

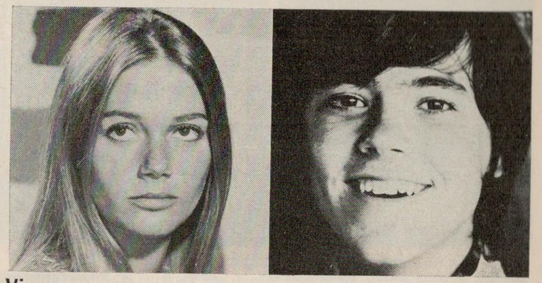


Cancer
Leslie Caron (July 1) and Michael Cole (July 3)
You may come on like gangbusters but deep down inside you feel really shy sometimes. That's the way it goes with sensitive folks born under the Cancer Sun Sign. And do you have a quirk about wanting snacks a lot of times? Sigh . . . zodiac yak says it's that twinkling sky's fault. You've got lots of talent and you're hard working (even when everyone else is out playing) and very budget-conscious: Only someone like you can squeeze a new party dress out of that meager allowance!

Star and star alike! There is no one special sign for performers. You'll find 'em scattered through every day of the year. Take a glance and see if YOU are like your cel(estial)eb. How 'bout it? Do the heavens rule?



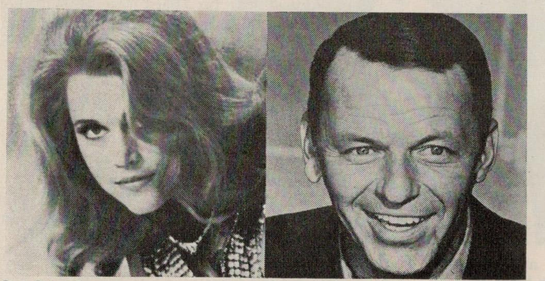
Leo
Lucille Ball (August 6) and Dustin Hoffman (August 8)
Watch the guy (gal) who joins the debate club and wins all the tournaments. He's probably a Leo. You're born leaders and you're bound to have lots of friends who dig your enthusiastic personality. Maybe your only weakness is your over-abundance of pride. But you can handle it because you're so open-hearted and quick to forgive, that classmates just love to be with you. P.S.: Not to be a killjoy, but don't you just hate details? Like re-doing that whole blackboard of algebra? We thought so!



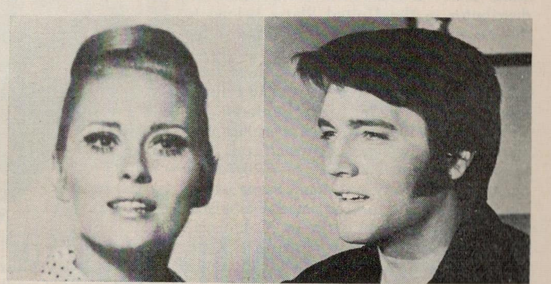
Virgo
Peggy Lipton (August 30) and Barry Cowsill (September 14)
Everyone would envy you Virgo's if they just knew – but then you're not a bragger. Just a great learner, hard worker and thoughtful, that's all. Some of your biggest pleasures come from helping other people. It's your thing. And when friction comes up between you and a guy, you'd much rather talk the matter over sensibly than argue. Probably some aunt has praised you on how neat your room is (or used to be – even Virgo's can have a lull). Stop takin' all the credit. You can't help it.

Libra
Julie Andrews (October 1) and Lloyd Hanes (October 19)
If the U.N. ever gets you for a delegate, Libra, you can be sure war will stop. You're a natural peacemaker and desire tranquility in all things. Sometimes you push yourself, though, for you're a perfectionist. Even though you hate dragged-out chores or teensy details, you'll follow through and see that they're attended to 'cause you want the end result to be right. Lucky gal. Your kind and cheerful nature makes sure that you're in on all the social events.

Scorpio
Marlo Thomas (November 21) and Richard Burton (November 10)
Even if you live in the middle of Kansas, you dream of the sea. You love it. Your feelings are never vague: You either like something a lot or don't. Period. Was Columbus a Scorpio? He should have been – because you're adventurous and you'll dare to do something others wouldn't dream of trying. Your humor often runs to a bladed remark because you have a natural talent for sizing up a situation and sometimes seeing through things. Could be your creative outlet gets registered in craftsmanship.



Sagittarius
Jane Fonda (December 21) and Frank Sinatra (December 12)
Alas, you're the poor gal who – without exception – hates being told what to do. Now at least you've got a good reason. Your interests are many, ranging all the way from outdoor sports to the deeper meanings of your religious faith. You usually get along well with guys because you're honest and friendly – but occasionally you're a little too direct. Your love of independence and hard-working nature will always stand you in good stead. You're self-reliant and always will be.



Capricorn
Faye Dunaway (January 14) and Elvis Presley (January 8)
Has anyone ever called you a worrywart or tried to get you to "open up" when you just didn't feel like it? Sure – that's the way it is with Capricorns. You often prefer to keep things to yourself, don't you? That's because you have a very definite idea of your own values and you don't see the need to argue them all that much with someone else. Lucky you! You've got fabulous self-control. Mix that in with determination and your marvelous patience – and the sky's the limit for any goal you set.

Res-trick-ted ratings for teens is a four letter cross-(fire) word: Student stories that real students can't see! Teen stars in non-teen flicks. It's the biggest puzzle of them all!

G M R X

RES-TRICK-TED RATINGS

It's Saturday night, and you and your girlfriend have decided to take in a flick. So you check the newspaper ads to see what's playing. If you live in a big city, you may see a few pictures listed that you're not too old for. These ads are dabbed in between those "Raw! Real! Racy!" ads, right? But if you live in a smaller town, you may find, much to your frustration, that there's nothing, literally nothing, that you can get into.

You're an under-16er and the ratings say you're not ready for *adult* films. You may have several thoughts on that– like: "How dumb do they think you are!" Or "Why can't they just make decent movies for everyone to see??" Or – obviously – "What makes them so qualified to know what's right for you?" It can really steam a gal . . . to have to put up with those anti-teen censors!

How did it get started in the first place? Is it really necessary? Or fair? What's it all about?

Here's the history: The GMRX ratings are officially known as the National Voluntary Film Ratings System. The System is a little over a year old now, and the ratings are chosen by a selected group of members of the Motion Picture Association. Every major movie studio and film distributor in the United States belong to this association. Theatre owners across the country agreed to abide by the rules of the ratings when the plan was drawn up.

Originally there was no penalty for a theatre owner if he didn't enforce the teen-ban. But in some states there are now state laws being passed which put real pressure on theatre owners to really abide by this "voluntary" system. Some states up the age limit for restricted flicks from 16 to 17 (New York) or to 18 (California).

As most of you know, anyone can get into "G" and "M"-rated flicks. (Parental discretion is advised with "M"-films). But in the case of "R"-pictures, you have to have a parent with you if you're under 16. And with "X"-rated films, you can't get in till you're over 16, period.

Did you catch the phrase "parental discretion?" That's what ratings is all about. It's to keep children from seeing flicks they're not ready for. All too often teens end up getting caught in the cross fire of "How old is mature?"

Why was 16 chosen as the cutoff line? The Motion Picture Association cited that 16 is the legal age for driving in most states; kids would have I.D.'s for theatre owners to check. It's also the cutoff age used in Britain, which has had a ratings system for many years. As a matter of fact, the MPA says, the U.S. was the only major western nation in the world without a ratings system.

The real goal of the ratings is to *inform* the public, not to decide what's good and bad. They are not trying to act like the Word of God. Sad to say, the way it turns out is often another story. Most people think any "G"-rated film = good and that *any* "X"-rated film = dirty, dirty, dirty. Not mature, not adult, just – BAD! Add to that the problem that even though you teens are tuned in to what it all means, many of those "discreet parents" don't have any idea which letter stands for what.

G Petula Clark and Peter O'Toole make "Goodbye Mr. Chips" "G"-reat!

There are two answers to "Why ratings?" First, the Motion Picture Association feels that censorship is wrong. They'd rather rate the movies themselves than have the government step in and "censor" movies. This would be against the First Amendment, which guarantees free speech to all.

Second, the MPA feels it is unfair to make all movies just for one kind of audience. This could result in everything being fit for little kids to see, they say, but a big bore to the more advanced, educated young adults of today. They think it's better to allow provocative movies to be made and just keep the little ones home. ('Course we know it's keeping the big ones home too, don't we?)

From the dollars-and-sense point of view, movie studios would go along with this because most *families* don't go all that often to movies anyway. The biggest profit comes from young adults – and these adults want to see "Goodbye, Columbus" and "Midnight Cowboy." The ratings may be a way of giving that audience what it wants and still keeping the parents of little ones happy.

The MPA admits that the ratings aren't "blessed by heaven" but feel it's a lot better than passing unconstitutional laws or infringing on the "artistic freedom" of moviemakers.

Ratings may be new, but classifying movies sure isn't. Even though we didn't call it that name, the U.S. has a long history of controlling what movies get made. (Seems like it's just shifted a bit – now we control what gets *seen* by whom instead.)

Almost as far back as 1894 when Thomas Edison invented "moving pictures" and the nickelodeon was the big vogue (imagine a flick for a nickel!), the rules have been strict. In fact, they were much stricter then they are today.

In 1915 the Supreme Court ruled that free speech wasn't an issue for moviemakers. It was a business and that's all.

In the 1920's amidst prohibition and ragtime music, cinema sin was kept to a minimum despite the efforts of sexy Rudolph Valentino and exotic Theda Bara. A bare stomach or a passionate kiss on the screen was all it took to thrill the audience.

In 1930 movie industry leaders of the day set up a review board of their own. It was headed by an Indiana politician named Will Hays and became known as the Hays office. This office gave the "Seal of Approval" to movies. Their rules were very strict. Absolutely NO unwedded love could be portrayed as bliss. And you'd

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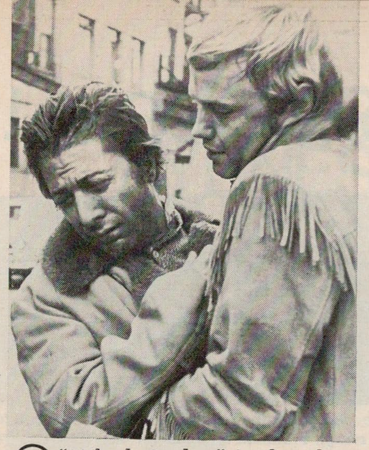
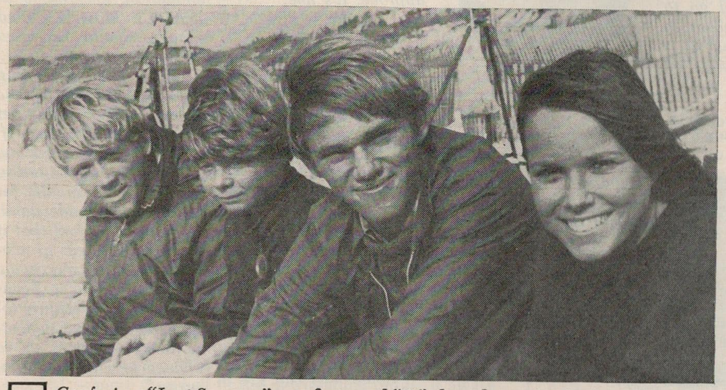


X *"Midnight Cowboy." Another title might be "Home On the Strange?"*

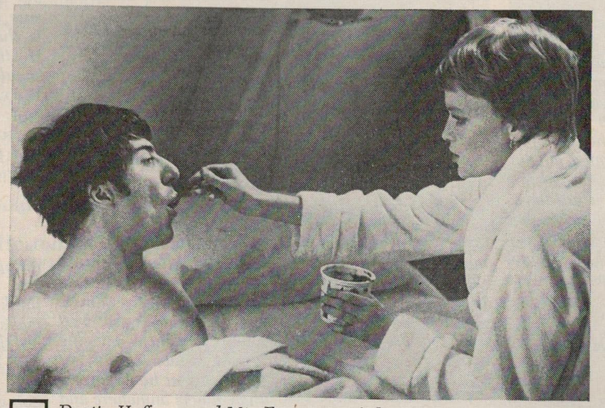
? *Solve our mystery! "Romeo & Juliet" came out before ratings were in effect. Some say it had an M-rating. Others say no. Do you remember? Write and tell us!*



R *Confusion: "Last Summer" was first rated "X," then changed to "R." Are the young stars of the film "R"-estricted from it too?*

R *Under-16's not allowed to see teenfav Cher in "Chastity."*

M *"The Sterile Cuckoo": student love story, but real students we"R"e kept out. Now it's "M." Why the change?*



R *Dustin Hoffman and Mia Farrow won't be teenseen in "John and Mary." Yet they're both popular with teens.*

R

Complication: "Easy Rider" = "R." "John and Mary" = "R." What does "R" mean anyway? Is it almost "X" . . . or what?

Minors Speak-out On Major Movie Prob!

Certainly not children, yet not officially "adults," teens are caught in between and are most affected by the GMRX issue. Here are the pro's and con's on ratings as you see it and tell it like it is!

"I think the ratings are pretty fair. I think it is a good thing to keep teens from seeing certain movies. However, I'm getting sick of planning to go to a movie and then finding out it's rated 'X.' There was an 'X' show shown recently, and I found out that friends my age went to it. So you see the rating code is not enforced here. I think it should be."

Margaret Frickey, 15, Bridgeport, Nebr.

"Yes, I went to a movie that offended me. It was 'Daddy's Gone A-Hunting,' and there were kids there who couldn't have been over 10 years old. And they showed previews for 'X' rated movies. Ironic? The ratings are unfair. What is needed is a rating that distinguishes trashy movies from beautiful movies where sex and nudity are part of the story, as in 'Romeo & Juliet.'"

Anne Gigliotti, 14, Creve Coeur, Mo.

"There's a time for everything. If you go to a show or get into any show when you're under age, that's one less thing you can look forward to when you do get older. My parents warn me that some movies can put a girl into a very embarrassing situation if she is with a boy, but they leave it up to my judgment as to what I want to see."

Susan Nelson, 15, Garfield, Wash.

"Movie ratings are unfair because if teenagers want to go to a certain movie and it's rated 'R' or 'X,' they can't go. Most of the movies are rated 'R' or 'X.' People should go to any movie they want to see no matter what it is rated. It all depends on how mature the person is."

Nancy Vogel, 16, Pittsburgh, Pa.

"Yes, the ratings code is enforced. I think it's very unfair because half of the movies have teens in them. Some of those restricted movies just have 'X's and 'R's to catch people's attention to make it more interesting."

Zita Rodriguez, 14, Pomona, Cal.

"My parents don't let me see any movies rated 'X' or 'R.' I can see any movie rated 'M' or 'G.' I think the movie rating is fair. I've never seen a movie rated 'R' or 'X.' I don't think it would be right for me to go to these movies."

Diana Tur, 14, Fresno, Cal.

"I think that it is only fair to tell the audience what to expect. So I think the ratings are fair. I also think that it's up to the individual teen to know if he or she is mature enough to see certain films. What movies I see is my choice entirely, because I am very choosy about what movies I attend."

Barbara Yoshioka, 16, Salt Lake, Utah

"Yes, I've seen films that offended me lately: 'Coogan's Bluff' and 'Goodbye, Columbus.' If you are with a date, those movies simply embarrass you to death with the nude scenes. It is sickening that the movie producers don't have any morals at all. I don't think they should have movie ratings at all. I feel that if they can't make movies for everyone, young or old, to see, then they shouldn't make movies at all."

Sylvia Kirkpatrick, 16, Seymour, Ind.

"Yes, the theatres enforce the ratings code. I hardly ever see a movie my parents don't see first. I think the ratings are pretty unfair. Sure, there are a few movies that not even ADULTS should see, but I think I am old enough now to decide whether or not a film is good. What is so bad about violence on the screen anyway? We get more of it at home on TV than almost anywhere and we can see that. I saw 'Romeo and Juliet,' and it is the best picture I have ever seen. I think they are a bunch of so-called 'mature adults' who think they can rate a film without seeing it. I think every person (except little kids) should be able to decide for himself. As for 'R' and 'X' – who wants to see 'I Am Curious (Yellow)' with a parent?"

Judy Merrick, 15, Minneapolis, Minn.

"The movie rating is really crazy, I think. If teens really want to see a movie and their parents approve, it's fine."

Mickie Wilson, 16, San Francisco, Cal.

"My parents suggest good movies but they don't prevent me from seeing certain movies. The ratings are neither fair or unfair. Some movies are rated 'R' when there isn't anything wrong in the movie. Teens of today know more than they used to. Why should they be kept from seeing what they already know?"

Alice Anderson, 17, Wildwood, N.J.

"Some kids can get in under 16, probably because they look older, but our town tries to make sure you don't get in. 'X' is the one that gets me. If it's that bad, they shouldn't be showing it. We've got three theatres and when we're bored, we want to go to a movie and then find out all are restricted!"

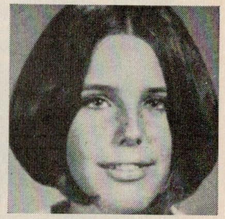
Jodie Jensen, 13, Idaho Falls, Idaho

"I personally think the ratings are very, very unfair. It's bad. 'Cause I think they really shouldn't make those kinds of movies that are rated 'X' or 'R.' Most of the young kids where I live dislike going to a movie like that. It's really disgusting."

Sheila Clements, 17, Franklin, La.

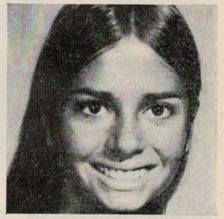
"Yes, the theatres enforce the ratings code. I think the ratings are fair and unfair depending on the case. I think it's good to keep teens away if it's too much rubbish. Bad if it's to help them in any way – they should see the movie."

Kathleen Higgins, 17, Fall River, Mass.



"I don't feel the age limit on 'R' rated movies is fair. I think the age limit on 'R' rated movies should be lowered to at least 13. Most 'X' rated movies should be rated 'X.' One exception is 'If.' Even though its rating was dropped to 'R,' the theatre still wouldn't let me in. I don't think 'If' would have warped my mind. Teenagers today aren't given credit for what they do understand. Everyone is afraid that if we are exposed to violence or sex, we're going to go out to try it. Teenagers are more mature today than in past generations. Just give us a chance to prove our maturity."

Denise Anderson, 14, Boise, Idaho



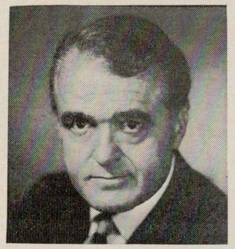
"I think the ratings are unfair to many teens. I feel you and/or your parents should decide whether or not a movie is going to be bad for you. Many mature teens could handle an 'X' rated film, while an adult might not be able to. Many artistic films are rated 'X' because of one scene in the whole movie. If a person can't decide which movies he can go to, what can he decide?"

Cindy Meyer, 15, Anaheim, Cal.

"I think the teens shouldn't see all the movies because it gives them the wrong impression about things today."

Barbara Allen, 11, Hollywood, Fla.

BIGWIG BYLINES



Movie Rating: A Review
by
Jack Valenti
President, Motion Picture Association of America

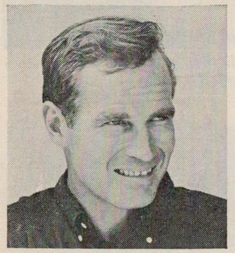
Rating of films is an act of lunacy, but it is preferable to the alternative of government censorship. The act of rating for an entire nation is very difficult, almost impossible, but it's better to leave for ourselves what the government ought not to do.

We must do a better job, a more effective job, of informing the American public what the symbols stand for and what the admission policies are for each of the categories. Not only must we communicate with more vigor and skill what the rating system means, but we must make it clear that the system does not rate movies for adults. *We rate movies for children.* We rate movies in order to inform *parents* accurately about the content of a specific movie so the parents can more intelligently guide the movie-going habits of their children. *We do not censor films and we do not ban films. We inform parents.*

Some "X" pictures I've seen are great. Many of them, I think, are just trash and garbage. But we get into trouble when we try to ban anything *per se.* You have to examine each picture as you do each person accused of violating the law – individually.

It is very hard to reach 200 million Americans and it is even harder to make them listen. The very fact that – according to a recent poll by Opinion Research Corp. of Princeton, N.J. – more than half of the movie-going public is aware of the rating system and that more than half of those who attend movies believe our rating system is useful is quite an achievement. It is truly a large and significant accomplishment to make such an impression on a busy public in such a short time.

But we have much unfinished work to do to make the rating system a full success. We can do it – if we keep integrity in our ratings, if the distributors and producers abide by the ratings, if exhibitors fully support the program and truly enforce the ratings at the box office. To do any less is to break our word with the community and with each other.



The Best Solution
by
Charlton Heston
President, Screen Actors Guild

I think the M.P.A. rating system is as good a solution as can be devised for the problem of protecting both rights of the film-makers and the audience. Of course the film-maker, as an artist, wants total creative freedom in which to do his work. He deserves it. The public also deserves a guideline on the films made for it.

This is about all the rating system is: a guideline. It does not control content, nor does it, in actuality, restrict. Up to this point, those films with the most restrictive rating often do the best business.

Of course, there are flaws in the system. Certainly many mature adolescents are denied access to good films because they are too young to see them. Certainly many appallingly bad films succeed solely because they have an "X" rating to exploit in their advertising. But only a fool rejects the best solution to a problem because it is an imperfect one. In an imperfect world there are even some problems for which there are no solutions at all!

A flick date is no longer an easy thing. Now you have to make sure you can prove who you are. It's like joining the army . . . or is it?

THE line was thick, and there were a couple of bored-looking ushers keeping it all straight. A Friday night in Hollywood is usually a big turnout for flicks, and this one was no exception. There I was with nothing for protection but my trusty reporter's note pad . . . kind of mulling around . . . hoping they wouldn't notice: I WAS A SPY AT AN "R"-RATED MOVIE. "Easy Rider" was the name – a film not fit for kids to see unless Mom and Dad came along too, said the Motion Picture Association.

Hmmmm, I wondered, as I watched the guy in the uniform check out the faces. The folks slowly made their way to the ticket office, where *two* – not one – ticket-taking gals sized up the buyers one by one. Back pockets were reached into, contents of purses got dumped into the guy's hands as one-by-one legal proof of identification came pouring out. Could a film be that bad, I wondered?

Not that I'm defending "Easy Rider" all that much. But, I mean, was it really all that evil? Suppose you went and saw it and thought the whole thing was creepy. Would it turn *you* into a criminal? Maybe you'd interpret it as a slam against the phoniness of All-American-type-America. Or you might be disgusted that these so-called heroes got their travel expenses paid by selling dope. It just might make you think. Are teens too young for that?

And does a teen mature all that much between the age of 15.9 and 16.0? *Who Are They Kidding????*

And then, just to argue with yourself on the issue – what if there weren't any ratings at all? Would "Easy Rider" have ever

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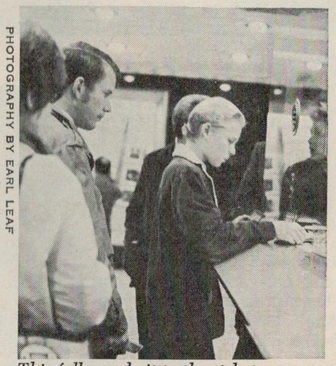
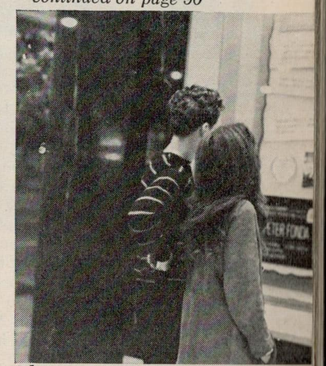
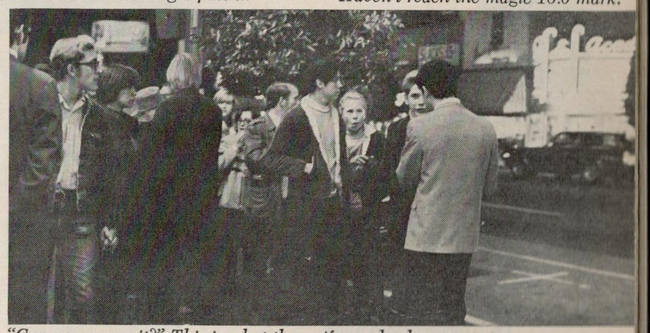
PHOTOGRAPHY BY EARL LEAF



This fella made it to the ticket window but will he get past it?



This young pair got turned away. Haven't reach the magic 16.0 mark.



"Can you prove it?" This is what the uniformed usher wants to know. I.D. checkpoints happen twice before you get in the show.

I was a Spy at an R-Rated Movie

Undercover Cover Girl

ARE movie ratings enforced or CAN a teen sneak into an "R" or "X" film? Find out!

Step 1: Mark and Jeanie find "X"-ceptional flick.

Step 2: Check out the ads.

PHOTOGRAPHY BY EARL LEAF

"Motion pictures with ratings of 'R' and 'X' are supposedly off-limits to teens under 16. For an 'X'-rated film in California, you must be 18 to get in. At an 'R'-rated film you must be accompanied by a parent if you're under 16. These are the rules, but *are* they always enforced? Your mission — should you decide to accept it — is to try to crash the 'R' and 'X' scene. . . ."

Jeanie Washburn, 'TEEN's 15.9-year-old super model and special undercover agent, listened carefully to her instructions. Then — with accomplice Mark Madrigal, 16 — she set out to tackle her secret super-sleuth assignment.

First target: "X"-rated "Midnight Cowboy."

Lingering in the shadows near the theatre, the 'TEEN reporting team watched and waited, silently, breathlessly, as zero hour approached.

4:25 p.m.: Jeanie and Mark walked up to the theatre and examined the evidence — posters and signs for the film with the "X" rating clearly visible. They quickly reviewed strategy.

4:27 p.m.: The super-sleuth duo approached the box office slowly, deliberately. In moments of stress the most important rule: Keep a cool head. 'TEEN's dynamic duo knew all the rules. The unsuspecting cashier was chatting on the phone.

"Two, please!" said Mark.

The cashier hardly looked up. "Three dollars each. . . ." she replied.

At that moment a 'TEEN photographer leapt from the shadows and recorded the event for historical evidence. The cashier dropped the phone — stunned. A nearby usher nervously offered further evidence: "We don't enforce the code too strictly," he murmured, glancing furtively around and keeping his tone confidential. "We

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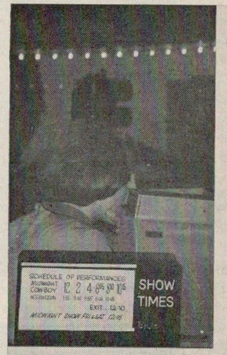
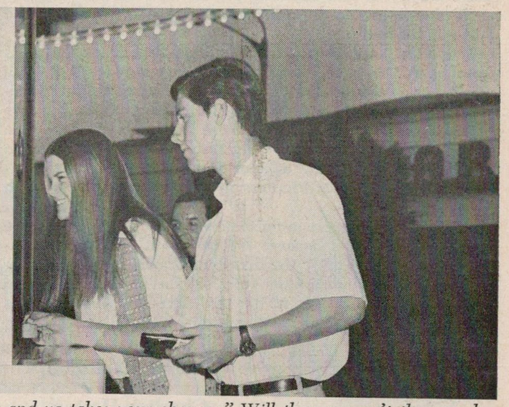
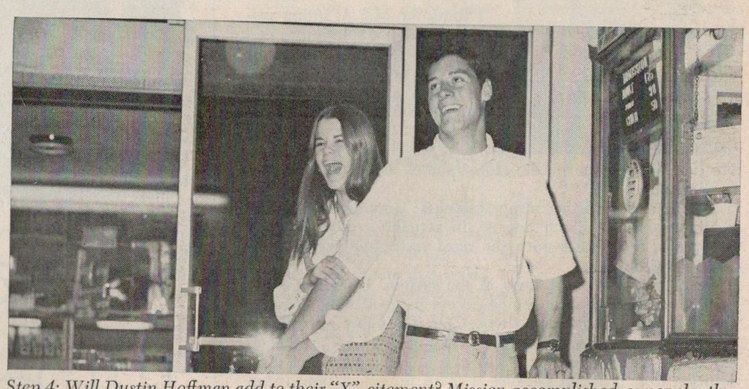




Step 3: "Ya pays your money and ya takes your chances." Will they or won't they crash the "X" scene? Suspense builds. But the undercover team play it cool.

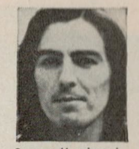


Step 4: Will Dustin Hoffman add to their "X"-citement? Mission accomplished, super-sleuth duo waits for team of 'Teen reporters to whisk them away for another "Mission Impossible."

sew-lar system

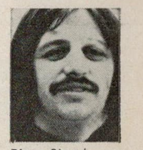
suit yourself

Sew-lar objects really put you in orbit. The zodiac predicts that sew great do-it-yourself clads are the way to suit yourself and sew up the future. *Left:* Well-suited and jumps ahead is this great one-piece jumpsuit that's a real style star. Wear it alone or with a mix 'n' match blouse. Simplicity Pattern #8744, sizes 8-18, 85¢. *Center:* Follow suit. The spirits foresee material things in your future. Green solid tunic skimmer toppling over multi-stripe slacks shows you're using good astro-logic. Simplicity Pattern #8689, sizes 7-11/10-18, 85¢. *Right:* Cindy's got her "celestial" scene covered. Be a heavenly body in a suitable trio that will make you "seam" even foxier than you are. Three shades of orange with pattern perfect in-vest-ment skirt the issue that is pant perfect on our cover. Simplicity Pattern #8694, sizes 8-16, 85¢. Photography by Edward Handler.



George Harrison/
Pisces

Paul McCartney/
Gemini



Ringo Starr/
Cancer

John Lennon/
Libra

Alexandra Hay/
Leo

Joni Mitchell/
Scorpio

Gary Puckett/
Libra

Rosalind Russell/
Gemini

Interviewed and Written by Sally Soares

PHOTOGRAPHY BY BERNARD NAGLER

Roses are Red
Violets are Blue

Karen's Valentine

On 222!

At the ripe old, antique age of 22, Karen Valentine is back *again* in 'TEEN Magazine. Again? Sure! Don't you remember the February, 1964, cover? Well, just on the off chance you don't, Karen was the bouncy-looking gal jumping in mid-air – a pic taken as she won the Miss Teenage America Talent Award of that year!

In case the name doesn't ring a bell, she's now that kooky student-teacher on Room 222. And to tell the truth, she's *different* even in real life. If you were a blade artist you could call her a weirdo, but frankly, we just see her as a lovable kook – with a heck of a lot of good sense mixed in.

How does a gal from a small farming town make it all the way to *starring* in a series anyway? So often you get the feeling a successful actress has to "know somebody" or "study formally" in New York. Karen's the exception that proves the rule: if you've got talent and determination, wonderful things can happen. Just to prove it, this month we're doing Part I: "Diary of A Small-Town Girl." Watch for Part II: "Making Good In The Big City" next month. It's an unbelievable story – but it's all true!

Karen probably isn't a lot different from you. She was raised in Sebastopol, California, a small farming community quite a bit north of San Francisco. The mood is of beautiful rolling land, peaceful families. The hub of that area is another slightly larger-small town called Santa Rosa which has a never-uptight quality about it. Karen was one of two daughters, and her sister, Valerie – considering the family name – had the good manners to actually be born on Valentine's Day.

As Karen remembers it, we had our first clue on the ultimate cute-kookiness of her:

"If you go way back, when I was very little, I was really ugly." (She makes the point with a funny expression, and her hands work *all* the time.) "My sister, Val, is three years younger, and she was, naturally, the 'baby' of the family. She was the perfect child then – beautiful and personality-plus. I mean, if she even so much as looked at a piece of fruit on the table at a neighbor's house, the neighbor would take the whole dish and hand it to her and say, 'Here, honey, take it all home with you.' (She emphasizes the point with a lopsided smile.)

"So here I was in the seven to nine-year-old stage and I was really gawky. You know, where *everything* grows except your body! That's when I took up the accordion – my first effort at performing. My best number was the 'American Eagle Waltz.'" (giggles) "Oh, I also had another great solo which I used to do at ladies' club meetings – 'Red River Valley'!"

"At about that same time I used to do shows at a kids' camp. One of the plays they did was 'Sleeping Beauty,' so I went around for days seeing myself as the star. Guess what? I was one of the three fairies instead! It really crushed me!"

We couldn't help wondering if Karen and her sister got along then:

"Oh, yes, we were very close. When we were kids and played make-believe, we always got along because she would play the grown-up lady and I would play the man."

'TEEN couldn't help feeling that despite the 'Ugly Duckling' role, it hadn't bothered her all that much. Don't you agree?

All was not a bed of roses (ducks?) for this hometown gal – mainly because of chickens. Chickens???

"Chickens are very vicious," she explained, "and they come after you from behind! We lived on a chicken farm, so we had lots of chores – including getting the eggs. My sister and I worked as a team. One of us would take the eggs, and the other would stand behind, facing the opposite direction, with a broom.

"One day a particularly vicious rooster came after us in the egg house. I saw him coming and slammed the door shut. 'Whew,' I chuckled as he ran right into it. I was really pleased with myself as I slowly backed up away from the door and SPLAT, I stepped right into a basket of 200 eggs. You know, I waited for two months before I had the nerve to tell my dad why production was 'down' that day?"

Was that the only farm chore Karen didn't like?

"Oh, no!" she answered quickly. "One summer I had this great idea for earning money for school clothes. I asked a farmer up the road if I could pick apples during vacation. Now I should add my father was always teaching us things like 'Don't start anything you can't finish.' So off I went to make loads of money on this great summer job. Well, the first day, by the time that day was over, I couldn't even stand up straight. I was all bent over from stooping and I never hurt so much. Plus, I used to go on my bike and it was downhill in the morning and *uphill* coming home!"

"So I came home that night and I said (all hunched over and gasping) 'Dad, I don't think I can do it!' Naturally, he told me 'Don't start anything you can't finish!'

"So I spent that whole summer picking apples. And the other girls who picked were really eager beavers," she laughed. "They used to get up at 5:00 a.m. – before it was even light – to get there first. If I didn't get there early too, there wouldn't be anything left. I think I earned about $40 that whole vacation.

"And that's when I decided 'I'm NOT going to do this hard labor for the rest of my life!'"

Karen didn't spend all her time doing chores, though. At Analy High School she found time to take a college prep major, be a cheerleader and belong to the Future Teachers of America.

"I thought then that I wanted to be a teacher. And I was interested in drama, so I thought I'd be a drama teacher. I was a student assistant in this drama class, and when kids were rehearsing, I'd say, 'Here, let me show you how I'd do it.' Well, I think I spent more time on that stage than the kids did – and that isn't right if you want to be a teacher – so I began to realize that maybe I'd better try to perform instead of teach."

And just so your impression won't get crumpled, it wasn't all smooth sailing for Karen either.

"I was the chairman of the Analy High School Senior Night Dance, and no one asked me to go! When the other kids found out, they got together and found someone to ask me. Can you imagine that?"

At 22 Karen comes on as a person who's truly fun to be with, very natural and very aware of other people's feelings too. Maybe that's because despite the good luck as Miss Teenage America it wasn't always that easy for her either. You might think she's the kind of girl who was always popular *but* you're wrong.

"How does a girl become popular? Gee, that's a hard question for me to answer. I don't know. I guess by being friendly and having a smile for everyone. Cliques can be so cruel. I remember when I was in the eighth grade. There was a clique at our school, and I wasn't in it. I just felt terrible because I didn't belong. I found out just *how* unpopular I was one time when I opened a schoolbook and someone had written on it, "Karen Valentine is as pop-

continued on page 90

In high school, Karen did her hair in a bubbly pixie and wore no make-up at all.

Surprise! At the Miss Teenage America Finals, Karen's talent whizzed her off to be on Ed Sullivan's show.

Here's our gal in 1964 on 'TEEN's cover as she did her award-winning dance number.

sky-gazing clads

It's all in the stars! Go on your very own horoscope hunt! Get with the gals who've gone sky crazy. 'TEEN's gypsy lady says that classic clads foretell a bright fashion future! *Left:* Be your own mystery maker, Pisces, with a picture-perfect put-on to make you the center of *his* universe. Two-piece striped stunner in navy and white puts your stamp of originality on it all. Mini-clad tunic top with navy trim, sizes 5-15, about $20. Matching pants, sizes 3-15, about $17. *Right:* Wake up, Aquarian dreamers! It's your age, you know, and time to shine in starry splendor! Self-reliant, you'll luv a go-anywhere navy knit that'll be sure to make you his favorite star anywhere you wear it! Sizes 5-15, about $20. All by College Town of Boston of 100% cotton.

Starry sparklers by Coro. Scarves by Vera. Perfect pantyhose by Hanes. Star-stepping shoes by Sandler of Boston.

YOUR BEAUTY BAG: *"Feet first" is a Pisces motto. Keep yours cool with "Cool Boots" foot powder by Tussy. Super shiny hair's important to Aquarians. Go on a be-kind-to-yours campaign with a foxy conditioner like Kindness by Clairol.*

Leigh Taylor-Young/ Aquarius

Bill Bixby/ Aquarius

Jim Brown/ Aquarius

Bernadette Peters/ Pisces

Peter Graves/ Pisces

Barbara Feldon/ Pisces

John Sebastian/ Pisces

PANT-ASTIC! Pants make (k)nifty news on the zodiac scene for active Aries and Taurus teens! On-the-go and in-the-know, they'll be stars that'll shoot into the fashion orbit with pizzazz! *Left:* Adventurous Aries! That's you! A real doer, you don't just talk about projects. You put 'em into action! Real action-packed put-ons are your beat. Come out wearing (k)nifty knit purple hip huggers and go-together top and see what a sensation you'll cause! Top, $8. Pants, $14. *Right:* Think positive! Stripe up the scene and make your star shine bright! Outdoorsy Taurus teens'll go for multi-colored striped pants and matching tank top. Pants, $15. Top, $10. All by Hang Ten, division of Charlie's Girls, of 100% cotton knit, sizes 3-13.

YOUR BEAUTY BAG: *Taurus teens luv lipstick. Latch on to Yardley's new Slickerscope collection like new Rosy-in-the-Sky. Active Aries should try wowing your major animal with woodsy Woodhue Cologne by Faberge.*

Bette Davis/ Aries

Herb Alpert/ Aries

Don Adams/ Aries

Debbie Reynolds/ Aries

Michael Parks/ Taurus

Shirley Mac Laine/ Taurus

Rod McKuen/ Taurus

signs of the times

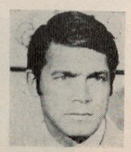
Chart your way to your very own horoscopic happening in (sk)eye-catching clads that add zing to any zodiac sign. *Left:* There are two sides to everything! Terrif two-piece beige knit duo is geared to set Gemini gals spinning in a fab fashion orbit. Short sweater with button-down front, $15. Skirt. $13. *Right:* Hear ye! Hear ye! Moon missies won't miss out being part of the fashion SEEN when they show up in a beige mini-clad that puts star POW-er in a moon maid's galaxy. $21. All by Ellen Tracy of 100% cotton chenille in sizes SML.

Starry sparklers by Coro. Scarves by Vera. Perfect pantyhose by Hanes. Star-stepping shoes by Sandler of Boston.

YOUR BEAUTY BAG:
Hands up, Gemini's! Gemini's the sign for hands. Keep nails beaut(y)ful with Cutex nail polish. Moon Maids be prepared to face the scene with UltraLucent Face Glazer, new Clear Face Tints by Max Factor.

Clint Eastwood/ Gemini

Dylan/ Gemini


Chad Everett/ Gemini

Kim Darby/ Cancer

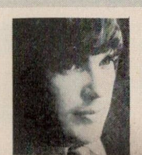
Phyllis Diller/ Cancer

Olivia De Havilland/ Cancer

Mark Lester/ Cancer

Sky-sparkling style is in the stars for Leo lassies and their Virgo pals! Ready to shift to each of their moods, simple gear goes great! *Left:* Leading Leos luv the bright! True-blue ribbed put-on of Enkalure® puts star greatness in your galaxy. About $27. *Right:* Green and white get together for a simple style-setter of polyester knit with star pow-er! About $30. Both by Periscope 21 by Lanz. In sizes 5-13.

BEAUTY BAG:
Sunshine bright should be Leo's motto for hair. Keep it that way with White Rain Shampoo by Toni. Clean, clear skin is part of Virgo's neat scene. Noxzema helps keep it that way.


Jim Webb/ Leo

Mick Jagger/ Leo

Mae West/ Leo

Rafer Johnson/ Leo

Peter O'Toole/ Leo

Leonard Bernstein/ Virgo

Elliot Gould/ Virgo

constellation clads

It's astro-logical! Red, white and blue make clad luvliness logical on the outasite star scene! *Left:* Keep your balance, Libras, and get set to top the scales in *your* favor. Harmony's your bag, so show up sporting a foxy cotton/rayon clad with tuned-in stripes. Sizes SML, about $17. *Right:* Swing out, Scorpios! In-the-know Scorpio sweeties are red-dy to race to where the fun is in a red-ribbed double knit skirt and go-together top. Both, sizes 3-13, about $12 each. All by Bobbie Brooks.

Starry sparklers by Coro. Scarves by Vera. Perfect pantyhose by Hanes. Star-stepping shoes by Sandler of Boston.

Rita Hayworth/
Libra

Richard Harris/
Libra

Petula Clark/
Scorpio

Terry Reid/
Scorpio

Katharine Hepburn/
Scorpio

David Hemmings/
Scorpio

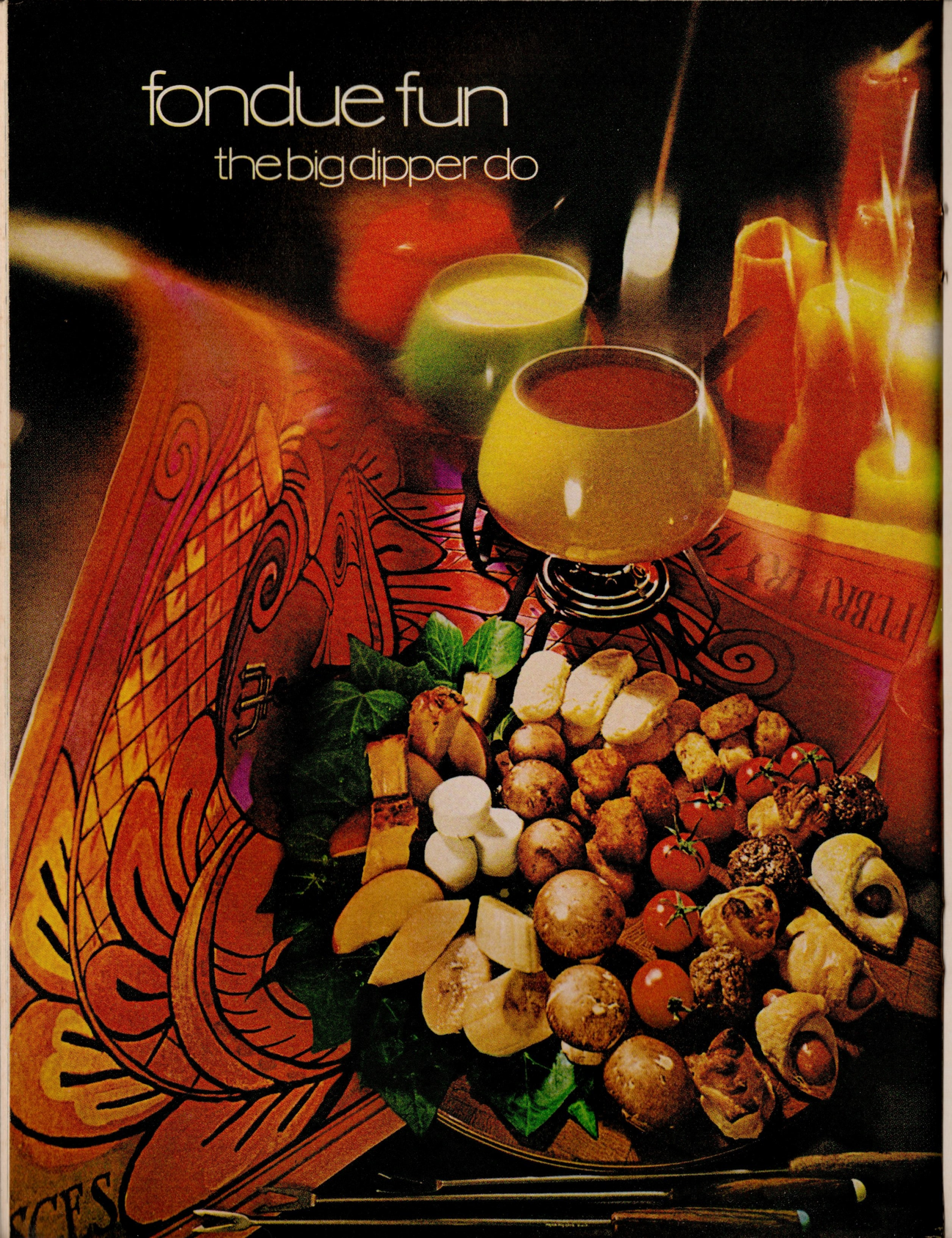
Rock Hudson/
Scorpio

CONSTELLATION OF COLOR!
Light, bright clouds of color make constellation news on the star-gazing scene for Capricorns and sporty Sagittarians. *Left:* Sporty Sagittarians sprint on the scene in together-type clads that outshine all competition! Be a crowd stand-out in a peach of a put-on! Newsy knit pants and go-together top make shining like a star simple. Top, $18. Pants, $17. *Right:* Practical-ly perfect put-on puts Capricorn cuties high on the fashion pop charts with POW! A foxy knit combo of long, long sweater and swingy skirt fits your need for perfection and will fix his attention for sure! Sweater, $17. Skirt, $15.

All by Miss Pat. Sizes SML of wool boucle.

Frank Sinatra/
December 12

Susannah York/
January 9



fondue fun
the big dipper do

star-grazing

Get cooking with the perfect party plan!

It's written in the stars that a fun-do fondue fling will make you everybody's favorite sun sign. Star-grazing is an "in" way to be a horoscopic hit with all your fellow astrology addicts. Add astrological flavor to your celestial caper by hanging bright-colored zodiac posters all over the walls.

For seating arrangements with a horoscopic flair seat your guests at a place that's all signed up for them. Purchase a plain white tablecloth and then star-stud it by drawing each guest's zodiac sign in the place you want them to sit. If you're inviting more than one person for each sign, you'll have to include names too. Make sure you draw zodiac emblems on white napkins to match them up to the tablecloth.

Do your guests a favor and see if you can find some groovy zodiac mugs to mark their spot too. You can serve all kinds of fun brew in them, and when the party's over, your guests can take them home as a gift.

Any way you do it, star-grazing is a sure way to plot a perfect party. Big dipper pots of cheese fondue just have to be a fun way to a fantastic astro-logical feed. And topping it off with a chocolate fondue dessert is a sure flavor to win favor with the stars. Just chart your course carefully, and your zodiac party is (star)bound to turn out right. Big and little dippers at a zodiac bash will make sure all the signs point your way.

Star Grazers

Fondue a la Leo

Heat Campbell's Cheese Soup undiluted over low heat, stirring until smooth. (You will need about five or six cans for a two-qt. fondue pot.) Season to taste with Tabasco and/or chili sauce, catsup, garlic salt, onion juice, nutmeg, paprika, etc. Place over fondue burner to serve.

Fondue a la Aries

(tomato fondue)

Heat two cans Campbell's Cheese Soup with two cans Campbell's Cream of Tomato Soup, stirring until smooth. Stir in two cups shredded Kraft Natural Swiss cheese until melted. Do not overheat. Season to taste as desired. Place over fondue burner to serve.

Fondue a la Gemini

(chocolate fondue)

Heat contents of four cans of Betty Crocker Frosting (to fill a two-qt. fondue pot) over hot water or very low heat, stirring until smooth. Place over fondue burner to serve.

The Little Dippers

For cheese fondue —

Hot dogs in Blankets

Unroll dough from a package of Pillsbury's Crescent Dinner Rolls. Separate into eight triangles and cut each triangle into three smaller ones. Place an Oscar Mayer All-Meat Little Wiener on each triangle and roll it up — starting at wide end of triangle and rolling up to opposite point. Place rolls point side down on ungreased cookie sheet. Bake at 375 degrees about 10 minutes or until golden brown. Makes two dozen.

Mini-Moonballs

With fork, lightly mix two lbs. of ground beef (chuck is preferred), one egg, one cup Nabisco Cracker Meal, two tbsp. minced onion, two and a half tsp. salt, pepper and other seasoning to taste and ⅔ cup milk or ice water. Shape into small balls and brown on all sides in hot fat in skillet. Makes about two dozen, depending on size.

Miniature Puffs

Add ½ cup Kraft margarine to a cup of boiling water in a saucepan and heat until margarine is melted. Turn heat down and add one cup sifted flour and ½ tsp. salt. Stir vigorously until mixture leaves the side of the pan in a smooth, compact ball. Promptly remove from heat and add four eggs, one at a time, beating until thoroughly mixed after each addition. Drop mixture by rounded teaspoonfuls on to a lightly greased cookie sheet. Bake at 400 degrees for 30 minutes. Cut a slit in each puff and carefully fill with cream cheese, canned deviled ham, liverwurst or other filling. To eat, spear puffs with fondue fork, dip in cheese fondue and eat. Makes about 16. Or plain puffs may be speared and dipped in either cheese or chocolate fondue.

Little Dippers Without Much A-do

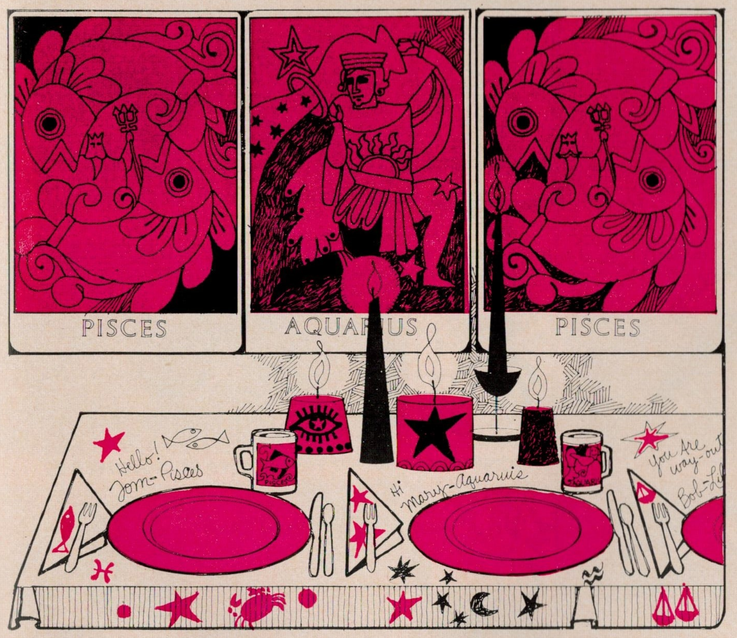
Cherry tomatoes
Fresh or canned mushrooms with stems

Breaded scallops — *heat as frozen package directs*
Fishsticks — *heat as package directs*
Ore-Ida Tator Tots — *heat as directed*
Zucchini sticks or chunks
Raw cauliflowerets
Oscar Mayer Little Smokies
Celery sticks

The Little Dippers

For chocolate fondue —

Apple wedges, Fresh pear chunks, banana chunks, Seedless grapes, Papaya chunks, Mandarin orange sections, Fresh pineapple, Kraft marshmallows, Lady Fingers, Angel cake chunks, Del Monte canned fruits *(drained and cut into dipping pieces) (Fresh fruits should be bathed in fruit juice to keep them from browning while standing.)*



RICHARD ELLESCAS

Create a star studded party decor to make your zodiac party look as fun as it is. All you need is a dash of creative thinking blended with a little bit of astro-logic.

Photography by Robert Stein. Food coordinator, Dorothy White.

starry-eyed beauty

CAPRICORN

DECEMBER 22-JANUARY 20

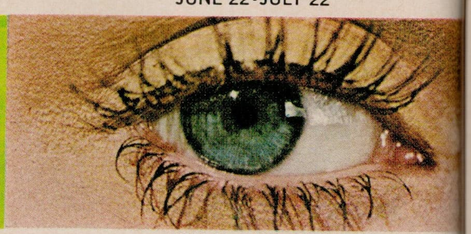
CANCER

JUNE 22-JULY 22

AQUARIUS

JANUARY 21-FEBRUARY 19

LEO



JULY 23-AUGUST 23

PISCES

FEBRUARY 20-MARCH 20

VIRGO

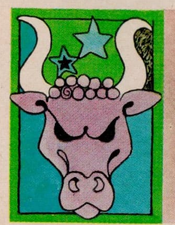
AUGUST 24-SEPTEMBER 23

ARIES

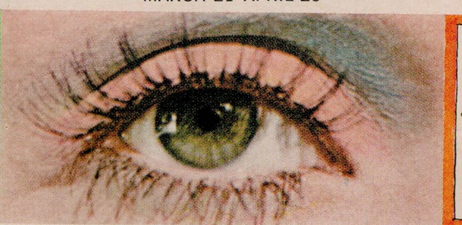
MARCH 21-APRIL 20

LIBRA

SEPTEMBER 24-OCTOBER 23



TAURUS

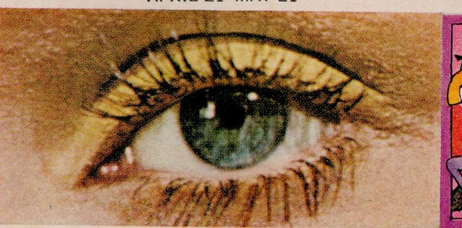


APRIL 21-MAY 21

SCORPIO

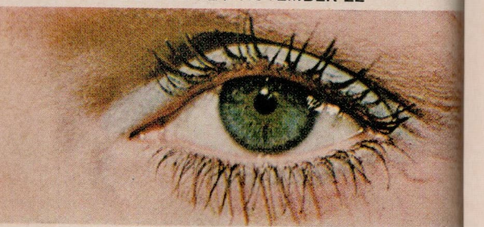
OCTOBER 24-NOVEMBER 22

GEMINI



MAY 22-JUNE 21

SAGITTARIUS



NOVEMBER 23-DECEMBER 21

Give your face a lift. Eye do's make yours stand out in a crowd. Be you-nique. Star-gazers scrape the sk-eyes as zodiac eyes chart out your beauty course.

Capricorn

If you're a **Capricorn** gal, your color is green, so Capricorn eyes make great green go-togethers. Blend shades of green or do an all-over swoop of a solo shade. With Glowing Sigh Shadows in Soul Jade and Lights color, shade all over the brow to lid area. Then add a thin line of Sunshine 'n Sand Glimmerick in your crease line to add an eye-light to your makeup markings. Guaranteed to keep his eyes winking you way.

Cancer

Cancer's color is violet, and the metal that goes with the sign is silver. Put them together to cheer up that crabby, no makeup eye. Lavender Lace Glimmerick is painted above the eye, below it and to the side, forming a circle of color. Quicksilver Glimmerick highlights the scene as a line is drawn in at the eye crease. Deep set Cancer eyes have very definite marked brows. So Cancer gals need to shape up with a tweezer.

Aquarius

Aquarius gals come of age in bright blues that are your sign of the times. Water bearers should bear in mind that really together shades of blue finished off with a final dash of mascara are sights to set your eyes on. Sunshine 'n Blue Glimmerick is a water color Aquarius gals can paint their "seen" with and make sure their eyes say look at me. This is the age for Aquarius eyes to rise and shine.

Leo

Ruled by the Sun, **Leo** gals are golden gals, and their eyes have the Midas touch. Here a glimmering gold powder in Glowing Sigh Shadow's Soul Earth and Lights shade is applied to the Leo eye from lid to brow. An added touch is a thin line drawn under bottom lashes. Take to the brow with Now Brow in light, medium or dark brown. It's a powdered brow to give a natural soft look to the eyes.

Pisces

Poetic **Pisces** say eye-eye to the soft shading of Sunshine 'n Green Glimmerick. Darker green line is drawn close above the lash line of the upper lid and swoops in below to put the accent on the eye. From there it's soften up by adding a little more water to your color. This way your eyes are bound to have that daydreamy look of a foxy Pisces gal. The more color you add, the lighter, more water-y your color becomes.

Virgo

Grey and blue are **Virgo** colors, and your eyes can be a blend of both. A blue line of Soul Turq and Lights thinly brushed on the lid and in the crease of the eye highlights the touch of Foggy Gray Sigh Shadow that's lightly painted in the area above the brow. Apply Foggy Gray at the side of eyes too to give Virgo eyes a well-well-rounded look. Soft color is the eye way to make you a peeping beauty.

Aries

If you're an **Aries,** you're usually all fired up. So cool off your eye scene and go pale in a light green eye your friends will envy. Your Glimmerick Water Color set will help you blend green and white to mix and match just the right shades of green. So make like fellow Arian Vincent Van Gogh and paint them up. Make sure color is heaviest on the lid and then add a dash of English Eyelighter on the browbone.

Libra

Taking Soul Blue Glowing Sigh Shadow for your color and the copper color of **Libra's** metal, the often-artistic Libra can do an eye that's all her own. At crease, blend Soul Earth and Lights shadows, finishing off the eye with a dab of Stop White Glimmerick just below the brow. For a real eye-opener use London Lashes Lash Lengthener — the lengthener that gives the look of fake lashes.

Taurus

Blue and pink is the color clan that **Taurus** teens are sporting. So it's think pink as Little Girl Pink Glimmerick is brushed all over the eyes. Then make way for a crease line of Sunshine 'n Blue that stands for that Taurean stubborn streak. Lash out with Lash Galore mascara on top and bottom lashes to fringe your eyes in a fancy way. The pastel eye paints your seen and makes sure your outlook is good.

Scorpio

Your eyes steel the show. Steel is the metal of **Scorpio** gals, so the Scorpio eye has a steely look to it. Generally, Scorpio eyes are dark eyes, and they're set off nicely by a shimmery touch of Quicksilver eye color with Little Boy Blue on the lid for softness. Use Lash Galore waterproof mascara on uppers and lowers for that finishing touch and lash out against dull eye do's. With well made up eyes, your batting average is great.

Gemini

Gemini-eyes are often gray or hazel but of course Gemin-eyes come in all other shades too. For the most part the stars tell us that Gemin-eyes are bright and expressive and tend to be on the smaller side. So the color to go with to make you wide-eyed is the Gemini color — yellow. Paint Yellow Frills Glimmerick all over the lid and up to the brow for a real eye-opening look that will focus his look on you.

Sagittarius

The gal with a twinkle in her eye just might be a **Sagittarius,** since bright, dancing eyes are a characteristic of the sign. Here Stop White is mixed with Sunshine 'n Blue Glimmerick to encircle the Archer's eye and make a bull's eye winner. A thin line of English Navy eyeliner rubbed into the eye crease with the finger gives a dash-ing touch of blue that will set the eyes off in star-gazing stare style.

Makeup by Yardley of London. Eye Designs by Christina, Christina's Boutique, Los Angeles, Cal. Photography by Bud Fraker.

the celestial body

Your figure future—does it figure up? If not, it's time to bring your head down from the clouds and size yourself up. What's the results—not too good, huh? It seems the stars don't chart you to much in the way of fun and excitement seeing as your celestial body is way outashape when it could and should be way outasite.

Well now, don't fret! The stars may not hold much for you now, but if you take heed and listen, we may have some bright answers to give you a star-bright and "light" future. The way to shape-up so that you can have a shape sharp enough to make him starry-eyed is to follow some simple rules and regulations of diet 'n' exercise.

It's not that hard; it just takes lots of work and a great deal of determination on your part. But if you want to slip into a slim and shapely figure, then set your sights on the sky because "the sky's the limit!" The important thing to remember is that no *body* is perfect, and that's for sure! Everybody has some figure problem either here, there or everywhere. But now's the time to bid farewell to your excess weight and say hello to a great new shape. And if your figure figures out to be a flat nothing, don't worry. There's help for you too.

A heavenly body—it's nice to have. And not all that difficult to achieve for the gal with stars in her eyes who wants fun in her life.

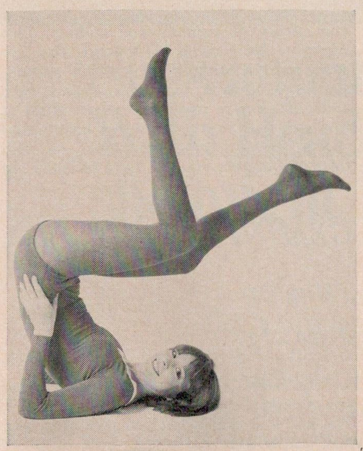
Did you know that each of the astral signs influences a part of your heavenly body? Let the 'TEEN astrologer teach you how to exercise the astro-logical way. Begin by creating good exercise habits. To get the fastest and best results, try to do the exercises at the same time every day and in the same place. If on some day you're especially tired and you really feel like skipping the exercise routine, just skip part of them. It's important that you do at least a few each day. If you don't feel you can stick to exercising, try doing them with a friend who also wants to shape up. Now here are exercises from Capricorn to Sagittarius that will make for a tip-to-toe celestial shape-up.

CAPRICORN

Knees are the body area ruled by this sign. A lot of walking and climbing like a mountain goat is a great way for you to keep your knees shapely. But if you don't have time every day for outdoor activity, try this: Stand erect, hands on hips, legs 12 inches apart. Slowly lower body to a sitting position. Try to keep soles of feet flat against the floor (this will be hard to do) without back of heels rising. Now, slowly raise yourself into erect starting position. Do this slowly — about 10 times — and increasing count by one each day until you reach 20.

AQUARIUS

Your calves are the body area ruled by this sign. If yours need to be shaped up a bit, try the trusty old "bicycle" exercise. Great for thighs too. The astrologer says that with the proper weight for your build and enough exercise you'll always look young — so go to it!



PHOTOGRAPHY/BARBARA & JUSTIN KERR

PISCES

Pisces rules the feet. Exercise your feet and ankles to keep them strong and shapely. Stand with your palms against the wall. Raise up on your toes and drop down to your heels. Do this 25 times just as fast as you can — up and down, up and down.

ARIES

Aries rules the head, so hold yours high. Practice walking around with a book on it. Remember that perfect posture can make you look much shapelier and slimmer. A lot of outdoor exercising is written in the stars for you too.

TAURUS

Your neck and throat are ruled by the sign of the bull. Relaxing exercises are best for you. Guard against a saggy neck or throat by standing straight, hands at sides. Throw your head back as far as possible until you feel the muscles pulling. Keeping head back, drop your chin. Now open and close your mouth. Repeat several times.

GEMINI

Your arms are ruled by the Twins. Want yours to be graceful and limber? Standing, place fingertips lightly on your shoulders. Now rotate your elbows, making large circles first to the back, then to the front — s-l-o-w-l-y.

CANCER

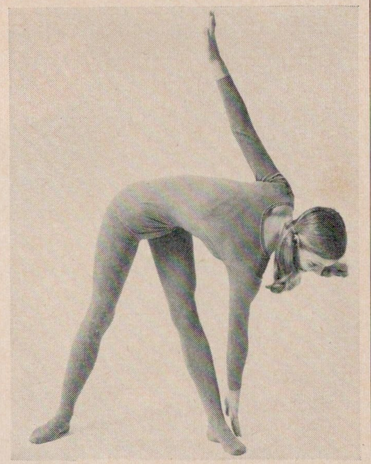
Your chest is ruled by this astral sign. For a firm, uplifted bosom, stand with feet apart and revolve your arms in a wide, vigorous circle. To make the most of your shape, always keep a straight back and an up-and-in tummy.

LEO

Your heart is ruled by the Lion. Remember to take care of it by exercising sensibly. Don't overexert yourself so much that you get winded. Start by doing your exercises only a few times and building up gradually.

VIRGO

Here's the sign that really hits home. It rules the stomach! The best exercise for tummy and hips is this one. Stand with feet 12 inches apart, arms outstretched at each side and level with shoulders. Now bend forward and twist to left side, touching right hand to left foot. Try to keep arms out with twisting done at waist. Now reverse direction and twist to right, touching left hand to right foot. Do exercise quickly . . . about 10 times to each side.



LIBRA

Your back is ruled by your astral sign of Libra. Keep yours straight and supple by stretching for the stars every day. Standing upright with arms in a natural position, stretch all muscles as high as you can toward the stars. Come up on your tiptoes, stretch your back, your stomach, your chest, arms and even your fingers. Come down and do it again.

SCORPIO

Scorpio rules the waist, and what a shame if yours isn't heavenly. Here are exercises that will take inches off in only weeks: (1) Stand erect, hands on hips, legs 12 inches apart. Swing upper torso from hips to the right as far as you can go. Do exercise quickly . . . about 15 times in each direction. (2) Stand erect, hands on hips, legs 12 inches apart. Swing torso from waist and hips to right side as far as you can go. Reverse and swing to left. Do exercise quickly . . . about 15 times.

SAGITTARIUS

The archer rules your thighs and hips. If you want to have really smooth and firm inner and outer thighs, better do this easy exercise every day. Assume a graceful, balanced position. Have left arm at least at shoulder level. Now kick up with left leg as high as you can. Do 15 times, then reverse position and kick another 15 times with right foot.

the celestial body the weigh to go

It's the Age of Aquarius, and you want to be in it as a super-shining celestial body! Your 'TEEN astrologer charted your transits to bring you a horoscope reading on health and dieting just for you. Be sure to read the zodiac message for every *sign, because each is filled with heavenly hints that will relate to you. Now read on to find out what your star-power shape-up plan should be if you want to have a celestial body.*

CAPRICORN

(December 22-January 20):

Conscientious, cautious Capricorns control their energy well. Usually you don't have time to munch on potato chips and candy bars that you know are bad for a heavenly figure and pretty skin too. Lots of times you burn up energy faster than Mom Nature can restore it, so you may be a skinny solar star. If this is true of you, be sure to make time for healthy snacks like milk and your favorite cookies that Mom whips up before you come home from school. The other side of the Capricorn sign is one who loves to snack on different goodies.

Here are some heavenly hints on what all Capricorns need to keep a figure that's fit to rule a solar system. If you're born under this sign, you need lots of calcium and phosphorous. Calcium will help keep your bones strong and shapely — eat a lot of spinach, asparagus, oranges, lemons, tomatoes, onions, cabbage, carrots, apples and whole wheat. Get your phosphorous from seafoods, egg yolks, beets, brown rice and brussels sprouts. If you don't need any extra padding to look like a space-age queen, then heed this warning from your own personal 'TEEN astrologer. You need warm foods that will stimulate you — soft drinks from the "fridge" are too cold for you and also too fattening. Since you need calcium, drink plenty of warm milk with honey or a few drips of chocolate in it. Your planetary ruler is Saturn, which is on the side of law. So remember this and discipline yourself to follow your special super-star shape-up plan. You'll soon be a zodiac princess.

AQUARIUS

(January 21-February 19):

Aquarius, you've put off dieting and now you have the beginnings of a weight problem. But the 'TEEN zodiac reader knows that star-studded willpower is one of your super attributes. So once you've decided to diet, nothing can stop you from reaching for the stars and having a super-celestial body. Nature planned that Aquarians should be shapely and proportioned well, so make sure you don't let your emotions get in the way. Eat in quality rather than quantity — foods that you really need. Your Aquarian body just has to have foods that contain sodium and chlorine. Sodium is in foods that really make good snacks in case you do weaken and have to eat a bit extra every now and then. (Don't let this get you down. Nobody is perfect.) Munch on celery, radishes, prunes, bananas, raw nuts, peaches and apples. At mealtime eat all the peas and spinach you want. Chlorine is hiding in lettuce, whole wheat, cottage cheese, fish, wild rice and strawberries. Since you're a gal with a boundless supply of cosmic energy, you'll manage to burn off calories at a fairly regular speed. But if you start to get more padding than your space-age suits allow for, you'll know it's time to start the diet again.

PISCES

(February 20-March 20):

Mind over matter should be your motto. You can't be lazy if you don't want calories to start creepin' up on you along with *fat*. Get a little calorie book and keep it with you. Count all those calories you take in that you really don't need if you want a celestial body that all the stars will wish for. If you want to lose weight, total the average number of calories you take in each day and then deduct 10% to 15% of the amount depending on how active you are each day. Do just the opposite if you wish to gain a few pounds. We know you're a dreamer, but wishful thinking won't give you that shape you want. Sugar and spice and all that jazz and pizzazz are not for you — eat simple foods and not too much. Your diet should be geared toward foods that are high in iron and phosphorous. (See the Capricorn reading for your phosphorous list.) You'll get iron in oysters, spinach, whole wheat, egg yolks, grapes, cabbage, prunes and nuts. Since you're intuitive but impressionable, don't let anyone or anything influence you. You can shape up if you really want to — and you'll be noticed, little Pisces, in a sea of stars.

ARIES

(March 21-April 20):

You may need to go on a weight-gaining program to get your star-shaped celestial body. You are such an active and excitable person that you burn up calories almost as fast as you take them in. Since you seem to prefer meats to sweets, have lots of gravies and sauces with them. You smile a lot, so remember that it's the calcium in milk that makes your teeth look like twinkly white stars and keeps your smile at its best. Try to have milk shakes and malts too instead of drinking plain milk. The other foods you need are potassium, phosphorous and magnesium. (See Capricorn for phosphorous list.) You'll find potassium in peas, whole wheat, carrots, turnips, baked potato skins and string beans. Foods high in magnesium content are apples, lettuce, celery, string beans, citrus fruits and figs. Just in case extra pounds do creep up on you some day, be prepared and learn how to count calories. This should be easy for you, since you're good at arithmetic. Just subtract a few calories from what you usually eat and, zap, you'll be a WOW of a powerful super star.

TAURUS

(April 21-May 21):

Of all the zodiacal signs, you probably have the biggest appetite. And to make things worse, your calories add up and really show. You can count your lucky stars because your flesh is pretty solid, but don't let it spoil you. Too many layers can steal the shine from a glowing star-shape. 'TEEN's astrologer told us you really hate those good and tasty salads Mom makes and that you go more for steaks and desserts, especially things with chocolate in or on them. Steaks are gold stars on anyone's zodiacal food list, but not chocolate.

What foods *do* you need to be healthy and shapely? The answer is foods that contain plenty of sulphur and sodium. (See Aquarius for sodium list.) Foods that are extra rich in sulphur are brussels sprouts, asparagus, spinach, cauliflower, onions, eggs and milk. You're stubborn and steadfast as the bull, and Venus, bearer of beauty and charm, is your very own planet, so with this combination you just have to come out a star.

GEMINI

(May 22-June 21):

Your wise 'TEEN astrologer says that you should be the "carrot-nibbling" girl. You just love salads but you pick at dinner and hardly ever eat much. Lots of times

She's about to lose her back seat driver. With Head & Shoulders she might have kept him.

Don't be a loser. Use Head & Shoulders... the winner. The most effective dandruff shampoo you can buy. Head & Shoulders leaves your hair clean, neat and easy to manage, too. No wonder it's chosen by more young adults than any other shampoo in America.

you're really too interested in something else to think about anything as dull as food. You've really been born under a lucky star, Miss Gemini, because you can eat about as much as you want and still remain a slithery, slender star. But look out! We know that because you're a Gemini you get easily bored so maybe you just eat for diversion. If you don't have anything to do for a little while, you probably indulge in a variety of new snacks Mom bought this week or else you'll call a friend and go out to the snack shack for an ice cream soda or sundae. Isn't this right? You may not really be hungry but you eat for something to do. Obviously, you'll put on pounds. Make sure when you do eat that you include the special star foods for your sign, which are potassium, chlorine and calcium foods. (See Aries for potassium list, Aquarius for chlorine and Capricorn for calcium.) Divided you stand, two people in one. Just make sure you both want to swing with a super-celestial shape.

CANCER

(June 22-July 23):

Poor you – you're the natural-born snacker and nibbler of the zodiac. You love rich, gooey desserts too. It's really hard to turn down anything sweet, but don't pamper yourself, young child of the moon. The astrologer of the Aquarian Age says that you'll always tend to have a lovely, rounded figure, so don't pad it with extra whipped cream. You really look like heaven just as you are. We know you nibble when you're nervous, but why not put this energy into something more creative than adding inches, like knitting or some other fun hobby? Born under the sign of Cancer, you have a naturally weak stomach and should try to avoid most rich foods and dieting in hot weather. So that means starting to get in shape for swimsuit season this spring instead of waiting 'til summer. What foods are specially for you? Calcium and fluorine should be regulars on your astrological diet. Fluorine foods help your lungs, veins and preserve bones. You can get fluorine in lettuce, fish, milk, oysters, beets, cucumbers and egg whites. Calcium is found in cheese, turnips, dandelions, spinach, lettuce and buttermilk. You know that you will make someone a great wife someday because you are romantic and domestic – lucky combination.

LEO

(July 24-August 23):

Born under the sign of fire, you are a real leader and a popular party hostess. You always serve groovy goodies when the gang's over. But you have to watch out – you can have them too but keep the helpings small so your waistline will be mini. Everyone likes you because you are so generous with the butter and sauces as well. Being a lioness, you really love thick, juicy cuts of meat, but remember to balance your meals with fresh fruits and vegetables as well. The foods that you should stick to are all the ones that contain magnesium and phosphorous. (See Pisces for magnesium list and Capricorn for phosphorous.) You carry yourself tall and proud, so bulges take a while to show. Before they do, use that strong willpower you have and don't let anything get in the way of keeping your sultry, she-lion figure.

VIRGO

(August 24-September 23):

The 'TEEN wizard of the skies says that you are the gourmet of the zodiac. You love well-cooked, pretty foods and especially love to be taken out to dinner. Most Virgo maidens are slender or pleasingly curvy, but if you do put on extra pounds by drinking too many milk shakes, ice cream sodas and soft drinks, we have a warning for you. It is your tendency to go on fad diets. DON'T DO IT! Most times they will just defeat your purpose; you may even become sick. If you do lose weight on a fad diet, you'll probably just gain it back very quickly. You must be sure to eat foods that contain potassium, sulphur and silicon. (See Aries for potassium list.) Your fingernails, skin, tissues and hair will benefit from sulphur, which can be found in cranberries, watercress, lettuce, artichokes, milk, eggs, spinach, onions and asparagus. Silicone really helps your hair and nails and your skin too. Try it in good things like cereals, apples, strawberries, watermelon, pears, peaches, cherries, asparagus and milk. You are certainly the most female of the signs and you are also a positive thinker who usually steers herself in the direction of common sense. So with this in mind, 'TEEN's astrologer says that if you have to diet, you *will* stick to it.

LIBRA

(September 24-October 23):

You hang in perpetual balance and weigh all sides before you take the big action. Watch your fondness for the good things in life, for of all signs, Librans tend to have a sweet tooth. Now you're torn between two loves – goody things to eat and clingy knit clothes and mini skirts. You are really popular with the crowd at school, so it's important for you to look like a celestial cutie. Since you work best with others, your diet will be more of a success if friends diet with you. Have a contest or start your own "Weight Watchers"-type club. Once you start losing weight you'll really enjoy it and will want to jump on the scales often, but once a week is enough for anyone who's on the super-star, shape-up plan. This is because often during dieting your tissues retain liquids, and the scales won't show your true weight. So don't become disappointed if you've starved yourself and the scales don't always tell. Special foods on your list are ones that contain iodine, sodium and phosphorous. Iodine is in onions, beans, seafoods and potatoes. (See Capricorn for phosphorous list and Aquarius for sodium.) You're so super sociable that you should enjoy a cottage cheese and fruit salad with a friend more than a hot fudge sundae alone.

SCORPIO

(October 24-November 22):

How beautiful to be born under the sign of generation and life. You've got a personality that soars high and someday you'll be a comet of a wife and mother. So why spoil a starry future just because you hate to count calories? You have so much energy and are always on the go, so make sure you eat lots of rocket fuel foods to keep you going. This means protein for body building that you get in fish, meat and dairy products. If you do happen to sneak a chocolate bar during the day for quick energy, remember, no dessert! Born in the most punctual sign of the zodiac, you usually do things in a hurry. But don't eat meals quickly. It will do you more harm than good whether you're dieting to lose or gain weight. Make sure your diet includes plenty of foods with calcium and sulphur. (See Capricorn for calcium list and Taurus for sulphur.) You like to have set patterns in life and don't like to have them interrupted, so make watching your weight and eating well-balanced meals a regular habit. You'll be a real Scorpio siren if you do.

SAGITTARIUS

(November 23-December 21):

Shoot an arrow to the stars and ride with it. That's a Sagittarius! There are two types born under this sign – one is athletic, long and lean and could use a few extra pounds, and the other is the worrier who tends to put on puffy pounds. You'll both find dieting fun if you make a game of it. Skinny Sagittarians should begin by making lists of little foods that are high in energy and calories like raisins, peanut butter, honey, chocolates and milk shakes. Try to slow down too so you won't burn up calories so quickly. Those on the pudgier side of the sign will be happy to learn that you can have two poached eggs for what one large potato is in calories. You should be eating foods rich in silica and iron. Silica gives resistant strength to your entire system. You can gobble it up in peaches, prunes, cranberries, apples, pears, cereals and spinach. (See Pisces for iron list.) Last word of advice is get enough rest and relaxation if you want to gain. The wondrous wizard of 'TEEN astrology sees a happy, healthy and shapely celestial body in store for you. (T)

The comfort tampon

(it's out of sight)

When you've got a tampon that's easy and gentle to use, you've got a real good thing.

When a tampon makes you feel secure, you've got all the protection you need.

And when a tampon is convenient enough to carry four in a tiny, stylish compact, that's cool.

And that's what you've got in the tampon Pursettes.® The one that's truly the comfort tampon.

Why? For many reasons. First, there is the prelubricated tip of Pursettes. No other tampon has one, even though it is accepted medical practice to lubricate anything inserted into the body. This tip makes Pursettes so easy to use, you don't even need an applicator. That's right. No applicator to get accustomed to. No applicator to worry about throwing away. Such convenience!

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Just think what it can mean to be rid of bothersome belts, pins and hot, bulky pads. No more beach scenes where you just sit. No more embarrassment about wearing clingy ski pants. On the contrary, you're always ready for today's free and easy pace. Especially since Pursettes now has a great little carrying compact. Fashionable and feminine, each Pursettes Compact holds four regular Pursettes tampons or three super-absorbent Pursettes Plus tampons. Enough protection to take you through the day.

If you would like to prove it, send for a free Pursettes Tampon Compact, filled with Pursettes or Pursettes Plus. (Please indicate the absorbency you prefer.) To cover postage and handling, enclose 25¢

and mail to Campana, Dept.T-270, Batavia, Illinois 60510. Don't wait. It's time you threw away your old habit and tried the comfort tampon. It's out of sight!

Pursettes

The only highly-absorbent tampon with a prelubricated tip

DEAR BEAUTY EDITOR

You've been asking for it, and it's finally here – the special feature this month in "Dear Beauty Editor" is a beauty horoscope!! Count your lucky super stars and learn how each of the astrological signs influence a part of your heavenly body.

Q. I'm not sure if I'm writing to the right person, but here goes: This will probably be the dumbest and most different letter ever, but I've been wondering about something for a long time. I read somewhere that your horoscope somehow or other affects your beauty. Is this true, and how so? I really am curious, especially because I read the horoscope column each month and read your column too. By the way, my birthday is January 5.

R.G., New York, N.Y.

A. *Perseverance is your pet word,* **Capricorn?** *You set your mind on something and climb after it. That's why you wrote to us to ask your question. All shades of green are fab on you. Did you know that your knees are the body area ruled by your sign? To limber them, try these exercises: (1) Stand with feet four inches apart. Rise up on toes, then bend knees till you're halfway down, keeping knees parallel. Hold for count of five. Slowly return. Repeat five times. (2) Stand with feet six inches apart. Bounce up and down lightly eight times. Rest; repeat. Keep your legs super supple by massaging ankle to thigh with a moisture lotion like Revlon's "Intimate Moisture Lotion." This is great for smoothing dry skin too.*

PHOTOGRAPHY/BARBARA & AND JUSTIN KERR.

Q. I'm a Pisces, a firm believer in the signs of the zodiac and I want to know if this sign has any beauty secrets in it for me? I hope you can answer this question because I've read a lot of things and haven't found any answers.

P.L., Rock City, Ill.

A. *You're a* **Pisces,** *like Liza Minnelli, so the meditation bit is for you. You probably daydream a lot about all sorts of way-out happenings. In the zodiac anatomy, this sign rules the feet. Most feet are funky and sick looking, but here's how to take care of yours so that they'll be a really super part of you. To keep them soft and smooth and really treating them right, you should give yourself a pedicure once a week after bathing. Or try soaking them in warm, sudsy water with Scholl's "Soap'n Soak" in it. While skin is moist use a pumice stone to remove dried skin and callouses. Gently push back cuticles with an orangewood stick. Trim toenails straight across, file smooth, then polish with two coats of twinkly light polish. Every day rub a skin softener on your feet after your bath. Sprinkle or spray a medicated powder in your shoes for healthier, happier walking and dancing.*

Q. I have an idea I hope you can use in 'TEEN Magazine. How about giving us old and faithful Dear Beauty Editor readers a beauty horoscope. I know I'd like it and probably lots of other kids would too.

W.A., Springfield, Mass.

A. *You didn't tell us your birthday, but we're guessing that you must be an* **Aries** *because Aries stands for action – an original idea girl – energetic and excitable. Because you like to be so different, make the party scenes with a braided and curled party hairdo. Carry your thinking head high. A super-obvious look falls back on perfect posture. Keep your body in condition and control with lots of outdoor exercises – skiing in the winter and swimming in the summer. Wow! Aries color is fiery red – red lipsticks are here this year!*

Q. My birthday is February 1, and I want to look great for the really super party that my parents are giving me. My eyes are blue, and my hair is light brown. I want to know what color dress and what kind of makeup to wear. If it will help you at all, my horoscope sign is Aquarius. I can't see where this would make a difference, but my girlfriend said it might. Please answer me soon.

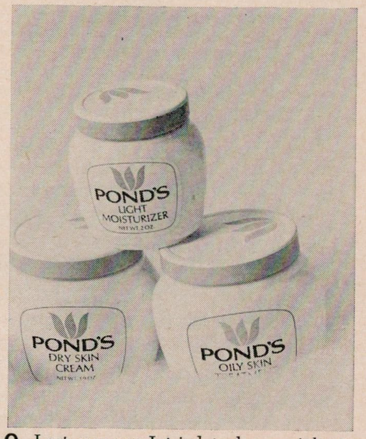
M.N., Salisbury, N.C.

A. *Bright party lights spell* **Aquarius.** *You like to make the high-voltage scene, right? Your color? Electric blue! Your moon-beamin' look, like Carol Channing, your sister Aquarian, will glow with a new transparent makeup. Start with a sheer foundation tinted a tawny pink. Light up your cheeks with a frosted blusher. A beige pink frost lipstick for your lips is groovy. Make wild electric eyes for party times. See Shulton's "Eye Compact" for everything you need to make them beauty-ful.*

Q. I was reading a horoscope magazine and in it I saw that Taurus (that's what I am) rules the throat and the neck. It didn't go on to say much more though. I was wondering if you could tell me if this means I'm supposed to have a pretty throat and neck or if something is wrong with them? Can you clear me up on it? One more thing – I noticed that the skin on my neck is sort of rough. What can I do, because I am allergic to a lot of cream?

P.M., Toledo, O.

A. *Audrey Hepburn is a* **Taurus** *too, and her throat and neck are beautiful. You can show off yours after you make them groovy soft by smoothing on Pond's Dry Skin Cream from the new hypo-allergenic Pond's Basics Line. On special occasions you can wear your hair swept up with pinned on loopy braids. Count your lucky stars because your own personal planet is Venus, bearer of beauty and charm.*



Q. Last summer I tried to lose weight to flatten my tummy and I made my goal my birthday, which was at the end of June. Well, I lost a lot of weight, but my tummy is still here. Is there anything I can do? I hope it won't take me until my next birthday to get rid of it.

G.C., Robbinsdale, Minn.

A. **Cancer** *is your sign, and you're a child of the moon. Natives of your sign, like Natalie Wood, just luv good food but also good figures. Here's a nifty exercise to get a really flat tummy: Lie on your back with your arms overhead and feet together. Swing arms forward until you're sitting up. Then lower your body slowly back to the floor. Work up to 10 times.*

Q. My birthday was in the middle of August (Oh, how I wish the hot summer were still here!) and for it I received a beautiful gold and yellow knit dress which was too heavy to wear until now. I really love it and plan on wearing it for one of the scenes in our school play, which I was lucky enough to get a part in! Tell me please about some wild eye makeup that will look great on stage and off with my bright dress.

T.C., Raleigh, N.C.

A. *No wonder you love your eye-catching yellow dress. You're a* **Leo,** *and bright colors, 'specially sunny ones, really appeal to you. Leo is a fire sign, and as the flames leap higher, your confidence does too –*

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Clean Make-up

The look is real. The make-up is Cover Girl. So clean, it's like wearing no make-up at all. But it does everything you want a make-up to do. Looks pretty. Hides "things." Covers naturally, without caking or turning funny colors.

And then it does something no other make-up can: protects your skin with clean Noxzema medication. Fights germs. Helps clear your complexion, too.

Cover Girl looks clean. Feels clean.
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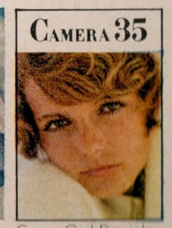

Cover Girl Daniela, on CAMERA 35.

that's why the part in your school play! If you and all the other sunny Leo's like singer Bobbie Gentry want wild feline eyes for special occasions, here's what to do: Start by smoothing a base of taupe shadow on the upper lids up to the fold. At the fold of the eye, smooth in a darker-brown shade. Now for a super smashing finish add just a dash of yellow shadow on the brow bone.

Q. When school started in September and I also turned 15, my mother said it was *finally* okay for me to start wearing make-up. Now I have a problem. My skin is on the oily side, and I'm getting pimples that I just have to cover. But I've found out that I'm allergic to makeup. What can I do? I really want to look feminine and pretty.

O.J., Mobile, Ala.

A. *Of course you do 'cause you're a* **Virgo.** *That's the most female of signs, which means problems like worrying about your skin. You enjoy being told you're pretty and want to look your best. Marcelle's "Formula 24" is a medicated and hypo-allergenic makeup that will help you look "all girl" and clear up blemishes too. Use the foundation and the pressed powder to blot off oily shine and the "Formula 24" Creme for healing blemishes and spots.*

Q. I'm always restless and tense, and sometimes it shows when I'm out with my friends. That always makes me more nervous. My mother says it's just because I'm a Gemini and most people born under this sign are jumpy. Is this true? Will I always be like this? I really want to appear to be more relaxed especially in front of the kids at school.

J.H., Walnutport, Pa.

A. *Divided you stand, two pretty star maidens in one is the* **Gemini.** *You're ruled by Mercury or quicksilver, and that's why you think you're uptight when really you're just super lucky to have an alert mind. Did you know that Paul McCartney, that good looking, quick thinking Beatle, is a Gemini too? But being "restless," you need to relax and get rid of tension. If your shoulder muscles feel tight, knead them gently until they loosen up. Then strongly rotate the three middle fingers of each hand up and down your neck. Stretch your entire body by standing with feet apart, arms over head. Bend freely from the waist, letting arms swing through the legs. Swing back to start. Repeat 10 times. Also remember some tried-and-true relaxers: a warm bath, fast nap, change of routine, dreamy music, a brisk walk.*

Q. I'm a Libra and the boy at school that I like a lot is an Aquarius. Can you tell me anything about how I should look and act to get him to really like me? I might as well tell you that I'm just a little bit overweight and I seem to have trouble sticking to a diet.

F.E., San Diego, Cal.

A. *Hints on handling your Aquarian guy include being just his pal for a while, not talking too much and always keeping yourself as well groomed as* **Libra** *Julie Andrews is. You just have to watch your cravings for the groovy good goodies in life, 'cause of all the signs, Libras tend to have a sweet tooth. Since you work best with others, your dieting will be better when friends spur you on. So get together a little diet group with some other friends who need to lose a few pounds. Do all your gym class exercises too when you get together. You'll have a new super shape in a flash, and your Aquarian guy will really dig you.*

Q. I'm writing to you because I'm having trouble finding the right shade of lipstick. My birthday was on November 19, and for it my parents gave me money to get a new wardrobe of clothes which I've carefully chosen. I really took my time spending my money. I love red, and most of the things I bought are in shades of red. But I can't find a lipstick to wear with them. Dark red lipsticks really look freaky on me! What should I do? I can't go without lipstick.

L. E., Salt Lake City, Utah

A. *So you're a* **Scorpio!** *No wonder you're crazy about red. You should be because it's the best color on you. A transparent lip glosser is the best kind of lipstick if you don't like anything too dark. Try one in a red shade like Estée Lauder's Cranberry "Berry Stain" lipstick. It'll give you a pretty blush of red on your lips without the gloppy look of a thick, dark lipstick.*

Q. I'm a high school sophomore and would like to try pierced earrings. My parents say that if my ears are pierced and I decide later that I don't like this type of earring, I'll be stuck with funny looking holes in my ear lobes. My friends tell me that eventually the skin grows back. Could you please settle this argument?

E.K., Los Angeles, Cal.

A. *Pierced ears are groovy, we agree, but in this case, your parents are right. It's really not likely that the holes, once allowed to heal, will reseal themselves again. If you decide that you really do want to have your ears pierced, no matter what, make sure it's done by a doctor and carefully follow his advice during the healing period so that your ears won't become infected.*

Q. I really hope you can help me. I have a very serious problem that bothers me and worries my parents too; and none of us knows what to do. I'm 15 years old, 5 feet 4 inches tall and weigh 114 pounds. I have round shoulders and a sway back. I know that there must be some exercises I could do but I don't know what kind and neither do my folks. Please tell me soon because the kids at school are starting to tease me. I really want to walk straight and pretty like the other girls.

T.J., Columbia, W.Va.

A. *You might just have poor posture probs 'cause of poor posture habits. Part of the prob could be carrying that heavy load of school books around in front of your body or sleeping on a too soft mattress. Here's a good exercise to help you walk tall and straight: Lie on back, knees bent, feet flat on floor. Action: Press small of back against the floor and bend arms to form a 90° angle. Keeping arms and back pressed against the floor (this is the most important part – if you don't do it, the exercise won't work), slide arms upward beyond head as far as possible. Return to starting position the same way. Relax and then do it again 10 to 15 times.*

Q. I learned how to ski for my birthday present – a ski weekend in the mountains – and now I'm so hung up on skiing that I got an after-school job just so I could make extra money to ski more often. The problem is that my face is really beginning to show it. But nothing could keep me, a wild Sagittarian, from doing what I dig. Please give me some advice on what to do for my cracking face. P.S.: My guy is starting to make cracks too!

S.P., Colorado Springs, Colo.

A. *Shoot an arrow to the stars or to the slopes, in your case! That's a* **Sagittarian!!** *You're really sports loving but you have to take those extra measures against the sun and the wind that are out to get you every time. Make sure that your face has maxi protection by using a good thick cream before going out on the slopes. Be sure to use a good moisturizer too when you come back. Noxzema Skin Lotion by Noxell Corp. would be just great 'cause it's medicated too. It's the perfect thing for gals like you who can't be tamed.*

Q. My hair is a real mousey brown. It's absolutely nowhere, and I'm dying to do something with it. My problem is that both my parents and my boyfriend threaten to disown me if I go blonde. What can I do?

C.H., Baltimore, Md.

A. *You don't have to become a blonde to have groovy, gorgeous hair. Look at Bobbie Gentry, Sophia Loren, Liz Taylor and Raquel Welch. They're all brunettes and they're all fab. So why not liven up your dull hair by coloring it just a little darker or a little lighter than your natural shade? Clairol's Nice 'n' Easy Shampoo-In Color comes in several wild brunette shades, and it's a super way to give your hair a glossy warm, natural color.*

Q. I have a problem that probably not many other girls have. My left eye is larger than my right eye. How do I fix this? Any special kind of makeup?

V.M., Essex, Ia.

A. *You may be surprised to know, but most people's eyes vary in size at least a little bit. But if one of your eyes is really noticeably bigger, then you can change the look with an eyeliner trick. Draw your liner up from the outer corner of the smaller eye and drop the liner a bit below the lower lash line. This is also a fab*

continued on page 74

NEW!
White Rain® Shampoo with Lemon

We took the rich, shiny part of the lemon and squeezed its richness into a shampoo!

Rinses out so clean you can clearly see the shine in your hair!

Shine should be seen, not hid. So open up new White Rain Shampoo with Lemon, and let the shine come through.

Rich bouquets of lather clean so thoroughly. Yet rinse out so clearly, so completely, you can clearly see the difference in the shine.

Lemon fresh and fragrant. White Rain Shampoo with Lemon. Nice twist for girls who like to shine. Especially nice for oily hair. Nice low price, too.

continued from page 72

idea for gals who want to make two small eyes look super big. For the larger eye, just follow the natural lash line of the lid.

Q. My question is a short one but one that I think a lot of other girls might have too. I want to know how to make lipstick last really long. I tried a lot of things, but so far nothing works.

M.P., Jamestown, N.D.

A. *To have luvly looking lips that keep lipstick on, like 'TEEN model Jill Twiddy, here's what to do: Start with clean lips. Blot away all the wet and then powder and dust with a fluff of cotton so the color won't smudge and run. Use a small brush to draw an outline around your lips and fill in. Let it set for a minute, then slick your lips all over with lip gloss.*

Q. Can you give me a good exercise for reducing my rear end? I sit all day in school and then I'm doing homework and watching TV at night. And it's taking its toll. I'm really beginning to spread out.

T.C., Atlanta, Ga.

A. *Here's an exercise that if done daily is sure to bring quicky results: Sit on the floor at one end of the room with legs straight out in front. Place fingers on shoulders with arms out to the side. Now wiggle forward side to side, "walking" on your fanny to the other end of the room.*

Q. I have a full, round face and nothing I do makes it look any thinner. I've tried makeup tricks, hair styles and even isometric exercises, but my face looks as round as ever. Nothing works!

P.K., Charleston, S.C.

A. *How about wearing a pair of cosmetic "shades" like Foster Grant's "Aquarius" Sunspecs. Their squared-off lines and enlarged classic style are the perfect way to add angles to a round face. What's more, the pale, topaz-tinted lenses soften such makeup tricks as false eyelashes and contouring while they let the beauty of your eyes show through.*

Q. Boy, are my eyebrows ever overgrown bushes of hair! They are really *that* thick and they seem to have no shape. Honestly, they just grow wild all over the place! I really don't know how to begin to tame them. Can you give me any helpful hints?

A.D., Ellwood City, Pa.

A. *Looks like you've got a pretty hairy problem, but that's okay. We'll help you see your way out! In fact, here's hair tweezing advice for everyone. Tweeze those hairs from the lower edge of the brow. Your eyebrows should normally begin above the inner corners of the eye. For close-set eyes, start the brow slightly away from your nose. For wide-set eyes, begin a little closer to your nose. The height of the arch should be at a point just above the outer rim of the iris when you look straight into a mirror. The brow tapers off, ending at a point in direct line with the outer corner of the eye and nostril. Be sure to tweeze carefully in the direction the hairs grow. Be super careful not to pull too many hairs. You can easily do this by brushing the hairs into a smooth line as you go along, using a dry mascara brush or even an old toothbrush. It's best not to touch the natural top edge of the brow, except where there's an old stray hair or two that messes up the natural line. If you're bothered by brows that tend to be wild and bushy like Ali MacGraw's, carefully pluck out just enough hairs to give a smooth look. Brush on a little Vaseline Petroleum Jelly at night to train your brows.*

Q. I need some shopping advice. I don't have a lot of money to spend on cosmetics and stuff to take care of my skin. I'm wondering if you know of any product that can be used for more than one thing. I just can't buy a lot of things. Besides, I get mixed up because there are so many different products anyway.

C.H., Wilmington, Del.

A. *We did some super spy work and found "that certain something" in lots of our 'TEEN models' tote bags. They have so many things to carry that they try to lighten the load whenever they can. "Sea Breeze" by Sea Breeze Labs is a fab antiseptic lotion with loads of beauty uses. For instance, use to soothe windburn and chapped skin, put on cotton to remove makeup, use as a conditioner before you apply makeup, remove excess oil from oily skin. One more groovy thing – it's mini-priced.*

Q. I really do a lot of skiing in the winter, and boy, does my face show it! It gets burned and all red and flaky. I guess I shouldn't ski when the weather is really blizzardy and windy, but skiing is the one winter sport that I really dig. So I do anyway. Meanwhile, my face is suffering. What should I do?

H.P., Houston, Tex.

A. *Ski all you want, little snow maiden. It's great for keeping your shape in super shape. But don't neglect your face. You'll be sore and sorry if you do. Skiing in severe weather conditions calls for extra special face saving methods that mean putting on really rich and protective creams. Better ski to the nearest general "Chalet" store and pick up some Bonne Bell "High Altitude Creme." Almost all the champs on the U.S. Ski Team use it.*

Q. I hate my freckles! Are there places where I could go to have them removed, and if so, what would it be like? What else can you tell me about prevention, removal and the hiding of the freckles on my face?

G.O., Westlake, O.

A. *Sorry! There's no way we know of to permanently get rid of a freckly face. Bleach creams and lemon preparations only take them away for a little while. To keep freckles from getting darker, you should protect your face with a sunscreen in the winter too. When you choose a makeup, select one in a shade halfway between your overall skin tone and the color of your freckles. Personally, we think "frecks" are fab; so does Katharine Ross.*

Q. I don't really have a bad problem but I do have a question. I have really long, thick hair and was told it's not good for hair to be thinned. Is this true? I need to know because right now my hair is pretty tough to control.

J.B., Wauwatosa, Wis.

A. *Thinning isn't necessarily bad for your hair, but did you know that sometimes it can create an even thicker look? The thinned hairs push out the longer top layer of the hair. How 'bout using a creme rinse or setting lotion to give your hair more control and flexibility? And don't worry about having thick hair – better to have too much than not enough, right?*

Q. Do I ever need help and quick! The skin under my arms is very tender, yet the hair is thick and dark. Even after shaving there's an embarrassing shadow. If I manage to shave close enough with an electric or safety razor to look really well-groomed, my skin gets too sore and irritated to apply deodorant, which I desperately need. I find myself completely avoiding sleeveless dresses. Is there a better way?

K.B., Walled Lake, Mich.

A. *Did you ever think of shaving your underarms before you go to bed and putting on your deodorant in the morning? To get the closest possible shave, apply a shaving cream before using your safety razor and be sure to change the blade often. If you use an electric shaver, a pre-electric lotion or powder will help you get a much closer shave. When your deodorant has dried, lightly powder under your arms with talcum powder.*

Since we have so many requests for personal responses to your questions, 'TEEN has decided to set up a special beauty clinic editorial board to answer the many specific questions that you ask in your letters. In order for our board to answer these questions in detail, there will be a $1.00 charge for this service. To help us with our analysis, will you please also include a picture (it cannot be returned). We will continue to answer your general reader letters in the magazine. However, if you've a specific problem that's buggin' you, address your questions, with a snapshot and check or money order, to:

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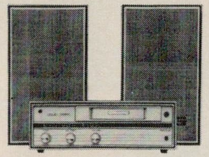

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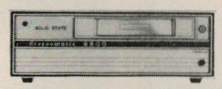

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BEAUTY (re)MARKS

This month's Beauty (re)Marks takes us through an ASTRO (logical) approach to beauty tips 'n' hints. We've set our sights on the celestial star scene to find out just what super beauty secrets surround the famous heavenly bodies. Join our "star trek!"

CAPRICORN (December 22-January 20) Beauty-ful Faye Dunaway is a Capricorn. The element of this sign is earth, and there's hardly any question that this lady is one of the true earth beauties. The one necessity to maintain her lovely look is – sleep!

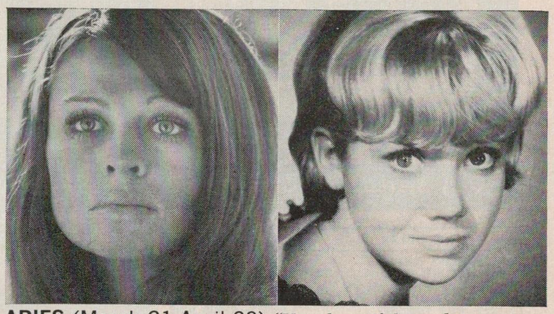
Capricorn Yvette Mimieux has one special love – the ocean. She finds everything about the seashore has some beneficial factor to help her maintain her lovely look. Ocean water stimulates her skin, and fresh air makes her feel good all over. Plus the exercise of beach activities keeps her trim.

AQUARIUS (January 21-February 19) An Aquarian of the regal set is the beautiful Vanessa Redgrave. She feels that her eyes are her most important feature and gives them the most attention and care. Otherwise, Vanessa Redgrave is a true free spirit – there are no restrictions for her, in either fashion or beauty world.

"Much of your personality is contained in your eyes," says animated Aquarian Katharine Ross. She's a very active lady who loves horseback riding and finds it good exercise as well as an enjoyable pastime. She uses a moisurizer on her skin to keep it soft.

PISCES (February 20-March 20) Pisces is like the ocean. It causes waves for the world to see, and for no one is this sign more fitting than the vivacious and super-talented Liza Minnelli. She keeps her dark hair cropped short, which gives her that fab pixie look.

A Pisces and probably one of the most famous beauties of all time is Elizabeth Taylor. What does she use to keep that famous and flawless face looking so very great? Simply soap and water. Believe it or not, she does insist she has a beauty problem: her eyebrows.



ARIES (March 21-April 20) "Very beautiful people sometimes do too much; they should be discreet with makeup," we've heard tell from our special sources who got the word from Aries lass Julie Christie. Her opinion seems to be, "through makeup – and other things too – suddenly there's an equality in looks."

An Arian gal can be of sweet face (and disposition too), and Hayley Mills, is a good example. Natural is the scene for her. "It's important to be yourself in fashion and beauty. Don't let fads guide you," is Hayley's advice.

TAURUS (April 21-May 21) Outasite-looking Candice Bergen really goes for the now look. "I really like the look of youth and severity at the same time," is the word from our tawny Taurus. "You should learn a kind of respect for your body."

A real down-to-earth Taurus is the kicky and kooky Carol Burnett. Miss Burnett's fav cosmetic is plain old soap, and it's also her favorite fragrance! Her special beauty secret is "sleep, sleep and more sleep." Her suggestion for the best way to look good – "Smile. It's better than a frown!"

GEMINI (May 22-June 21) Duality is the mark of the Gemini. However, Meredith MacRae is a straightforward gal with a straightforward look. Her lovely, long locks are brushed vigorously each and every day to achieve that special silky look. "I like relaxing in a bath after a hard day's work," she says.

Word has it that Gemini Leslie Uggams likes to "avoid using an excess amount of makeup. The clean and natural look makes you look soft and much more feminine. Makeup can be very hard on your skin, especially when working under hot lights all day."

Doctor Developes Home Treatment that

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In 15 Minutes or Your Money Back!

Queen Helene Mint Julep Masque 15 Minute Treatment
Must Show Immediate Improvement or — YOUR MONEY BACK!

A New York Doctor, working with a cosmetic laboratory, has developed a simple home-treatment that rinses away blackheads in a matter of minutes. It was demonstrated recently on five teen-age girls and three boys.

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If you suffer the agony of teen-age blackheads, acne-pimples and rough unsightly complexions, give yourself this home treatment at our risk. Apply this delightfully Mint-Scented Cream and within 2 or 3 minutes an absorbing agent, called Argilla, dries and turns this cream into a plastic-like masque. You will now feel as though hundreds of "tiny fingers" were softly kneading the skin, loosening pore-caked dirt, blackheads and foreign impurities.

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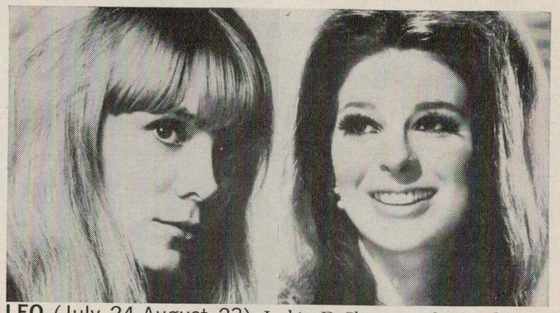
More BEAUTY (re)MARKS—astrological beauty hints 'n' secrets. Check out your favs and see what the stars of your sign suggest for a way-out beauty feature.

CANCER (June 22-July 23) Moon child Natalie Wood is one of the "now" generation's beautiful people. Her beauty is world-renowned, and her fav beauty treatment is a sauna bath. It's an everyday routine for her, with a massage to follow. We've heard the special word from Natalie is, "Take care of your skin every day. It's an important beauty asset."

We got the word straight from the moon, and that is, Moon child Sue Lyon digs the look that says "ME." No carbon copies for this miss – she wants to be individual. Her cry is "be yourself."



LEO (July 24-August 23) Jackie DeShannon, the lovely Leo lass with the golden throat, says, "Clean hair, clean face and crispy clothes are essential for good looks." Her very fav cosmetic is cream rouge, and she really digs experimenting with new and different cosmetic products.

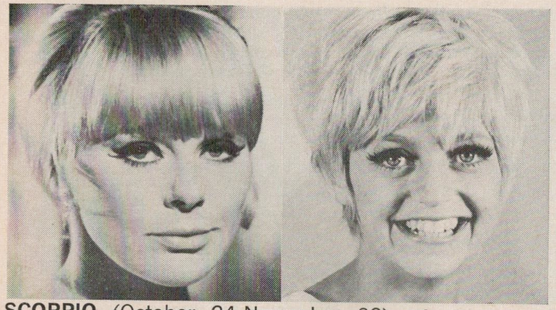
A dark-haired Southern belle with the strong sun element in her life is Leo gal Bobbie Gentry. Miss Gentry's flashing and fiery eyes are true to her sign. "I thrive on activity, but lack of sleep can hurt," is the story from this Leo lass.

VIRGO (August 24-September 23) The ruling sign of Virgo is Mercury, and the mercury can certainly rise when stunning beauty Raquel Welch enters the scene. The word from Miss Welch is, "Baths are the greatest. They can relax, soothe and refresh. It is pure luxury to be able to soak in a tub after a long, hard day."

"Soap is the best and most natural cleansing agent there is," insists Virgo Linda Kaye Henning. "I wash my face several times a day with soap because I have very oily skin. Also, I try to avoid wearing any face makeup when I don't have to."

LIBRA (September 24-October 23) The "scale" represents the sign of Libra, and for dancer Juliet Prowse *balance* is essential. "It is important for every girl, whether or not she's a dancer, to know the importance of exercise," says Miss Prowse.

Libra lass Angie Dickinson knows the importance of exercise. "I like walking on the beach because it's good for the legs. Running is also a good exercise, but you have to have a lot of energy for that," she says. She notes that exercise must be balanced with rest.



SCORPIO (October 24-November 22) Elke Sommer is another soap and water fan. Could it be the water element of Scorpio? She's also a gal who needs her sleep and thinks outdoor exercise is of great importance. She likes the blush on her cheeks to look natural.

"I dislike a makeup base because it tends to lose its freshness a couple of hours after you put it on," smiles that spicy Scorpio, Goldie Hawn. The most relaxing beauty treatment for her is a facial massage. She doesn't diet but takes ballet lessons.

SAGITTARIUS (November 23-December 21) "Any makeup should be as simple as possible and natural," is the word from Sagittarius Jane Fonda. And she surely practices what she preaches, 'cause there's hardly any difference between her on- and off-screen makeup unless it's for a specific role.

Sagittarians are the spices of life, and Kathy Garver has spice both in her fashion and beauty. She digs that ever-lovin' natural look, which includes lip gloss and not too much face makeup except before the camera. She loves lots of activity and exercises daily.

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AH-MEN
should guys have the last word?

Written by Robert A. Friedman

The Last Word can break your heart or split your sides with laughter. North, south, east and west – girls are trying to figure out if they should put up, shut up or trade witty (and sometimes not-so-witty) one-liners with their male friends.

This may not actually solve your problem, but when you're trying to decide if guys should have the Last Word, smile! Remember, *you're* not the only one!

It's happening everywhere:

—Miss Cynthia Blabbergast of Montgomery, Ala., reports she can't get the student manager of the boys' locker room to leave her alone.

—Miss Sissy Danglelip of Madison, Wis., reports that for the sake of one word she could have gone steady with the student body president.

It's happening everywhere: Teenage girls are being confused over the Last Word – and who should have it.

Unfortunately, the world of romance isn't always a bushel of Valentine cards and a constantly ringing telephone.

Yet lonely Saturday nights can be turned into groovy, mind-blowing dates once the Last Word is tackled first.

So you must learn when to end a conversation with Mr. Cool or Mr. Creep – or when to let him end it.

Let's take the L-A-S-T W-O-R-D, letter by letter, and dig familiar places where you'll be forced to practice this new art:

L . . . is for laboratory.

You know, where girl meets boy and boy meets frog in biology knife-a-thons.

You and the groovy guy next to you are keeping one eye on the microscope and the other eye on each other. He will probably dig the way you look and say:

"Wow, that's an outasite specimen."

Smile, point to his frog, and say:

"Yours is kind of cute too."

"I didn't mean my frog, sweetheart, know what I mean?

Throw the Last Word at him by giving a blank stare and adding:

"You call your frog 'sweetheart'?"

The worst part of any laboratory experiment comes at the end, when ol' teach rears back and bellows out, "Clean up!"

Yech! But suppose a fat kid with a crew cut and Batman glasses is trying to win your friendship by doing you little favors in chemistry lab.

Like cleaning up your mess.

Set him up with the Last Word so he won't miss one beaker or spoon that needs to be scrubbed.

"Batman, honey, could you do me an itsy-bitsy favor?"

When he's finished, he'll move his round body over to you and whisper:

"All set, laboratory lady, so what's it worth?"

Pick up your books ,head for the door and mumble . . .

"You can borrow my Robin doll."

A . . . is for automobile.

Sometimes the Last Word in a parked car can lead to the first move, so you have to be careful.

If your date is a real loser, you'll want to get home as early as possible and with the least amount of hassle.

When he's driving you home, you plan to give him a straight arm to the stomach

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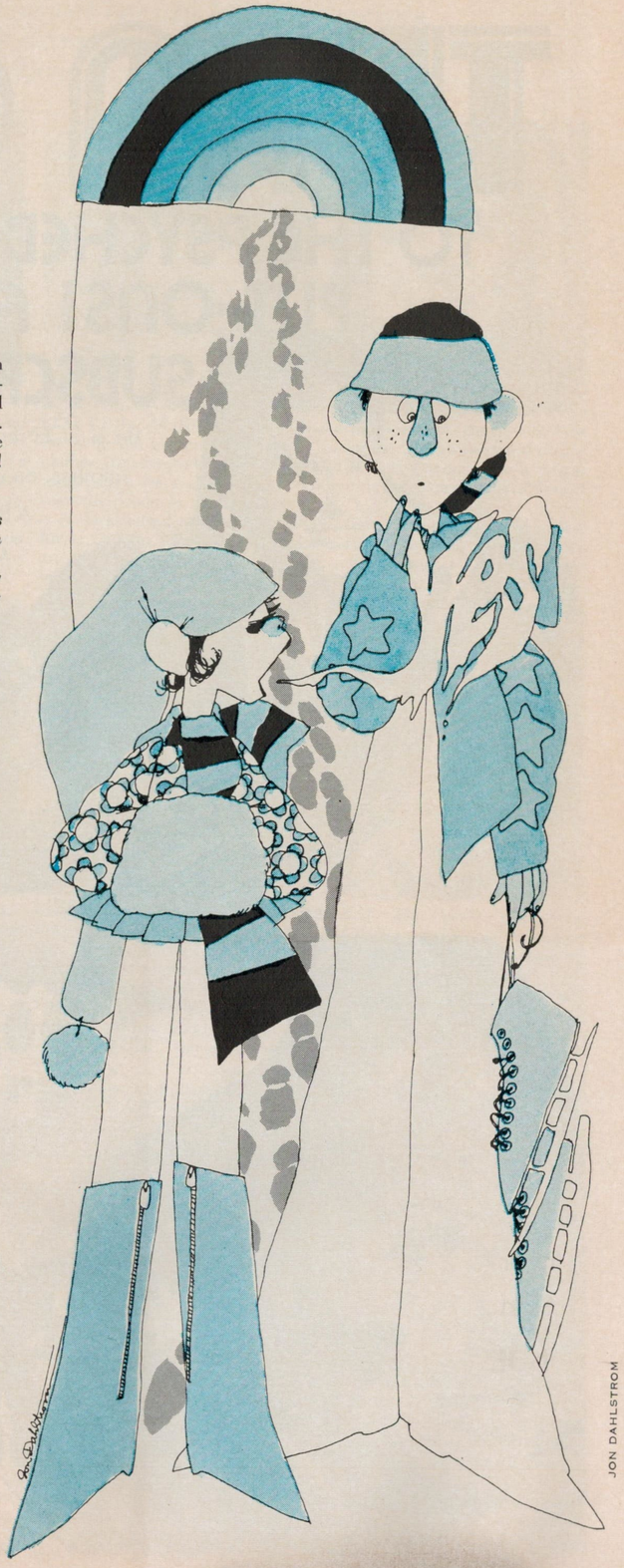

JON DAHLSTROM

Love your hair

New! Wella Care Do.

At last you don't have to put your hair up every night.

Now from Wella: Care Do, the first hair set with memory. Actually makes your hair remember the set from shampoo to shampoo. Set your hair with Care Do and it stays set. All silky and shining and clean. Wella Care Do texturizes and adds body, too. So if the wind blows, let it. Your Care Do set bounces back every time.

The loveliest hair gets Wella care.
Ask your hairdresser.

WELLA

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Do your hands get kind of clammy sometimes? Have you ever thought you'd just die 'cause HE asked you out and you're ready to go, but you know you've ruined your new clad without even looking? Well, you've been a victim of Perspiration Panic.

PERSPIRATION PANIC

EXTRA! EXTRA! Read all about it! The word's out! Perspiration, the big dampener causing all sorts of embarrassing misery, can be nabbed! Yes, and *you* can do it! Without super problems too. So don't sweat it, kid! Not only can you control perspiration, but it's really nothing to get all uptight about either. It's as natural as breathing. And, believe it or not, just as healthy! Sure thing. Every body *needs* to perspire. No, we're *not* kidding. Perspiration actually helps purify the skin by eliminating waste. It also acts as the body's safety valve 'cause if internal body pressure were raised a whole lot and there were no way to let it all out, every body would certainly feel "sticky." Not only does perspiration get rid of excess body heat, but it helps keep pores clean too.

You're probably wondering how all this happens. Well, it's really quite simple. It all has to do with something called SWEAT GLANDS. Would you believe your very own body has over two million of them and that there are about 650 per square inch of skin! SWEAT GLANDS produce all the perspiration which exits through the pores. There are two types of glands that do the work: the ECCRINE and the APOCRINE. Eccrine glands outnumber the apocrine and are found practically all over the body. They've got two very important jobs: (1) To regulate body temperature. (2) To excrete waste. They go into action at the sign of heat, humidity, exercise, hot spicy foods and tension. That's the reason your hands get kind of clammy and sweaty when you're nervous. It's those eccrine glands working.

Now everyone knows that lots of exercise makes you warm, and the warmer you get, the more you perspire. Well, it's the old safety valve in action. The body is literally "letting off steam."

The perspiration from eccrine glands has very little organic matter. It's mostly salt and water. It doesn't smell unless you let it accumulate and don't wash it off. Apocrine glands are responsible for underarm perspiration. This kind of perspiration has lots of organic matter. The apocrine glands start working at puberty. They're set off by pain, fear and just plain excitement, so they could care less whether it's hot or cold outside.

By this time you're probably wondering about the biggest prob of all — ODOR — and where *it* comes from. Well, providing air circulates and the body is kept clean along with clothes, there's no perspiration buildup to cause odor. However, things aren't that simple. Everybody has what scientists call "resident bacteria." Well, this bacteria in residence works on the organic matter in perspiration (especially from the apocrine glands), and *that's* how odor comes on the scene.

No, you don't have to hide in an airtight space suit. Besides, they're hard to come by! And you don't have to worry and suffer either. There *are* things to fight off odor-causing bacteria. What are they? ANTISEPTICS! (Found in deodorants and some soaps.) Since antiseptics hate bacteria, they fight 'em like mad. And, since antiseptics are the good guys, they win. Remember though, in this out-and-out war, you have control of the battlefield and *you* have to help your body out by following the three C's — the Colossal Clean Campaign: (1) Take a bath or shower at least once a day, more if you can in the summertime. (2) Shampoo often. Your scalp perspires just like the rest of you. (3) Use soaps with odor-fighting antiseptics, soothing deodorant powders and don't *ever* forget deodorants and anti-perspirants.

What's the scoop on deodorants and anti-perspirants? No, they aren't the same, although lots of groovy products you can buy are both. So that you really know what's what, we've defined them for you: DEODORANT — doesn't *stop perspiration*. It checks *odor* with our old fighting friends, antiseptics.

ANTI-PERSPIRANT — Like the name says, anti-perspirants are against perspiration. They actually check the flow of perspiration. Generally, they contain some form of aluminum salts to do their work.

Perspiration products come in a variety of forms: creams, liquid roll-ons, sticks and sprays. Choose the type you like and start helping your body out. If you feel you have a super problem, confide in your doctor. But remember, don't get uptight. You and your body are going through so many emotional and physical changes now that a lot of perspiration is normal. The big thing is — DON'T PANIC!

SUPER SENSITIVES — For people with allergies there are special groovy hypoallergenic products around.

EXTRA HINTS: (1) Sometimes applying a product right after shaving can cause a stinging feeling and maybe even a rash. For the most part it's a good idea to wait a while after shaving unless the product specifically says you don't have to. (2) If you want to be extra cautious and feel super safe even after using a fab deodorant-anti-perspirant or you know you'd just die if you ruined that gorgeous new party clad, you can buy something called "shields," which do just that — shield your underarms. They pin right on to your bra or inside a dress, and no one knows but you.

So, dearie, you see that the big dampener — perspiration — has been cornered. The probs he causes *can* be solved. People who don't think so are — you guessed it! — ALL WET! (T)

What to do about that Saturday night THING on your chin.

Quick. Get yourself some Cover Girl 'Plus 3,' the first acne medicine in three shades. Light. Medium. Brunette. They all cover naturally. Blend beautifully. Even smell nice!

But 'Plus 3' is real medicine. It really can help make your skin clearer and help prevent new acne infection.

And that's what to do about your Saturday night "thing." And your Tuesday afternoon "thing." And your Friday morning "thing."

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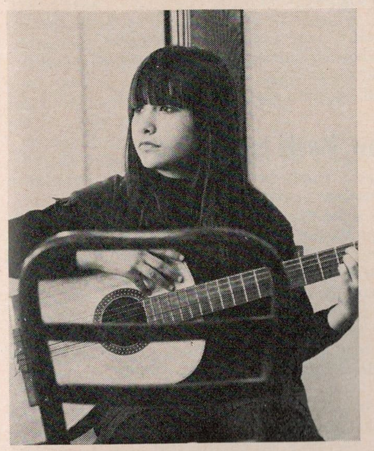
PARTY LINE

ONLY 11,999,999 To Go: We couldn't show you all of the estimated 12,000,000 teen guitarists in the U.S., so we picked this daydreaming teen — **Renee Preston** — from the Old Town School of Folk Music in Chicago.

American guitar manufacturers report that sales have been hitting the million unit mark since 1964! Teens have a big influence in rising guitar sales. While individual strummers often play for their own enjoyment, group playing among members of the NOW generation is becoming IN at YMCA's, parks and recreation centers, schools and just about anywhere that these musical live wires gather!



TRUE OR FALSE: Is the Kiss of Death — immortalized by **Kelly Nelson's** report to Party Line in November — for real? "Do you *really* lose three minutes off your life every time you kiss?" asks a curious **Rosemary Sciara** of Kansas City, Mo. "My dad says it's not true. He says it's just a bunch of old women telling a tale."

Well, Rosemary, who knows? That very same day 'TEEN got a letter from **Richard E. Richards,** assistant professor of biology at Western State College of Colorado. This is where the Kiss of Death theory originated (apparently you Party Liners have been *swamping* the college with letters about this study after reading the item in 'TEEN). Professor Richards gave us permission to publish the following item from the college paper:

"'Kiss and die young — for every kiss shortens life three minutes!' is the verdict given out by the future psychologists, who made a survey of this momentous question in genetic psychology; therefore all neckers should beware.

"Computing on that basis, 480 kisses would take one day of life away and 3,360 kisses would eliminate one week. Then only 175,200 kisses would exclude the kisser from one year of living. Is it worth it?

"This is how it works. The kiss causes such palpitation of the heart that the extra beats of that organ amount to the normal number which take place in three minutes. Thus the heart is overworked and weakened until three minutes of the kissed or kisser's life are taken away.

"Therefore, either kiss and die young or don't kiss and live to a ripe old age."

Okay. Fine. But do doctors take this seriously? 'TEEN asked a few doctors about it, and they just smiled! "Kissing — as yet — gives no evidence of being a major hazard to health," one doctor told us — with a straight face but a twinkle in his eye. "Tell your readers that a ban on kissing is not likely in the foreseeable future!"

WRAPPED UP ROYALLY: That's **Rose Marie Klespitz,** 17, of Aurora, Ill., winner of the 10th annual "Miss American Teenager" contest at Palisades Amusement Park, N.J. One of her fantastic prizes: a Natural Lynx Flemington fur coat, designed especially for her by Mr. S. Rogers Benjamin, president of Flemington Fur Co.

A senior at East Aurora High, Rose Marie is on the Honor Roll and won an outstanding student award. She has been a member of the Student Council, the German and Dramatic Clubs and was chairman of Homecoming!

In her new role as "Miss American Teenager" Rose Marie will become the national teen crusader of the American Cancer Society. She'll tour the nation giving advice to young Americans on the hazards of smoking.

This is one of the official duties of "Miss American Teenager." Rose Marie's predecessor **Fran Garten** saw a lot of the country as she traveled around rapping with fellow teens about the question, "To smoke or not to smoke!"

So what *else* is in Rose Marie's bright future?

After she graduates in June, this lively miss hopes to enter Northwestern University as a theatre major. Her greatest ambition in life: "To be happy and make others happy!" (T)

Send the latest scoop in your area to Party Line, 'TEEN Magazine, 8490 Sunset Blvd., Los Angeles, Calif. 90069. Please enclose stamped, self-addressed envelope & candid snapshot of yourself.

Draw Lincoln

Contest Prize: $795.00 Scholarship in Commercial Art

Draw Lincoln in pencil — but make your drawing a different size from the picture shown.

If you win the scholarship prize, you get the complete course in commercial art taught by one of America's leading home study art schools — Art Instruction Schools. You will receive personal attention from professional commercial artists in the fields of advertising art, illustrating, cartooning and painting.

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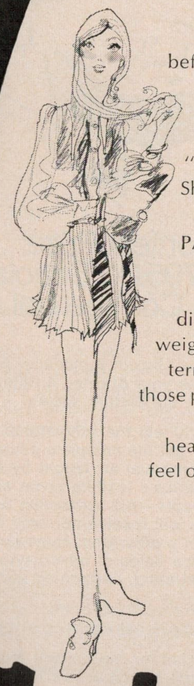
Mother's "New Look" could hide that-time-of-the-month-puffiness.

you've got no place to hide it



Mother felt bloated just before her period. She suffered cramps, headaches, backaches, and the like. She not only said she was "unwell"—she meant it. Alas! She had "water-weight" gain.

Lucky you have a pill like PAMPRIN® to take. PAMPRIN helps overcome a basic cause of pre-menstrual discomfort. It eases the water-weight gain that makes a girl feel terribly puffy. It relieves a lot of those pressures and pains that may cause cramps and simple headaches. So now you needn't feel or look "unwell". Isn't it time you told your mother about PAMPRIN?

Please...don't keep a good thing to yourself.

AH-MEN
continued from page 82

at your front door and tell him how happy you are that you'll never see him again.

Suddenly he veers off the road, weaves down a dark, dirt road and grinds to a halt. He'll start out with something like:

"Darn. Out of gas." "Thought this was the main drag" or a clever phrase like, "Hey, ya wanna park?"

Make sure he keeps his seat belt on and, with a booming voice, pick one of the following to set him straight:

"You were out of gas before you picked me up."

"Listen, *you've* been the main drag all night."

"Sure I wanna park. In front of my house. Where there's a 30-second time limit on stopping."

Walk-in theatres offer the most security against romantic passes, but once in a while you and your date will wind up parked in a drive-in.

Even though he may really look like the All-American boy and talk only about the All-American girl, you still must be certain that by the end of the evening you'll both know what films were shown.

Instead of playing the "grab-her-hand" or "arm-around-the-shoulder" bit, your date may decide to pass on this bummer and ask you where it's at. You take the Last Word:

"Hey, baby, you dig me, don't ya?"

"Eh."

"You can't fool me. C'mere and give me a big kiss."

"Do you know what the Russian word *nyet* means?"

He'll stumble and answer "no."

Place your left elbow in his right cheek and smile.

"Right."

S... is for show. Movie type.

In contrast to the drive-in, the walk-in movie is safer in some ways and more hazardous in others.

Just pick up on some typical Last Word comments recently overheard in a large theatre in Fargo, North Dakota.

"Frank, you shove that popcorn at me one more time and I'll pour it all over your shocking pink bell-bottoms."

"No, we *can't* share the arm rest!"

"No, there *isn't* room under my coat for another cold hand."

"How'd we ever wind up in Fargo, North Dakota?"

If you are used to seeing double features, you'll also be used to a standard practice at theatres across the country.

Intermission.

This allows you to split for 10 minutes to readjust your make-up, blond fall, black shoes and, perhaps, blue mood.

Intermissions are, therefore, usually colorful.

But you can't turn to your date and say, "Be back in 10, honey. I've got to readjust my makeup, blond fall, black shoes and blue mood."

So you use the most common but frequently overlooked Last Word to hit the crowded rows of flick houses:

"Excuse me."

T... is for telephone.

The telephone warms your ear, drives your parents buggy and connects you with an odd assortment of creatures making demands on your time.

Familiar Last Words used on this instrument include: *good-bye, catch ya later, see you tonight, see you tomorrow, hang tough* and *flake off*.

They are used in this manner:

"Hi, baby, one guess who this is."

"Good-bye."

"So, anyways, I'll see you soon."

"Catch ya later."

"Well, maybe we can get together sometime."

"See you tonight."

"Well, maybe we'll go out tonight."

"See you tomorrow."

"I've asked you out every night for the past four weeks, baby, and you're always busy. I don't want to jump to conclusions, but what else can I do?"

"Hang tough."

"I heard that you told you-know-who you wish I'd behave like good dandruff. What the heck does that mean?"

"Flake off."

With more and more teenagers getting their own phones installed in their bedrooms, bathrooms or refrigerators, a conflict has arisen between daughter and parents.

When the phone rings in this type of home, all activity stops until it is determined whose phone is ringing – and where.

"That's yours, Mom," is the normal response until Mom answers back "It's for you," and you have to tell the caller to *please* use the number of your bedroom phone.

Sometimes your boyfriend will use the right number and it's *still* embarrassing:

"That you, hon? What's all that noise in the background?"

"I'm . . . in . . . the . . . ssshower."

Very often fathers can be counted on to come up with a Last Word that shakes up the new guy who calls you.

"Yeah, this is her number, but I was grabbing a piece of cold chicken so thought I might as well answer."

W... is for water fountain.

You know, where you kill time between classes, wash off your comb or deposit your gum.

There's not much time to play games, so quick-talking, quick-drinking tactics must be balanced with slow-speaking, slow-slurping operations.

In the first case, suppose a guy that everyone calls "Gimpy" behind his back is in front of you in line to the fountain.

He slobbers sweet nothings from the corners of his mouth as he walks backwards. Finally, after a short eternity, it's his turn.

But he's still looking at you. With a great deal of tact, very quietly tell him:

"Hey, Gimp, quit slobbering sweet nothings and get a drink."

It should turn out to be the fastest gulp in history.

But later on in the day you discover that, while you waited in line for old faceful, the sun is mysteriously blocked out and a dark shadow falls over you.

It's the school's star basketball player.

You casually lean backwards until your head rests against his belt buckle.

"Oh, excuse me."

"Who said that?"

"Down here."

"Oh, yeah. Hi."

You haven't much time, so when it's your turn to drink, just touch your lips to the water and look up at him.

"Wet."

"Yeah."

Duck your head for another taste, making sure nothing dribbles down your chin as you face him again.

"Are you real thirsty?"

"Nah, just want to get rid of my gum."

Aha! He's just opened the door of opportunity – your big chance to lay the Last Word on him and blow his mind.

"Get rid of your gum? Outasite! There's room next to mine – the pink bubble stuff with my teeth marks in it."

Don't worry if he stomps away. If he can't dig teeth marks, you wouldn't want him anyway.

O... is for outside.

Outside is where rain falls, winds blow, sun dazzles and things bloom – like flowers, trees, old weeds and young love.

It's kind of nice to leisurely huddle under an umbrella with your boyfriend as you take turns stepping into mud puddles and tripping over each other's feet.

But should you let him have the Last Word if the umbrella breaks and you're both drenched by a raging downpour? Yes – if it's his umbrella.

"Oh, no! Bill, I'm sorry your lousy umbrella broke. Oops! I gave it to you, didn't I?? I'm sorry, Bill. Really. Gee, I never knew the colors of your shirt would run like that if it got wet. Gee, your hair really looks like bad news when it's not combed. You know, Bill, when you're wet you look like you've slept in the gutter for three nights."

"Aw, shut up!"

If it's your umbrella, then have a heavy heart and get in the Last Word before he can complain.

"Gee, Bill, you're cute when you're wet."

Often strong winds lead to strong misunderstandings, and caution must be used before replying to what otherwise would be just another rap session.

"Bill, I can dig walking in the park, but I don't like the angle."

"Angle? What angle? We've always been honest with each other. I'm not going to try anything, for crying out loud, so what do you mean angle? I've known you all this time – five days now – and you still don't trust me? Angle? What angle?"

"About sixty degrees, dummy. I can't stand up and walk straight in this crummy wind."

Freshly-fallen snow carpets the area in front of your school as you leave on a Friday afternoon. You're feeling sorry for yourself because you might have to stay home that night when, slushing toward you, comes the boy of your dreams.

"Hi," you gasp. "You look familiar."

"Hi, how's that?"

"I don't know. Thought you might be the boy of my dreams or something like that."

Here's where letting him have the Last Word can smack you in the face like a wet snowball:

"Keep dreaming."

R... is for room. Class-type.

This location is great for whispering, passing notes, exchanging glances or, if there's not much else happening, listening to the joker standing by the big desk.

Unless the teacher deliberately tells students where to sit, you'll want to find a desk in the back of the room – behind a very tall classmate.

If you're wondering about something, just turn to your girlfriend sitting next to you and murmur:

"Three seats up, one row over, what's the story?"

She'll make sure her notebook is placed directly in front of her face, the teacher is writing on the blackboard and no one else is listening before answering.

"Huh?"

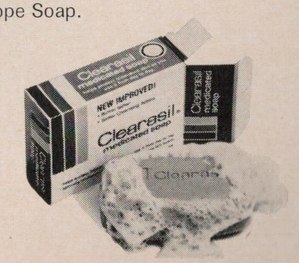
Now make sure the kid in front of you is sitting up straight, slump down in your chair and talk just a little bit louder.

"I said thu-*ree* seats up and *one* row over – who is he?"

continued on page 88

New-Hope Soap

Clearasil® happily announces a Medicated Soap that means new hope for your troubled skin. Clearasil Soap has super-sudsing power that really gets down to pores and cleans out dirt and excess oil. Plus Hexachlorophene to protect you – it fights off the bacteria that can spread blemishes. Use Clearasil Soap anywhere you've got problems . . . face, neck, back—but use it! New sudsier Clearasil Soap—the New-Hope Soap.



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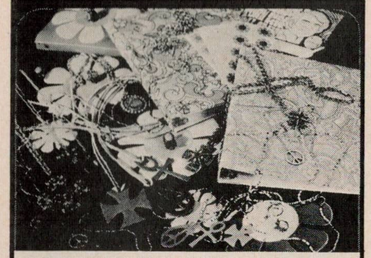

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5916 Hollywood Blvd., Los Angeles, Calif. 90028

continued from page 87

The next voice may not be that of your friend as the teacher whirls around and points a finger at you.

"Did you have a question?"

If the identity of the boy is very important, then slap down the teacher with the Last Word in order to find out who he is.

"Yes, I had a question. But I'm sure it's in the book."

"The textbook or the supplement?"

"Neither. Your roll book."

This will either solve all your problems or create a new one as you scrape your feet along the corridor to the girls' vice principal's office.

Of course, you could have taken another approach by passing a note up three seats, in your row, and asking:

WHO IS THE BOY NEXT TO YOU?

The timing of note-passing must be precise. Often you sweat through 30 or 40 minutes of waiting until the note can find its way back.

Don't be discouraged if you find printed at the bottom of your note huge, block letters which read:

MY BOYFRIEND

After all, it doesn't hurt to ask . . . .

D . . . is for dance.

Let's take the big school dance first, where the adult chaperons guard the punch bowl and let the kids do their own thing.

Suppose you've got a date who's so-so. This guy is always second string on athletic teams, finishes number 14 on the list of the 10 best-dressed males at school and picks his ear with a slide rule.

You look around. An acquaintance and her date are rapping with each other about two feet from the band, and he only nods his head every other minute.

Make sure you finish the next dance right next to the couple.

"Oh, hi, how have you been?"

"What's that? Talk up!"

"HOW HAVE YOU BEEN?"

"His name's not Jim, it's RICH."

"What, you're rich? Look, you want to change partners for a dance?"

"Change partners and take a chance? Sure, why not."

At this just grab her date's arm and let her last statement become the Last Word.

At smaller parties given in homes, where maybe 30 people just happen to "drop in," you'll have more freedom of movement.

You might find a smart-aleck kid who insists on having the Last Word, but don't let him.

"Hi, my name's Cindy," you begin.

"Big deal. So is mine."

"It fits."

When rocking out at dances, you can jerk your head up and down and sideways when he asks you a question or be too pooped to talk if he wants an answer.

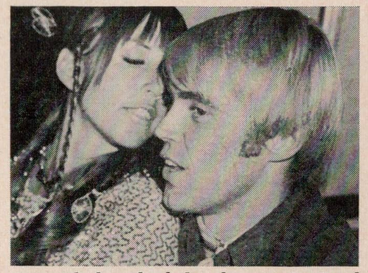
Don't you see, girls, the Last Word is a strange thing to get used to. Practice has brought peace of mind to many who bother to let the Last Word be a fair, honest expression of what they're thinking.

Yet before you get around to the Last Word, there's got to be a first word.

But that's another story . . . . 'T

continued from page 12

president of MGM Records and vice-president of MGM Studios. At 24, Mike is the youngest prez in Metro's long history. Dennis goes with Mike's sister, cute and cuddly **Carol Curb,** 18, executive secretary of the label.



Groovy little-girl side braids are in for Carol Curb when she's out with Dennis Cole.

Surprise! The five top-ranking rock groups in U.S. sales in 1969 were **Beatles, Creedence Clearwater Revival, Blood, Sweat and Tears, Rolling Stones** and **Led Zeppelin,** in that order.

Solo singers ranked: **Johnny Cash, Glen Campbell, Bob Dylan, Elvis Presley** and **Tom Jones.** The "Hair Original Cast" LP outsold every other album in 1969 and part of 1968 too.

Triple-powered Three Dog Night lets each lead singer do his own thing on 3-D sound.

Biggest selling records in U.S. music history are **Bing Crosby's** "White Christmas" and **Irving Berlin's** "Easter Parade," which continue selling year after year.

CLEAN THOUGHTS ON A DIRTY WALL. Guitarman **Lee Michael's** pets include a wildcat, Russian wolfhound, cheetah and a female, age 18½ . . . **Barbara** ("Last Summer") **Hershey,** now 21, has been on her own since she graduated from Hollywood High at the age of 17 . . . Bobby Goldsboro bites his nails (fingers) when he's away from home too long . . . Publicity for the new **Illusion** group, on the Steed label, describes them as "five comparatively clean-cut boys out of Long Island, N.Y.," but the album pictures show the lads as shaggy ones . . . **Jimi Hendrix** tells us he "feels guilty" when people say he's the greatest guitarist on the scene . . . Summing up the philosophy of his group, **Wild Thing,** leader **Jesse Brock** says, "We just want to get as rich and famous as we can as soon as possible."

Like the man said, it's better to be healthy and rich than sick and poor. "If that's all there is . . . ." 'T

continued from page 47

better not have a man and woman in a bedroom together — even if the script had them playing man and wife. Twin beds only!

No need for I.D.'s at the box office in those days, you can be sure!

You can imagine the surprise when gorgeous Rhett Butler blasted the theatre with that controversial "damn" in "Gone With the Wind." That was about as profane as it got. Why, even as late as 1953, a flick called "The Moon Is Blue" couldn't get the "Seal" because the story was about a virgin — and they used that terrible word right in the script!! You're beginning to see what the history has been?

But times change, and along came TV! It started keeping the grownups home. Young adults became the main group who go to movies. They wanted to see well-made, sophisticated films about hypocrisy, marriage and the real issues of life. "Tell it like it is" became the catchword of the '60's.

And, of course, there was a shabby group as well who wanted to make rotten pictures just to lure audiences away from the oh-so-easy-to-watch tube. "Give 'em what they can't see on TV!" was the answer.

The Supreme Court had also become more liberal by the 1950's. It reversed itself on that 1915 decision and now said that "Yes, the motion picture industry is guaranteed protection under the Free Speech Amendment too."

In 1966 the Motion Picture Code was revised. In 1930 there had been some things that were absolutely taboo. Now the rules said the moviemakers should "exercise restraint and care" but did not spell out how far moviemakers could go in "exercising that restraint."

So we're up to date. Lately many excellent movies have been made that never could have been shown before. Thought-provoking, realistic films. But there have been plenty of cheap sex-ploitation films made too. Wasn't there any way to keep kids away from down-and-out pornography and still let good, mature films be made and shown to adults? Something should be done, said people.

GMRX was what was done. How fair is it?

One way of thinking about it is that no rule is ever fair for all of the people all of the time. Every rule inconveniences some people more than others. Since no two people are alike, the ratings will be "fairer" for some than others. Some teens are a lot more mature than others of the very same age. The ratings have no way of sifting through the millions of teens and saying, "Well, here's Suzanne, and she's a very bright girl, so she's ready for this flick. But Joan over there shouldn't go to an "R"-rated flick till she's 30!" It just can't be done that way. Some teens are mature enough to drive before they're 16 — but there's no way of measuring that easily. It's the same kind of thing. And it all boils down to the idea of compromise. Without *that,* democracy is nowhere.

Okay, how fair is the idea of censorship? Because no matter what you call it, the ratings do "censor" you from seeing certain movies. Again, to deal with the realities, there is no totally fair way to handle this. Would you want your kid brother to go see "The Killing of Sister George?" Is any youngster ready for "I Am Curious?" According to the special 'TEEN survey we ran, you also agree and don't really dig too much skin and smut on the screen either.

The part that really bugs *you* and *us* is that ratings don't make a distinction between something raw and vulgar and something tasteful and romantic. Why should a rape scene in one movie get the same kind of rating as a tender love story? Do they measure sin in square inches of flesh? Doesn't it make a difference *how* it's handled? Why should any parent have to use "discretion" in deciding whether his children could see "Romeo and Juliet?" It's ridiculous.

Just for the sake of argument, though, remember that the raters are only human. What's clean and what's dirty is to a large degree a matter of individual opinion. Always will be. There has never been a time in our history when anyone — ANYONE — could come up with a good legal definition of obscenity. Which is why it's so very hard to come up with ratings. What's cheap to one viewer may be considered an "artistic message" to another. It's the same for the raters.

But seems to us they could do a lot better for you teens. Hee ho, here's another "R"-rated film about a couple of teenage students. Who's going to get in to see it? Grandma? Or there's an "M"-rated flick that's got so much blood in it you could take a bath in it. Lots of pix would probably get "M"-ratings if the producer hadn't thrown in that one crude scene which got it the "X"-rating.

It almost seems that maybe "X" = big profits in a way. Oh, the teens won't get in, but how those early 20-year-olds will jam the place. So more producers will be tickled (yellow). With an eye on the dollar sign, they'll make more and more flicks that are out of teen-reach. It's maybe a vicious circle . . . sigh!

How do you find a conclusion out of this whole mess? Maybe the ratings aren't the villains. Maybe ratings are the best choice where none of the choices is perfect. Everyone knows that in the real world those are often the only choices you've got. Sure, they could improve the thing by giving more intelligent reasons for why a picture gets a certain rating. It would be nice if the "G"-movies were less sugary and if there were movies on interesting topics that teens could get in to see.

But it seems that it's not the ratings that are the real evil. The ratings system didn't make the movies. The producers made them because they SELL. The real hypocrites are the adults who enjoy and pay to see the kinds of movies that they don't want you to see.

Sad part is that the way it's turning out, teens are barred from good adult flicks because so many adults want junk. It is a puzzlement, isn't it?

'TEEN thinks so too. 'T

How do you feel about it? Fill us in on the ABC's of GMRX from your point of view. Are they fair? Are the restrictions enforced? How would YOU change things? Write to us: GMRX, 'TEEN Magazine, 8490 Sunset Blvd., Los Angeles, Cal. 90069.

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ROSES ARE RED
continued from page 53

ular as a wet piece of bread.' I just died.

"But now, looking back, the way I see it — big popularity in school doesn't matter all that much when you're outside. You don't have to worry about whether everyone likes you or not.

"And I sometimes wonder about people I've met who say, 'High school days were the happiest of my life.' I mean, I look at them and wonder: Haven't they ever been happy since?

"I guess the main thing I'd recommend for popularity is to get along with people in general. Be a listener, not a talker. But have your own ideas too. It's really hard to know. *What is* popularity anyway?

"Sometimes I think that sadness and loneliness can be a character builder, in a way. It can *help* you become the person you are when you grow up."

This advice has even more significance when you consider the gal who's giving it. She doesn't claim to have any answers, yet despite her own difficult times during the teen years, she obviously managed to be an attractive, happy person. 'TEEN got the impression that the main meaning of her experience was: Wait a little, and it will work out if your attitude is basically okay.

A sensible attitude and a cute personality are *not* all it takes to enter the Miss Teenage America Pageant though. To go along with that, you usually have to have talent. Which, of course, Karen had — even if she didn't have any formal or professional training.

Karen was a junior when she flew to Dallas to appear in the national Miss Teenage America Pageant. She had won the honor of "Miss Teenage Santa Rosa" in the very first competition that that town had ever had.

Karen did an original pantomime dance of "Blame It On The Bossa Nova," which was the fav music at the time. Remember?

Her different costume helped to clinch her victory. It was a "Daisy Mae" creation consisting of a red skirt and a white peasant blouse upon which she'd tacked big red polka dots. Add black leotards and red sneakers and you can imagine the colorful effect she created.

So impressed were people who saw her that right during the Pageant Karen got a call from Ed Sullivan and was flown back to do her routine for his show! She was so good that she was invited back for a second appearance a few months later.

From this lucky and exciting experience came her first contract with an agent. But it didn't all happen right away. First, she had to return to Sebastopol and continue being . . . just another student.

Not till after graduation would Karen have a second and more important crack at doing what she loved most — performing.

Part II — next month'll fill ya in on what happens to a gal fresh out of high school when she hits Hollywood to break into showbiz. Don't miss it! It's a great story!

I WAS A SPY
continued from page 49

gotten shown at that theatre? Even if the *moral* of the flick were fair, did they have to present it in just that way? It's almost like saying the older you get, the wilder the picture should be. Like loads of people are saying G=good and X=bad. *Not* X= more truly mature . . . just more raw, more racy, more so-called *real*.

At the nitty-gritty level the whole thing's a hodge-podge. Some 16 year olds can't get into R-rated movies — even though the present rule allows it. "I don't have a driver's license," complained one of the gals waiting in line — hopefully. "And my student card doesn't prove I'm 16 either. How can they tell just by looking at me? They can't!"

Another one joined in. "See that kid down the way there? He just became the *temporary* son of that couple behind him!"

The usher had a minute to rap. "Sure, we get loads of kids trying to get in under age. Some of them bring notes from their principal. Others bring notes from their parents. Some hitchhike in with a stranger. You see most of them at the matinees. I guess lots of them get in too. We can't really prove it one way or another. But then I don't think this picture is all that bad. I'm not even sure why it got the R-rating."

Neither are lots of teens. And what really kills some of them is that they have to pay an *adult* admission price in order to see a G-rated movie. "It's really a mess," said one angry teen who'd been turned away. "I've got friends who saw this just last week, and they weren't 16!"

"And the really stupid thing is that lots of the flicks are either about teens or for teens — like 'Alice's Restaurant' or 'The Sterile Cuckoo.'"

And yet the opinion of most of those we interviewed was very confusing because, at the same time, they said they thought the ratings were "fair." As they talked, we realized that they do agree with the original purpose of the ratings: to keep children from seeing certain subjects handled in certain provocative ways before they're ready to absorb it all.

"You would really laugh if you went to a drive-in of a restricted movie," one of the over-16 students told me. "There are all those little kids playing on the jungle gym at the drive-in playground."

The over-16er was one of the lucky ones. As she spoke, I saw a less fortunate pair out of the corner of my eye. He looked about 17 and had just flashed his I.D. to the two "censors-who'll take-your-money." But his young girlfriend standing a little way out of sight had been spotted. The couple looked at each other as if to ask, "Where'll we go now?"

I could have told 'em. Go be a spy at a res-trick-ted flick. And write a story on it. It's a weird experience. What would you say the R-ight answer is? Let us know!

M.D.'S CORNER
continued from page 6

best job of absorbing excess oil. Flesh-colored medicated creams and ointments are nice for touching up localized problems, but generally, because they are oily themselves, would not be helpful as an overall acne treatment.

What about food? Is it true that a chocolate bar will literally leave its mark via a proliferation of pimples? Diet can — and does — affect acne. That chocolate bar may not actually *cause* acne but may aggravate the condition by causing skin secretions to become more irritated. Foods generally banished from the menus of all teens so afflicted include chocolate, cocoa, nuts, cola drinks and fried food. In severe cases dairy products and sweets are also restricted.

Needless to say, if your acne is severe and persistent, if you already have deep pits and scars, you should see a doctor, preferably a good dermatologist recommended by your family physician.

Many specialists are using a certain antibiotic that not only kills skin bacteria but seems to dissolve sebum as well. This has helped a lot of people with difficult problems. X-rays have been used to clear deep scarring cystic acne. Skin that is already disfigured can be peeled away relatively painlessly by abrasive methods to reveal more attractive deeper layers.

Such treatments take time, however, so don't despair. You can't expect to have a flawless complexion overnight. Control of acne requires a long-term effort and lots of patience on your part.

Your attitude is important. In fact, that is what concerns us most. Left to run rampant or simply to run its course, acne won't cripple or kill you physically. However, the psychological damage that may result from looking different or not quite perfect at the time of your life when good looks are so essential and acceptance by others so vital may be immeasurable.

Don't convince yourself that you are a freak and hibernate in a cocoon of self-consciousness and self-pity. Do as much as you can to control your acne condition. Then try to forget it. Concentrate on other things. Experiment with great new hair styles and find some that are just perfect for you. Play up your eyes with the make-up tricks that every girl learns during her teens. Eat a balanced diet and keep your figure trim. Be friendly and warm to others and learn to think of *them* instead of brooding about your own problems 24 hours a day. Chances are that when a girl is a "teenage hermit" it is her attitude — *not* her acne — that makes her that way. Remember that the "beauty is only skin deep" truism is more than just a nice old saying.

With the combination of time and careful treatment, the acne will undoubtedly vanish. But whether the person underneath that layer of skin is a freak or a well-adjusted, warm and well-liked person is entirely up to you.

UNDERCOVER GIRL
continued from page 50

usually don't insist on seeing I.D.'s unless the kids look *obviously* underage — like 12 or 13. . . ."

Target One Mission accomplished, Jeanie and Mark turned their tickets back to the box office and headed for Target Two: "R"-rated "Alice's Restaurant."

5:02 p.m.: The 'TEEN super-spy team approached the box office and noted the "R" rating in the window.

"I just turned 16, but my girlfriend is 15," Mark said. "She *can* get in, can't she?"

"Oh, sure!" giggled the box office cashier. "I'm just 15 too!"

Target Two Mission accomplished, Jeanie and Mark launched an attack on Target Three: "R"-rated "Last Summer."

5:39 p.m.: Jeanie and Mark walked confidently up to the box office.

"I just turned 16, but my girlfriend is still 15," Mark said. "Can she get in?"

The cashier, a hard-of-hearing older woman, squinted at him and cocked an ear. "Eh?" she snapped. "Eh? Speak up!"

Unrattled, Mark repeated his line.

The cashier shrugged. "One dollar and twenty-five cents," she said, tapping the box office counter impatiently.

Amidst the pop of flashbulbs and congratulations from reporters, the 'TEEN super-sleuth team basked in the glory of an assignment well done. Their three-target Mission was far from impossible; it was a code-defying success.

Are the codes strictly enforced at all times by all theatres? NO!

Some theatres could care less how old or young you are just as long as you have sufficient cash in your eager, outstretched palm. On the other hand, many theatres DO make a real effort to enforce codes by checking I.D.'s or watching out for obviously underage kids in the box office line.

But what about the borderline cases? What distinguishes a 15.9-year-old from a 16, 17 or even 18-year-old — except an I.D. card? Many busy cashiers don't take time to check these carefully. They judge you on the basis of how old you LOOK. And looks — as the old adage goes and our 'TEEN Undercover Cover Girl *proved* — can be deceiving!

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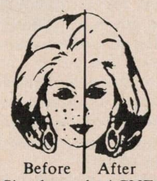

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not just yet. Now I shall try to escape. Perhaps there is pen and paper in the desk. I'll write a note and throw it out the window to a passerby."

Ann went impulsively to the desk and sat down in the cane-backed chair. She pulled out the middle desk drawer. It contained a rubber band and a key that was caught under the molding for pens and pencils. The three side drawers were empty. It was strange the desk wasn't stuffed full of mementos. Her grandmother was the kind who saved things. Various homemade Valentine's Day cards from her children still stood on the mantle over the fireplace in the sitting room. Perhaps the bedrooms in this wing were thoroughly cleaned out when they started being used by the grandchildren and other guests.

Had someone likewise stripped the closet? Ann couldn't remember. She yanked several times on the door, which was stuck. Eventually it opened. Stepping in with her hand outstretched she found the string that dangled from the electric outlet in the ceiling. The naked bulb produced a glaring light. The cracks in the plaster around the socket were like strands of a spider's web.

It was a deep closet built when space was not a luxury. Clothes still hung on the racks. Most were grandmother's. One was once Ann's mother's: a red dress trimmed with fragile lace. There were delicate tucks at the empire waist. It looked frivolous. Ann couldn't picture her mother in it because now Mrs. Brooks wore tailored suits.

Ann dismissed the cupboards with a glance. She had gone through them before and knew their contents well. What she was looking for was a trunk full of old books which was in a smaller room behind the closet. The trunk was partially hidden behind a dismantled crib and barricaded by three cardboard cartons. The one on top contained letters. Ann didn't remember seeing the cardboard cartons before. They must have been pulled forward to make room for the crib which was stored recently when her youngest cousin outgrew it.

She rummaged through the letters, not knowing exactly what she was after, and was surprised when her fingers hit a metal box. It was cool to her touch and seemed to be about the size people used to store things at home they don't keep in a safe deposit box at the bank. It was locked, but maybe the key she'd seen in the desk drawer would fit.

The key didn't work exactly, but by jiggling it and using a bobby pin she was able to unfasten the lock. Now that the box's contents which had been sealed away for who knew how long were accessible to her, she hesitated. Perhaps because the sound of the rain on the roof changed from the pitter-patter of drum beats to the clashing roar of cymbals. She peered out the window.

Downstairs there were a few noises from the kitchen, but that was all. Grandmother was probably dozing in her chair while mother sat by impatiently waiting for enough time to pass so that she and Ann could go home.

Dramatically, Ann lifted the box. "This is Pandora's box," she whispered. "It contains the blessings of the world. When I raise the lid, they will escape. All except hope, which will be forever here entombed!" The box didn't open easily. She had to pry up the lid with her fingernail. She hadn't expected to find much inside. But there was a letter and a small square blue jewelry box – the inexpensive kind that is made of cardboard and covered with velvet – and several printed pages that were stapled together and looked like a legal document.

Ann opened the jewelry box first. It contained a gold wedding band and fit easily on her third finger. There was no inscription. It wasn't a valuable ring, but it was a pleasing width, and Ann liked the way it looked on her hand. She disapproved of the gaudy diamonds that both her mother and married sister wore.

Next Ann chose the letter over the legal document. The letter was addressed to Mr. and Mrs. Charles W. Ridgeway, Jr., Ann's grandparents, 2027 Junipero Serra Way, Pasadena, California. The handwriting was clearly her mother's; Ann recognized it instantly. The slim hand that hastily addressed the envelope still wrote erect capital J's and S's with curlicue tails. Ann knew this was written in haste because the R's, A's and D's were carelessly drawn in the same way her mother now wrote when she was in a hurry.

As Ann read the letter, goose bumps appeared on her forearms, and the blonde hairs stuck straight up. She shivered although the room was quite warm; she'd opened the register grill when she first entered. She tried to put the letter down but she couldn't. Trying to stop reading once she'd started was like deciding not to jump from the high diving board after climbing the ladder. It was easier to keep going than to back down the steep steps. There was a roar of thunder that literally rocked the room. The chandelier swung back and forth. The cat dug his claws into the chaise. Ann sat without moving.

She was through reading the letter. Now she was letting her mind go back in time some 30 years and was imagining her mother sitting at the same desk. Only it would have been night with just the small lamp on the bookcase lit so that the bedroom was a cavern of darkness. Perhaps one of the many cats the Ridgeways had owned meowed as if to ask why his mistress was out of bed at such an hour.

"Sh!" The then Elizabeth Ridgeway cautioned the cat, attempting to compose the letter that Ann now held in her hands. "Dear Mother and Father," Elizabeth began again, starting on a fresh piece of monogrammed stationery.

The words had lain dormant for many years on the faded stationery. But they still were as potent and effective now as they had been when they were first written. Ann turned away from the desk.

She saw her mother sealing the letter, crossing to the closet on tiptoes, jumping at a noise that was only a cricket chirping. Did Elizabeth Ridgeway sneak into the dressing room without turning on the light? Did she slip into the red dress with the white lace collar that hung there still? And a cloche hat that she pulled down over her close-cropped hair?

Ann glanced at the love seat and envisioned her mother's suitcase there packed and waiting. It should contain a white negligee, satin slippers with roses on the toes and a change of underwear. Elizabeth would grab the blue leather overnight bag, kiss the cat good-bye on the top of his head – his nose cold upon her cheek – then leave the bedroom. On her way downstairs she'd push the letter under her parent's door, lingering for a moment before going on.

The letter which Ann's grandparents found the next morning said that Elizabeth had tried to reason with her mother and father, but they had refused to listen because they were blinded by their bitter disapproval of and hatred for the man she loved. It ended as follows: "By the time you read this I will be Mrs. Joe Sardello. If you care to get in touch with me, we will be living with Joe's parents for a while" and was signed: "Your *once* loving daughter, Elizabeth."

The legal document that lay in the bottom of the tin box was an annulment of the marriage of Elizabeth Ridgeway, age 17, and Joseph Sardello. Ann didn't read past the first paragraph.

She didn't know what an annulment entailed but she saw the bleak courtroom, the indifferent judge and Joe Sardello – tall dark, ruggedly handsome. He cast furtive glances at Elizabeth, who sat erectly between her parents. Her eyes were glazed with tears and fixed upon her white gloved hands. Her father looked frequently at his gold watch, and her mother stared in disgust at the Sardellos, who kept nervously shifting positions in their chairs. Mr. and Mrs. Sardello were ill at ease and asked questions of Joe in Italian. He answered curtly in English and then covered his face with his hands.

Ann slowly got up. She went to the window and pressed her face against the rain-spattered pane. Old Puss jumped from the chaise and came to rub against her legs. Downstairs someone was moving around in the library. Voices were barely audible. The bell that summoned the maid rang. When the kitchen door opened, the aroma of frying chicken drifted up the stairwell. The door swung shut, and there were footsteps in the hall.

Ann knew her mother wanted to leave and was asking the maid to find her. She turned from the window. The gold wedding band was still on the third finger of her left hand. The letter and annulment papers lay upon the desk, exposed.

"I'm coming, I'm coming!" She answered in reply to the maid's call. Then she walked toward the tin box. (T)

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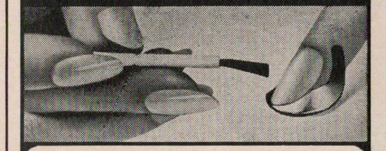

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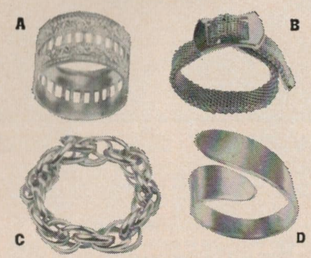

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THE DOOR OF ROMELIA GUERRO
continued from page 28

scarves and listen to the ocean. But since the death, three years ago, of Romelia's mother, Tia had cared for the little brothers.

Romelia said gently, "Tia, the Finch's have come. They have a new pink trailer."

Tia's tossing of tortilla dough from one hand to the other did not pause. "Bueno. Posible Senor Feench will wish your father to take him fishing."

While Romelia washed clothes, her father came with six lobsters. As the lobsters cooked in a kettle over an open fire, her father took the smallest brothers, Miquel and Jose, on his lap. The song he sang to them told of a poor man who never refused to help others. Always this man said, "I will turn no man from my door."

As Romelia hung the last towels over the big cactus, her father called her. He put into her hand a cracked lobster claw. "Tonight, Romelia," he said, "your brother will milk the goats. I will deliver the milk across the highway." Gently he twisted her braid. "You, senorita mia, may take the little ones to the fiesta. Tia will take them home early, but you may stay later."

Romelia chewed the warm, white lobster meat. How kind was her father! Yesterday he had bought her shiny black shoes at the zapateria in Ensenada. Quickly Romelia changed her clothes. She put on a blue, full skirt and a lacy white blouse. Her fingers trembling with happiness, she fastened her shiny black shoes.

Coming behind her, Tia dampened Romelia's hair to erase the waves of the braid. Smiling, Tia held out two combs wrapped in tissue paper.

Romelia walked down the dusty road to the cafe with the little brothers each clinging to one finger on either side. Their dampened hair shone. Their high-pitched voices sounded like the twitter of excited birds.

Though not yet six o'clock, Felipe was pushing tables together. Seeing her, he nodded toward the jukebox music. "We fixed the generator." Swaying to the music, he walked toward her. Without missing a step he plucked a red geranium through an open window. Putting it between his teeth and making a face at the taste, he asked, "Will you dance, senorita?"

Romelia gigled, backing from Felipe's greasy hands. His mother called. "The water is now ready for your washing. Come."

"Un momento. I wish to tell Romelia the mariachis will arrive later."

Romelia clapped her hands. Mariachis! She closed her eyes and thought, "Beautiful are their big-throated cellos and guitars; beautiful their clothes embroidered with birds and flowers." Aloud she sighed, "It is music just to look at them." Then she remembered to tell about Jimmy.

Felipe's eyes lighted. "Go! Tell Jeemy to breeng his bongos." At the door Felipe's eyes grew strangely stern. "Remember, Romelia we are NOT cousins. My father is only the cousin of your cousin."

Romelia laughed. It was an old joke, but Felipe's stern face and his words stayed in her mind as she walked to the pink trailer.

Jimmy and Beatrice were lying face down on cots under the pink awning. Beatrice's long white legs were becoming pink also. Before speaking, Romelia brushed the road dust from her shiny black shoes and was glad that the clothes washing had faded the red pomegranate stains from her hands.

"Hola."

Beatrice did not move. She gave a small, annoyed moan. Jimmy rolled over. "Hi, changa."

Changa! Romelia's foot gave a small stamp. But she had promised, so she told of the fiesta.

Jimmy sat upright. "Hey, boss!" he pushed back his yellow hair. "Let's make it, Bea. Wish I'd brought my bongos."

Beatrice's voice, muffled by her pillow, sounded sleepy. "Your folks went to get butane. But they're taking us to Ensenada tonight. Jim, boy, you forgetting the 'do' for the Regatta? College bigs will be there."

"So?" Jimmy's ears reddened. "So we make it first to the fiesta and then cut out to Ensenada."

"Don't bug me." Beatrice yawned. "You go if you like."

Romelia felt her eyes narrow as Tia's did when she bargained at the stores. "There will be enchiladas with re-fried beans — mariachis too. Hasta la vista, Jimmy."

Returning to the cafe kitchen, Romelia helped Felipe's sisters cut tomatoes, lettuce and olives. The kitchen was hot. Opening a Coke, Romelia walked into the cooler dining room. Holding the Coke, she stood watching the many people now arriving. Romelia felt shy and strange without her braid down her back. And Felipe, standing over there in a white shirt, still looked stern. Yet Uncle Tomas, who usually was stern, was now dancing by himself. Tia Ynez, looking down from pinning the yellow streamers on the ceiling, threw a streamer over his shoulder and scolded. "The juke box has stopped. Why do you not stop dancing?"

"My fat," gasped Uncle Tomas, still dancing, "keeps twisting me."

Romelia did not laugh with the cousins and friends. She reached to finger her braid and touching, instead, the comb, felt sad.

Then she heard Felipe call, "Jeemy, son of a gringo!"

Jimmy and Beatrice were wearing their pink and purple striped matching sweaters. The red hair of Beatrice was piled high. Quickly she sat under a picture of a blue-skirted flamenco dancer. Many people crowded around Jimmy, shaking his hand, slapping his back. "Hola, amigo" and "Jeemy, how grande you are."

Romelia handed Beatrice her untasted, opened Coke. Unsmiling, Beatrice inclined her head and took it. Romelia noticed the nails of her long white fingers were painted purple to match her sweater.

Uncle Tomas was saying, "Jeemy, you not come for two years! What you study so hard in school?"

Jimmy's smile was happy. "Well, sir, geology for one thing. That's rocks and —"

"Rocks! My Felipe, he studies sign painting. Look!" Uncle pointed to the flamenco dancer, who had begun to whirl about.

To Jimmy's introduction Uncle Tomas bowed low to Beatrice. "We are honored with your presence." Turning, he shouted, "Romelia, breeng Senorita Bee-at-treece sometheeng."

First glancing at Jimmy, then at the yellow streamer hanging on Uncle Tomas' shoulder, Beatrice smiled her poke-like smile. "No thanks, Mr. Gu-ah — Guerro. This Coke is enough."

But Uncle Tomas motioned Romelia toward the kitchen. "Which tortilla you like? Flour or corn?"

Two stoves make a kitchen very hot. Romelia pressed flour tortillas on to the griddle, browning them. She thought of Beatrice holding but not tasting the Coke. Her foot gave a small stamp. She spooned re-fried beans, pieces of lobster, olives and cheese on to the tortillas. She thought of the cold, blue eyes of Beatrice making secret fun of Uncle Tomas. Taking the tacos from the oven, Romelia put much chili sauce on Beatrice's, on Jimmy's not so much. If Beatrice did eat hers — Caramba! Her eyes might be cold, but her throat would be on fire! She handed the plates to Felipe's sister, Esmeralda, to take to Jimmy and Beatrice. Perspiration ran down her face, but Romelia stayed in the kitchen, making more enchiladas with olives, beans and cheese. She put them in the oven, shielding her face from the heat.

From outside she heard stampings and shouts. Mariachis! Then she heard the tinny sounds of instruments tuning. When the tap-tapping of feet began, Romelia came to the kitchen door. Everyone, even her littlest brother, Miquel, was stepping to the "Hat Dance."

And there in the cafe doorway was Tia Renalda with her high stack of warm tortillas. Romelia took the stack to the kitchen and brought back to Tia and her brothers the enchiladas she had made.

She looked for Beatrice and saw her standing by the outside door, signaling to Jimmy. "Hah!" thought Romelia as she picked up Beatrice's plate. Some of the taco had been eaten.

Jimmy, yellow hair tumbling as he shook maracas with Felipe, did not notice Beatrice's signaling. Once more Beatrice beckoned. Then, eyes flashing, Beatrice left.

Romelia started to cross the room to tell Jimmy. But her eyes narrowed. Instead, she stood in the doorway watching the sun sink through orange clouds into a fiery ocean. Soon the sea and the sky would be gray. Already, the hurrying white-sailed boats were gone. Far out was an abalone boat. The outside was peaceful.

Inside it was gay! Jimmy now danced with Tia Ynez. How fine they turned, how low they swooped. Romelia thought, "Better without that *roha*. Mucho better!"

She saw Tia Renalda rise to leave. With her gray hair coiled high, Tia looked very distinguished but also very tired. As Romelia took Jose by the hand and lifted up Miquel, Tia put a wrinkled hand on her arm. "Stay, Romelia, and have a happy evening."

"I will return," promised Romelia.

Hurrying back after putting the ninos to bed, Romelia saw the moon in the still-light sky. She must tell Jimmy of the moonstones so that early tomorrow they could search the sea cave. The sound of the generator, she noticed, had stopped.

"Not important," thought Romelia. "We have the kerosine lamps and the mariachis."

At the cafe door Romelia wiped the dust from her shoes, felt her unbraided hair fall softly to her shoulders. Seeing Jimmy hurry toward her, she smiled. Now to dance in the black, shiny shoes!

Roughly Jimmy grabbed her arm. "Isn't Beatrice with you?"

"With me! She left. Maybe a half hour ago."

His fingers grabbed harder. "Romelia, why didn't you tell me?"

"Hah! Now I am 'Romelia,' not 'changa.'" She looked sideways as Jimmy's hand was hurting her arm. "I have not yet danced in my black shoes." Then she felt ashamed. "Jimmy, maybe she returned to your trailer."

Releasing her arm, Jimmy took a torn paper from his pocket. "I've just come from there. This is mother's note: 'We've gone to Ensenada. Someone told us you'd decided to go to the fiesta.'" Jimmy's eyebrows made one line above his eyes. "Felipe can't help me. He's fixing the rotor for the generator." Jimmy ran down the cafe steps, calling back, "I've GOT to find Bea before dark. You stay here and dance in your ding-a-ling shoes!"

Romelia sprang after him. She thought, "Oh, that roha. She is spoiling the fiesta."

Calling, they ran until they saw Beatrice. She was far below on the beach, close to the moonstone cave. The waves drowned Jimmy's shouts. He beamed a flash on the beach for a signal, but the sky was not dark enough for the beam to show.

The sky, sea and hills were gray now. From the cafe a voice sang "Amapola" high and wild, then low and throbbing. Romelia hesitated. She thought of the tiny figure of Beatrice on the gray beach. The throbbing words of "Amapola" dimmed as she raced after Jimmy.

When they reached the beach, they ran swiftly in the roaring gray world, the tide lapping closer at each wave. Near the cave Romelia stopped to remove her shoes to keep them dry. She told Jimmy of the moonstones. "Shall we look tomorrow when the tide is low?" she asked.

"Tomorrow? Now!" Jimmy's eyes were alight. "Or as soon as we catch up to Beatrice. Moonstones! And the tide won't fill the cave for a few more minutes."

Around the bend was Beatrice, almost beside the second sea cliff path. They met beside the cave.

"Bea! Did you give us a scare!" Jimmy took both her hands. "But would you believe you're in time for a moonstone search? We —"

Beatrice jerked away, her words clipped and angry. "Jim, boy, would YOU believe you've traded the regatta 'do' for some ratty little fiesta."

To keep from glaring at Beatrice, Romelia looked toward the cave. A white stone tumbled in the undertow. Holding her shoes high, she darted toward it. But at Beatrice's scream she whirled. Beatrice pointed toward the beach, now under tide water, where she and Jimmy had just been running.

"Ah, Bea, one more wave won't hurt. We're wet now, anyway." Jimmy's flash made a circle on the stones tumbling

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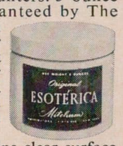

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THE DOOR
continued from page 95

oceanward.

"Beatrice!" Romelia grabbed her, pointing with her shoes. "That way. There is a path. Near the path."

"Get away from me. Get away!" Beatrice pushed Romelia, then ran toward the faraway path.

Romelia struggled out of the water. A wave snatched her shoes. Again she grabbed Beatrice. "THERE is a path," she shouted, pulling Beatrice. "There. It's a close path."

Shuddering, Beatrice let Romelia help her climb to where the waves could not reach. For a moment they both lay against the rocks, choking and panting.

Getting her breath, Romelia started down to see why Jimmy had not followed. Just then a large crab crawled sideways toward them. Beatrice screamed. She would have tumbled from the rocks had not Romelia held her. Great grew the trembling of Beatrice. To Romelia it seemed as if a motor, like the generator of Uncle Tomas, were inside Beatrice.

As Romelia held Beatrice she patted her, crooning as if Beatrice were as small as her little brother. "You are safe. God loves us." The heart pound of Beatrice was so great that it tried to bounce both of them off the rocks!

Finally, holding out a handful of stones, Jimmy climbed toward them. "Look, just look at this haul!"

Romelia snatched the moonstones and hurled them down the cliff. In Spanish she shouted angry, accusing words. Jimmy jerked off his partly dry, striped sweater. He pulled it over Beatrice, wrapping his arms around her shaking shoulders. To Romelia he said, "I got that last part. I'm an 'idioto' who likes rocks because I have one for a head."

"For a heart also."

But Romelia was no longer angry. She thought suddenly of the man in her father's song who would turn no one from his door. "Is not the campo my door?" she thought. "Did I not turn away from Beatrice by putting so much chili on her taco, by not telling Jimmy when she left the cafe? Have we all not been turning away from each other — Jimmy, Beatrice, myself?"

"Bea, I'm sorry." Jimmy was saying. "Dragging you to a fiesta you didn't want to go to. Hunting stones when you darn near drowned. Or thought you were going to. I should have realized how strange everything here would be to you."

Beatrice moved her lips. Finally sound came. "Everything's n-not strange t-to me n-now." She smiled shakily at Romelia, and her smile was not cold like before.

Romelia laughed. "Go," she told them. "We shall change clothes, then meet at the cafe."

Alone, on the cliff top, Romelia gazed momentarily at the sea which had swallowed up her shiny black shoes. Then, running to her home, she heard the sputter of the generator and saw the cafe lights blink and brighten.

"So," she thought, "Felipe, cousin of my cousin, are you changing from greasy clothes?" Trembling with happiness, Romelia changed into her faded dress. Everything at the fiesta would be fine now. (T)

continued from page 43

Sir Isaac Newton, the British scientist who discovered the law of gravity, Carl Jung, the world renowned Swiss psychologist, and Albert Einstein, the Nobel prize-winning physicist, all believed there was some truth to astrology. Even scientists who sneer at the whole thing have been amazed to learn that planets influence the earth's weather, tides, earthquakes, magnetic storms and many other changes in the atmosphere.

Some experts even believe that radiation waves coming from outer space affect how people feel and behave. Sounds a lot like astrology, doesn't it??!! The "astrological warfare" has two strong sides — for and against!

The real heart of the fight is: Does it work for a single individual? Can it really tell you what will happen tomorrow? Does an astrologer know whether you'll get asked to the spring prom? Or whether you'll be a successful actress? Or how many children you'll have one day? Sure, everyone knows the moon causes the tides .... BUT that isn't the same thing as fortune-telling, is it?

The believers say you can indeed find out what's ahead in your *horoscope*. What's that? A custom-made chart (not the newspaper zodiac yak in which an astrologer records all sorts of info on what the planets were doing when you were born). He may charge you only $15.00 or much, much more. It is a business, you know.

Anyway, he interprets your "Sun Sign." That would be easy for you yourself to find: Just check out what zodiac time-of-the-year your birthday falls in. He checks out your "Moon Sign" and does all sorts of things with "Houses" and other complicated terms. When he's all through, he says your horoscope — like the palms of your hands or your fingerprints — fits only you. Then he tells you the answers you want to know. And unfortunately, there's no real way of proving he's wrong.

He may be perfectly honest but also have the talent of ESP. If he can sense what you're thinking, he may just answer right to please you. It wouldn't be the "stars" then, would it?

Or he may say something and because you believe *him*, it comes true. We've all heard of impossible things getting done just 'cause folks thought they could do 'em.

Or maybe, alas, astrologers are often just lucky guessers. Very often their "answers" just aren't all that specific.

Still, some of their predictions have been unbelievable. One astrologer in 1908 predicted that those U.S. presidents starting their terms of office in 1920, 1940 and 1960 would all *die* in office. They did! Another predicted that everyone associated with Lincoln's presidency would meet with catastrophe in one way or another. They did! Many police departments across the nation have reported that crimes heavily increase during a full moon. "Dark Shadows," anyone? Is that just coincidence?

Last, just to show how big an issue this whole thing is, many public libraries do not keep astrology books out on the shelves. They keep the still-secret books in the back room and only hand them out for *adults* to read.

But whether you believe in it or not, you'll have to admit the *fad* of astrology is sky-high! And it's fun.

C'mon, admit it. You do sneak a peek at your newspaper horoscope, don't you? Almost everyone does. And you've probably seen zodiac pendants, rings and calendars in your town stores. Even more: There are drink glasses, snack trays, posters, cookbooks, shaving lotions, record albums and a musical show ("Hair" today, bare tomorrow?) — every possible thing in the world themed to astrology. Why, there's even a horoscope-by-computer service offered in Los Angeles, California! The Age of Aquarius is everywhere!

So just for fun, take a look at your zodiac sign. Do you match up? Who knows? Maybe they're right! Find out for yourself. Is your future in Apollo country? Let us know! (T)

"Listen to this! 'You must be careful of everyone today — even your closest friends!'"

WHERE TO BUY

You've spotted some kicky clads in the astro-logical lineup. You luv em ... you want em! So where to buy? Read on!

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Charlie's Girls: page 55
May Co. — *Los Angeles, Cal.*
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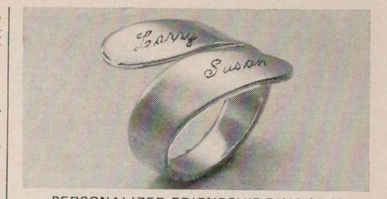

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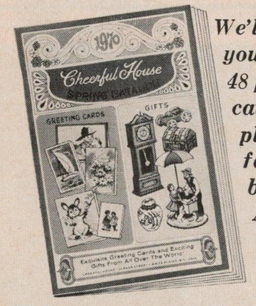

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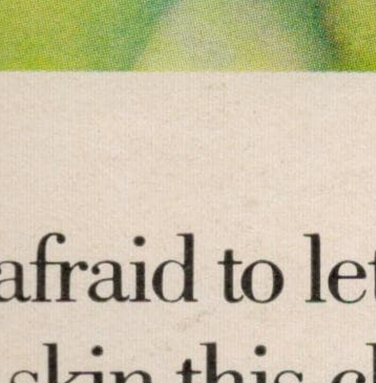

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